



Centennial News

A publication of the Centennial Community and Recreation Association

May is CCRA's membership month!

By Denise Bacon

CCRA needs you! The Centennial Community and Recreation Association is asking for your membership this month. CCRA wants you to have a sense of belonging and enjoy the sustained value of this beautiful community. Collectively, we have a strong voice in what happens here.

Your CCRA Executive has decided that we need to get back to our roots and restart door-to-door canvassing. May is our membership drive month so please welcome neighbours who may knock on your door to ask you to join. The fee is only \$15 a year for each household.

In recent times, a big decision that had a direct impact on Centennial was around the future of the sewage treatment plant. CCRA's voice led to a positive decision for us and the environment. The option to transport sewage in trucks was shut down.

The future of the Highland Creek Branch Legion lands may soon be in question and CCRA will once again be a strong voice at the table to help ensure that the quality and nature of our community is preserved with whatever changes may take place.

There is great strength in numbers. The greater the number of members, the greater is our strength when dealing with city planners, developers and politicians at all



You may have noticed the CCRA's new green and white membership signs around the community. From left, Membership Chair Denise Bacon and canvassers Jim Pickett, Zinta Erdmanis and her daughter Ava Erdmanis encourage you to "Join CCRA!" Photo credit Richard Bacon

levels.

Old timers, like me, may remember that CCRA volunteers used to go door-to-door to canvass for memberships. Gayle and June Gibson, residents in Centennial for 67 years, have been members every year since that time! June's father was the third president of CCRA. Gayle has been Membership Chair and member of the CCRA Executive for several years over this time frame. He led door-to-door canvassing campaigns many years ago. Gayle says this is a "fantastic community."

His enthusiasm for CCRA is contagious and he enthusiastically displayed one of our new green and white signs on his lawn.

Betty Karsh, another long-time resident, member, ardent supporter and volunteer for CCRA was Membership Chair a few years ago. Betty, too, led door-to-door campaigns. She enjoyed canvassing with a friend. Betty really felt the value of community by meeting neighbours and she fondly remembers being invited in for blueberry pie and ice

» continued on page 20

Legion Branch 258 votes to sell its property



David Adamson has been actively involved with Branch 258 for many years.

By David Adamson

I have written numerous articles over the past few years referring to the financial challenge Legion Branch 258 was facing due to ongoing maintenance costs along with the decline in membership. Unfortunately, the expenses continued to exceed income and steps had to be taken to address

this. During the general meeting on December 10, the current situation was discussed. It was concluded that a Property Committee be set up to conduct an in-depth evaluation.

At the general meeting on April 10, options were outlined to the membership and the option that was accepted was to sell the property and relocate into another building

» continued on page 7

Save these dates!

CCRA's next executive meeting is Tuesday, June 5 at Port Union C.C. at 7:15 p.m.

www.ccranews.ca

PROVINCIAL ELECTION 2018

Come out to the all-candidates meeting on May 14

The CCRA is organizing an all-candidates meeting to give you a chance to meet the candidates running for MPP in the June 7 provincial election. Since current MPP Tracy MacCharles is stepping down and the boundaries of the riding are changing, there will be no incumbent in what is now Scarborough-Rouge Park. The all-candidates meeting will take place on

**Monday, May 14,
St. Dunstan's Church,
56 Lawson Road,
7:00 p.m.**

This is a good opportunity to learn more about the people who want to represent you in our Legislature.

For more information contact Kathy Rowe, 416.283.9987

TONY STACEY CENTRE



CCRA News visited the Tony Stacey Centre for Veterans Care this month to show you what's happening inside the long-term care facility. See pages 10-11.

IN THE SPIRIT
Yoga, Wine & Apparel
www.inthespirityoga.com

"where wellness meets wicked in joyful harmony"

BIGGER & BETTER
Two yoga studios, lots of classes, 7 days / week,
relax in our lounge, shop in our store
(fashion & yoga wear)

374 & 376 Old Kingston Rd, Highland Creek Plaza
letsconnect@inthespirityoga.com | 647-352-4879

CCRA Centennial News

CCRA Executive Team

| | |
|---|--------------|
| President – Kathy Rowe | 416.283.9987 |
| Past President – Jennifer McKelvie | 416.931.0960 |
| Treasurer – Michael Quinlan | |
| Distribution – Wanda Wierzbicki | 416-282-2951 |
| Communications – Kathryn Stocks | 416.281.0436 |
| Community Events – Heather Lemieux | 416.284.4751 |
| Police Liaison – Marilyn Hodge | 416.284.9984 |
| Planning – Rob Elbertsen | 416-282-2951 |
| Transportation – Gerry Divaris | 416.540.9569 |
| Membership – Denise Bacon | 416-282-3561 |
| Conservation – Jennifer McKelvie | 416.931.0960 |
| Secretary – Denise Dagenais | 416-724-4334 |
| Youth Representative – Lakshmi Anandaraj | |
| Members at Large – Jeff Forsyth | 416.282.8346 |
| – Jake Forsyth | 416.282.8116 |

Newspaper & Web Team

| | |
|---|--------------|
| Advertising – Kelsey Dorval | 416.724.8693 |
| Editor – Kathryn Stocks | 416-738-4848 |
| <i>editor@ccranews.com</i> | |
| Contributing Editor – Kathy McGrath | 647-523-1637 |
| Design and Production – Don Lawrence | |
| <i>webmaster@ccranews.com</i> | |

Publishing Policy

CCRA Centennial News invites submissions of articles, signed letters, art and photography from Centennial community members and all elected representatives. We will consider all submissions for publication that are information-based and relevant to the community. Not-for-profit and community groups are also invited to submit event listings to be published free of charge, space permitting. CCRA Centennial News reserves the right to decline material considered to be unpaid advertising, politically partisan or likely to offend. CCRA reserves the right to edit all submitted material. The opinions expressed in CCRA Centennial News do not represent the views of the CCRA Executive. All submissions will be considered for both print and online publication unless otherwise instructed by the author. CCRA will notify all authors prior to publication.

To be published in CCRA Centennial News, articles must reach the Communications team by the 15th day of the preceding month. To submit an article or suggest a story, please contact any member of the Executive by phone, or by e-mail to news4ccra@gmail.com.

Mailing address:
Centennial Community & Recreation Association
5450 Lawrence Ave. East, Scarborough ON M1C 3B2

Advertising Rates – * NEW sizes available April 2016

| Size | Per Issue | Prepaid 10 issues |
|------------------------|-----------|----------------------|
| Business Card | 50.00 | 475.00 |
| Eighth | 75.00 | 712.50 |
| Quarter | 125.00 | 1,187.50 |
| Three-eighths | 185.00 | 1,757.50 |
| Half Page | 220.00 | 2,090.00 |
| Half Page Inside Cover | 250.00 | 2,375.00 |
| Full Page | 400.00 | 3,800.00 |
| Front Page Banner | 200.00 | N.A. |
| Inside Page Banner | 100.00 | 950.00 |

Notice to Advertisers

Advertising copy must reach the CCRA no later than the 10th day of the preceding month for publication. Files should be in high resolution PDF, TIF, EPS or JPG format for best results. Please e-mail your advertisement to Kelsey Dorval at ccra-advertising@hotmail.com. Cheques in the correct amount are to be addressed to "CCRA" and deposited in the CCRA mailbox at 5450 Lawrence Ave. East, in the Port Union Recreation Centre, opposite the centre's main office. For more about advertising, visit www.ccranews.com/advertising.html

JEAN SKAPURA TEAM

WWW.SKAPURASELLS.COM

"We treat people the way we like to be treated...with honesty, integrity and professionalism".

Selling with Jean is Highly Recommended!

THINKING OF A MOVE?

CALL ME TODAY FOR FRIENDLY PROFESSIONAL ADVICE!

I've never seen a Real Estate person with so much energy, enthusiasm and passion for their work as you. You are amazing at what you do. Thanks for all your hard work...we really appreciate all that you and your team have done. We were excited that you got us a higher price than we expected! – **J. Therrien**

We told all of our family and friends "make sure you use Jean when you sell your house". Jean made everything so easy for us and was so wonderful to deal with. She sold our house for much more than we expected. We are very happy with everything. Thank you so very much Jean. – **P & L Charron**

Thank You for taking such good care of everything with the sale of our Mom's home. My sister and I are very appreciative of all you did for Mom and all your efforts and hard work. Also selling her house for a Record High Price for the street was the ultimate great news. We have Mom moved into the retirement home and she is quite happy. It was great that you were always in touch and we could reach you whenever we needed to speak to you, right down to the closing date. You even followed up after that. Thanks again! – **Gord Bird**


Call Me Today for your Free No Obligation Consultation!

416-737-8300. jean.skapura@gmail.com



Alexa Payne | **Jean Skapura** | Natasha Skapura
Licensed Assistant Broker, B.A. Sales Representative, BSC Hons.






Not intended to solicit those already under contract

Nothing decided at Jim Hart's panel

Last month we wrote about Councillor Jim Hart convening a panel of community members to determine a public property to be named for former councillor Ron Moeser. That panel meeting took place on April 23 and about 25 people from across Ward 44 showed up.

Seven CCRA members attended with the results of our survey, which was sent out to the 450 people on our email list. Out of the 98 Centennial residents who responded, 40 did not want anything named in memory of Ron. At the meeting, Councillor Hart said that "nothing" is not an option, that "something" has to be named because that's what the mayor and city council voted to do.

The only proposal presented at the meeting was to name the waterfront trail from Rouge Beach to East Point Park in honour of Ron. Some community associations supported this. But Councillor Hart is waiting for input from the associations that have not discussed it with their executive. Once he hears back from them it seems he will proceed to recommend the naming of the trail. It appears that naming the waterfront trail is the only proposal being considered. CCRA does not support this and suggested naming a street or the roundabout at the bottom of Port Union Rd. after him, or even a shorter section of the trail.

The CCRA executive believes a decision of this nature requires more time and more input from Ward 44 residents to explore other options. We will be pursuing this further. We welcome your comments at news4ccra@gmail.com.

President's Message

Thanks for supporting our spring social and Earth Day

By Kathy Rowe

Winter has finally lost its grip and spring is almost truly here.

What a winter!

Our "Spring" dinner dance was a great excuse to get out of the house and shake off some of those winter blues. On Saturday April 7, we hosted a dinner dance event at the West Rouge Community Centre. Attendees loved meeting up with old friends and enjoyed a drink or two from the bar. A buffet dinner was prepared and there was a variety of foods to choose from.

The Port United Band played lively dance music and the dance floor was busy throughout the entire evening. They played everything from Shania Twain to The Merrymen and things were "Feeling Hot Hot Hot" just like the song says! Our prize raffle was a great success and the CCRA thanks all of our prize

donors. Please see details on their donations on page 6. Thank you to all who bought tickets to the dance and showed support for our community association. Let's celebrate spring together again next year with another fun-filled evening.

I'd like to mention a few thank yous to those who helped put together a very successful Earth Day on April 21. Many birdhouses were constructed by families under the leadership of **Zane Biblow** and **Bob Lalonde**. Zane and Bob helped guide some younger volunteers who helped the little ones make their birdhouses.

Representatives from **West Rouge Sports and Recreation** helped with the barbecue, the pine cone bird feeders and the general flow of the day's activities. The **Port Union Seniors** were there to sign in the volunteers and help in the kitchen. Last, I'd like to give a special thank you to the **2nd Highland Creek Scouts** who



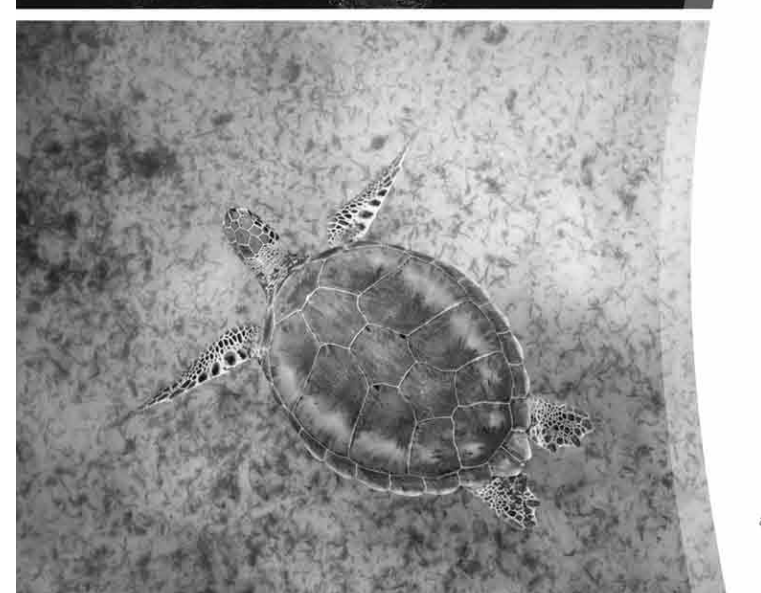
Paul Stiel, electrician and owner of KS Electric Co., and Dwayne Hawkins remove the KFC sign from the mural in early April.

arranged an impressive recycling drop-off for community members. The participation for this was outstanding! It seems everyone has "stuff" to unload.

Now our focus turns to our membership campaign. Did you notice our CCRA membership signs around the community last month? CCRA volunteers will be out knocking on doors this month. We appreciate your continued support and we hope that this membership drive will be a great success.

Signs removed from mural

The CCRA hired electricians to remove the KFC sign and our former councillor's sign from the community's Passage to Port Union mural in early April. The CCRA is now arranging to have mural artist Allan Bender return later this spring to paint the spaces left by the signs. After that, the mural will be complete.



WELCOME ABOARD SALE

It's all smooth sailing from here

Book select sailings May 1 -19 for one of more of these Expedia® Extras:

up to \$350 savings in onboard cash credit*

up to \$1,000 savings in onboard coupons*

FREE onboard gratuities*

FREE Specialty Dining for 2*

FREE beverage package*

pay only 50% reduced deposit*

CONTACT US TODAY FOR MORE INFORMATION



(416) 287 3387
91 Rylander Blvd, Unit 17, Scarborough
www.cruiseshipcenters.com/Scarborough

*Expedia Extras are per stateroom based on double occupancy on select sailings and vary by cruise line, destination, departure date & stateroom category. Itineraries, programs and policies are subject to change without notice. Valid for new bookings created and deposited May 1-19, 2018 and are subject to availability and may be withdrawn at any time. Additional restrictions apply. Contact your Expedia CruiseShipCenters Vacation Consultant for full terms and conditions.

Provincial Ward Boundaries

Centennial will be in a new riding and a new ward

By Paul Lewkowicz

This is a special year because we will have not one but two elections! The provincial election will take place on June 7 and on October 22 we'll have the municipal election.

With these two elections come new electoral boundaries. As a result, Centennial will be located in a new provincial riding and a new municipal ward.

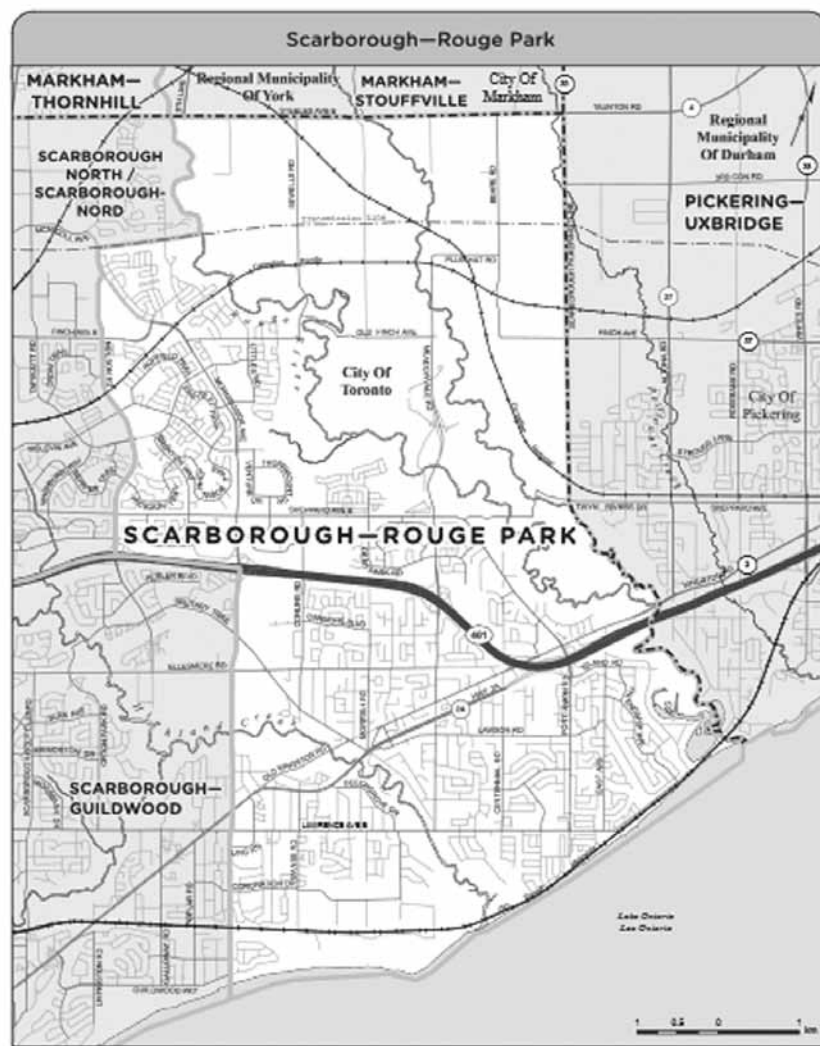
Provincial Election

In 2015, new riding boundaries were used in the federal election. Under provincial law, with the exception of Northern Ontario, provincial riding boundaries must match federal ridings.

As a result, in the June provincial election, the current provincial riding

of Pickering-Scarborough East will no longer exist. Centennial will now be part of the new riding of Scarborough-Rouge Park. The new riding's boundaries are: the border with Markham to the north, the border with Pickering to the east, Lake Ontario to the south, and Rouge River-Neilson Road-Highway 401-Morningside Avenue to the west. In addition to Centennial, the new riding will contain the communities of Highland Creek and West Rouge and portions of Malvern and West Hill.

The current Member of Provincial Parliament (MPP) for Pickering-Scarborough East, Tracy MacCharles, has announced her retirement. As a result, Centennial is guaranteed to have a new MPP.



Provincial Election

CCRA News asked MPP candidates in the June 7 provincial election to submit a short bio of themselves and answer this question: *What do you think is the most important issue in this community in this election?* Here are their answers.

GREEN PARTY



Priyan De Silva grew up in Toronto and is an active member of the Scarborough-Rouge Park community. He is a strong advocate

for environmental responsibility and social justice. Priyan has worked on poverty reduction, food security and transitioning Toronto towards a 100 percent renewable energy future. He has promoted Ontario's Greenbelt, the People's Climate Movement, and mobilized around the United Nations COP21. Priyan lives in Malvern with his wife, Victoria.

Priyan says the most important issue is to get our community a strong voice at the table. Greens have the right policies that put people first. Now we must mobilize and implement.

NEW DEMOCRATS



Felicia Samuel says sometimes, governments get so focused on "the big picture" they forget that progress is best measured

by the impact that programs have on the lives of everyday people. Residents need to feel like they're voting for parties and politicians who understand what they're going through and are ready to do more than just talk about it. That's why the NDP is focused on change for the better - childcare families can actually afford, better funding for transit, affordable housing, making sure everyone has access to prescription medication and dental care regardless of income, and creating better opportunities for our youth.

PC PARTY



Vijay Thanigasalam has been an active member of the Scarborough community for over a decade. He is truly passion-

ate about the community and genuinely cares about the development of future generations. He actively supports youth employment opportunities in Scarborough, and wants to build an Ontario where residents can pay less and get ahead. Vijay is a supporter of better transit options in Scarborough and advocates for a senior living facility and community services catered towards them. He also aims to restore responsibility, accountability, and trust in the government along with cleaning up the hydro mess and bringing relief to families by respecting their tax dollars.

LIBERAL PARTY



Sumi Shan is a successful businesswoman with a lifelong commitment to public service. She has more than 20 years of experience in the public, non-profit

and private sector. Today, Sumi is a Partner and Managing Director at Infinite Enviro Solutions and founder of Niche Strategies, an international agency focused on supporting startups.

Sumi says the most important issue in this community is the level of care for families in Scarborough-Rouge Park. Sumi is committed to ensuring that local residents have access to care through an expanded Scarborough and Rouge Hospital, affordable child care and free medications for seniors and everyone under 25.

LIBERTARIAN PARTY



Todd Byers, 47, works in inside sales/technical support. He is a single father of two adult children who lives in Wilber-

force, ON. He was a resident of Scarborough for more than 26 years.

Todd says the most important issue facing Scarborough-Rouge Park is the lack of rapid transit connecting residents to the rest of the city. The current government and the City of Toronto have failed the citizens and wasted taxpayers' money on trying to find a solution. A private partnership with a ride-sharing service, similar to Innisfil, would provide a quick and reliable solution to citizens of Scarborough-Rouge Park.

TRILLIUM PARTY



Amit Pitamber has been a project coordinator for 18 years and has a sign consulting agency called Graphic

Solutions. He emigrated from Guyana and has lived in Canada for over 20 years. He grew up, went to school, and started working in Scarborough. Amit's main focus is to help families and small businesses. "We will axe the carbon tax that will raise the cost of everything that's shipped and trucked in. We need businesses to thrive." Another priority is to better track healthcare expenses.

Amit says the most important issue is the expansion of the Scarborough subway system. Many people I've spoken to find it difficult to travel to and from the east end of Scarborough

City of Toronto Municipal Election

On October 22, the city will vote to elect a mayor, councillor and school board trustee. Due to provincial legislation, the campaign period will be shorter and will begin on May 1 (whereas previously it began on January 1).

Due to some wards having seen high population growth, City Council hired an independent consultant to review existing ward boundaries. From 2014 to 2016, after three rounds of public consultation, the consultant recommended new boundaries that increased the number of wards from 44 to 47. The new boundaries were approved by Toronto City Council in November 2016 and were finalized in March 2018 after appeals to the Ontario Municipal Board and Superior Court.

Centennial will now be a part of the newly created Ward 47. The new ward's boundaries will be: Highway 401 to the north, the border with Pickering to the east, Lake Ontario to the south, and Morningside Avenue and West Hill Creek to the west. The new ward will have a total population of nearly 51,000, slightly below the new average ward population of 61,000. In addition to Centennial, the new ward will contain the communities of Highland Creek, West Rouge and portions of West Hill.

Centennial will now be in Toronto District School Board Ward 22 (Wards 46 and 47) and Toronto Catholic District School Board Ward 8 (Wards 44, 45 and 47). Centennial will likely remain in the same French Public School Board ward and French Catholic school board ward.

For more information, visit www.toronto.ca/elections.

Sophia Tan Broker

1 AGENT FOR PRUDENTIAL ACHIEVERS REALTY, BROKERAGE
My Focus is to Make the Process of Buying or Selling Your Home as Efficient and Stress-Free as Possible.
Imagine That!

SOME OF THE HOUSES SOLD BY SOPHIA TAN

| | | | |
|--|---|---|--|
| 26 Bar Harbour Sq Centennial/Scarb SOLD \$841,000 Mar 2017 | 4 Haida Crt Highland Creek SOLD \$1,925,000 April 2017 | 40 Cherrydale Crt Centennial/Scarb SOLD \$1,525,000 April 2017 | 38 Clearlake Ave Rouge E10 SOLD \$1,200,888 Apr 2017 |
| 37 Ramblewood Dr Centennial/Scarb SOLD \$1,227,500 May 2017 | 26 McGrath Crt Centennial/Scarb SOLD \$880,000 June 2017 | 24 Marilyn Ave Agincourt SOLD \$1,000,000 July 2017 | 26 Meadowvale Rd Centennial/Scarb SOLD \$1,247,000 Aug 2017 |
| 10 Broadbridge Dr Rouge E10 SOLD \$1,068,000 Sept 2017 | 6 Camor Crt Highland Creek SOLD \$1,360,000 Dec 2017 | 1167 Tanzer Crt S. Pickering SOLD \$500,000 Feb 2018 | 1046 Riverview Cres Pickering SOLD \$1,098,000 Feb 2018 |
| 19 Dunwatson Dr Meadowvale/Lawson SOLD \$1,098,800 Feb 2018 | 112 Mackey Dr Represented Buyer SOLD \$705,000 Feb 2018 | 61 Greenbush Pl Whitby SOLD \$670,000 Mar 2018 | 40 Sesame St Agincourt SOLD \$1,100,000 Mar 2018 |

FREE CURRENT MARKET EVALUATION CERTIFICATE
This Certificate entitles a residential property owner to one market evaluation. If you are interested in finding out the current value of your home, please call me to arrange an appointment without cost or obligation.
SOPHIA TAN, Broker
Email: sophiatan@sympatico.ca
Prudential Achievers Realty, Brokerage
Website: www.sophiatan.com

Office 416-439-1660, 905-428-7677, Cell 416-417-4488
17 Dunwatson Dr., West Hill, Ontario M1C 3L8 Not intended to solicit properties already listed for sale

Sophia Tan
416-439-1660
416-417-4488
SEE MY WEB PAGE
WWW.SOPHIATAN.COM
Email: sophiatan@sympatico.ca

IN THE SPIRIT

Yoga, Wine & Apparel

“where wellness meets wicked in joyful harmony”


BIGGER & BETTER

Two yoga studios,
lots of classes, 7 days / week,
relax in our lounge,
shop in our store
(fashion & yoga wear)

374 & 376 Old Kingston Rd, Highland Creek Plaza
letsconnect@inthespirtityoga.com | 647-352-4879

www.inthespirtityoga.com

Community



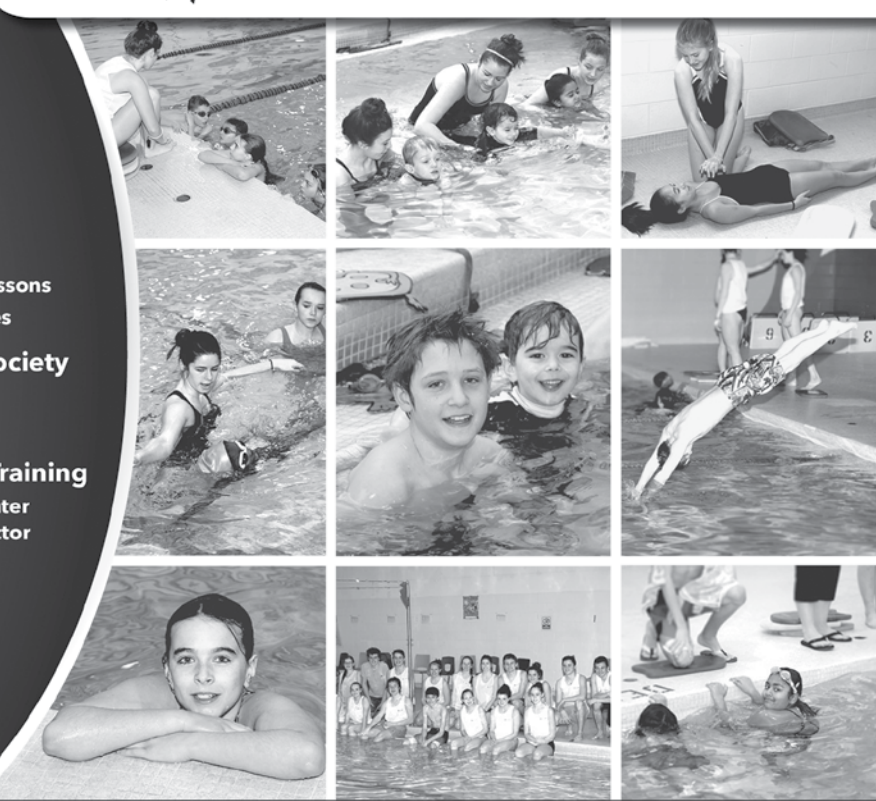
Crossley Aquatics Ltd.

Year round opportunities for ...
Swimming Lessons

The Crossley girls have been offering quality Swimming Lessons for well over 30 years. As experienced teachers with the TDSB, they are committed to providing an engaging Swim Program for the whole family. Throughout their aquatic experience our swimmers not only develop swimming & water safety skills but also leadership, confidence, fitness and lasting friendships.

Register now:
crossleyaquatics.com

- Red Cross**
 - Semi-Private Swimming lessons
 - ½ hour classes
- Lifesaving Society**
 - Bronze
 - First Aid
- Leadership Training**
 - Red Cross Water Safety Instructor
 - High Five Certification



Thanks to the CCRA Spring Social raffle prize contributors!

The 2018 Spring Social was another success for the Centennial community, bringing neighbours and friends together for a great night of dancing to Port United Band, great food and raffle prizes.

A big THANK YOU to local merchants and neighbours who generously donated wonderful prizes. Please show your appreciation to our local merchants by dropping by their stores!

Local Merchant Donors
Town Wings, 285 Port Union Road (Ravine Park Plaza) - 4 X \$25 certificates

The Black Dog Pub, 87 Island Rd. - \$50 certificate

Audrey's Flowers, 5506 Lawrence Ave E & Port Union - \$50 certificate

Metro store (Ravine Park Plaza) - \$25 certificate

Lavender Rose Flowers (Highland Creek Plaza) - \$20 certificate

Local Neighbour Donors
Framed, handmade flower picture (bunka) from **Barbara Broadley**

Stained glass from **Lynne Liberty**
Stained glass Loon donated and created by **Roy Ward**

Gift basket from **Heather Lemeix**, Royal LePage

OHL game hockey puck signed by Wayne Gretzky, autographed photo of Jose Bautista, autographed photo of Roberto Osuna and "99 Stories of the Game" autographed by Wayne Gretzky. All of the above donated by **John Sinclair**



CCRA's annual spring dinner dance was held at the West Rouge Community Centre on April 7.

Breaking News

Legion votes to sell

continued from page 1

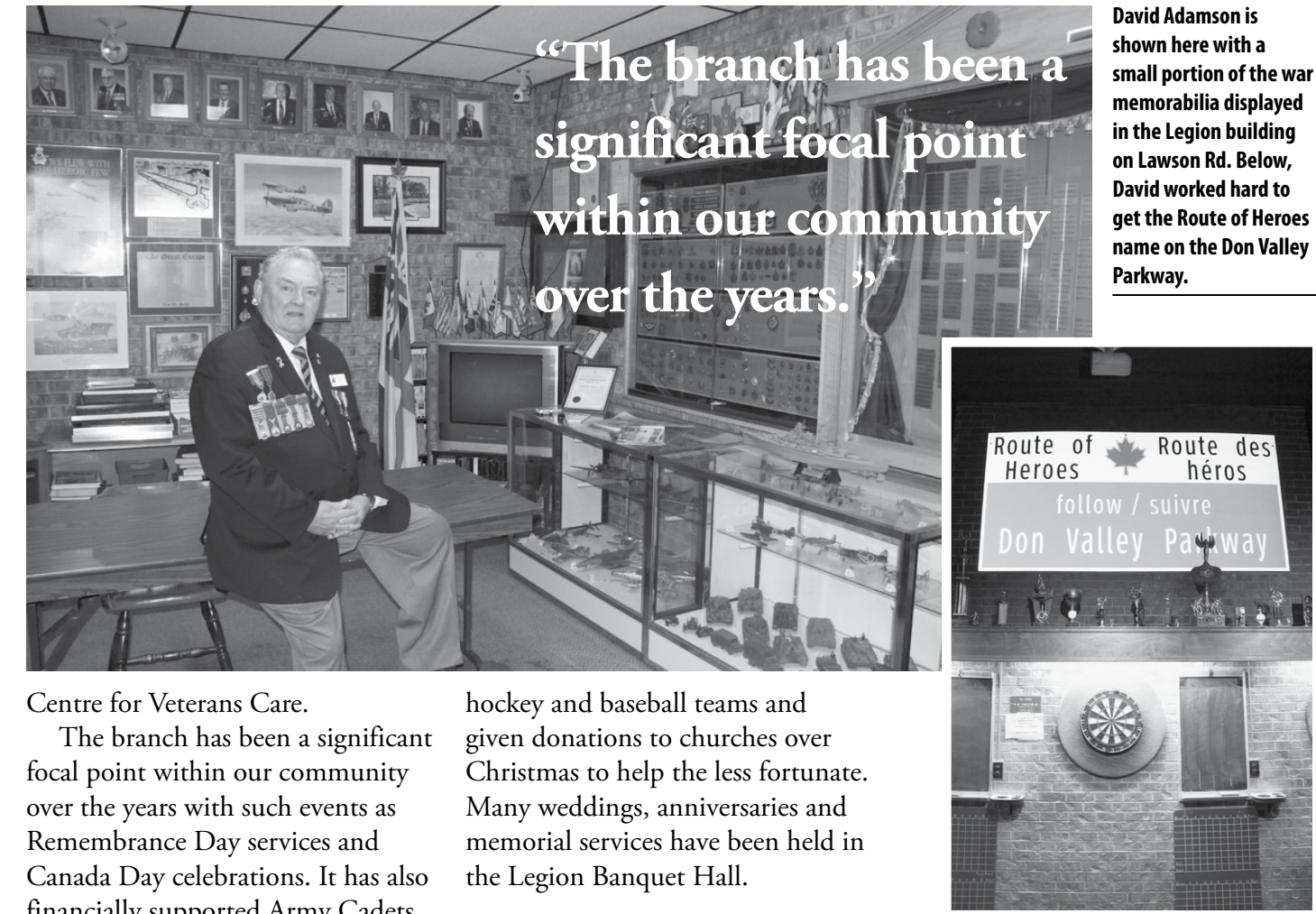
within close proximity. This option is being investigated and a further report will soon be made to the general membership on our findings.

There obviously is a degree of empathy in moving from our current location as it holds many endearing memories. As a Life Member of Branch 258 and a member of the Legion for over 30 years, I can well appreciate the sentiments expressed by the membership and the community.

History of Branch 258

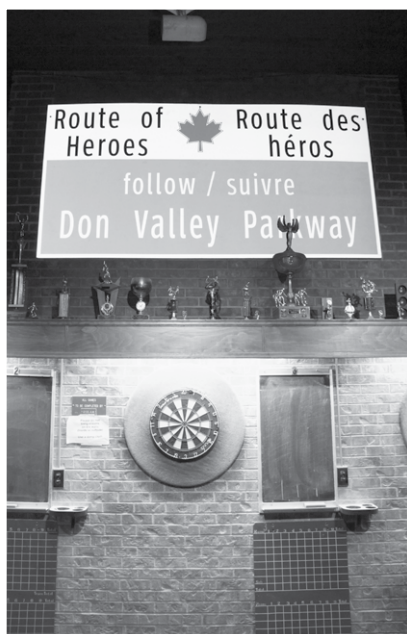
The Highland Creek Branch 258 was originally known as the Colonel T. Herbert Lennox Branch 258 and received its Charter on May 18, 1934, from the British Empire Service League that was later renamed the Royal Canadian Legion. The first president of Branch 258 was Comrade George Lomas, a veteran and a well-known and respected businessman in Highland Creek. The property on which Branch 258 is located was acquired during the 1940s and consisted of 10 acres.

A two-storey building was constructed on the north parking lot facing Lawson Road. Unfortunately, due to a fire in October 1976, the building was destroyed. This led to a new branch being built in its current location that was opened in May 1981. A 2 ½-acre portion of the 10-acre property was deeded to build a Seniors Veterans Home, which welcomed its first resident on August 14, 1976. The home was initially known as the Metro Toronto Legion Village and was later renamed the Tony Stacey



“The branch has been a significant focal point within our community over the years.”




David Adamson is shown here with a small portion of the war memorabilia displayed in the Legion building on Lawson Rd. Below, David worked hard to get the Route of Heroes name on the Don Valley Parkway.



Centre for Veterans Care.

The branch has been a significant focal point within our community over the years with such events as Remembrance Day services and Canada Day celebrations. It has also financially supported Army Cadets,

hockey and baseball teams and given donations to churches over Christmas to help the less fortunate. Many weddings, anniversaries and memorial services have been held in the Legion Banquet Hall.

WE SUPPORT EMERGENCY SERVICES AT AGINCOURT HYUNDAI

OUR SERVICE CENTER IS OPEN **MONDAY-THURSDAY 7:30AM-8PM**

SCHEDULE YOUR APPOINTMENT ONLINE

DON'T OWN A HYUNDAI? WE SERVICE ALL MAKES AND MODELS!

Photo quiz
Where in Centennial?



Pictured above is this month's mystery location in our Centennial landmark quiz. It is located somewhere in the neighbourhood. Enjoy testing your knowledge of the community. To find out if you were right, the answer is on page 9.



JILL'S TEAM INVESTS IN OUR NEIGHBOURHOOD

One of the key goals of Jill's TEAM is to promote the benefits of living in West Rouge-Centennial and, by extension, the value of homes in our neighbourhood. We also believe in giving back to the community in which we live and work. As a token of thanks for the trust and support given to our team by the residents of West Rouge-Centennial, Jill's TEAM is pleased to donate \$250 from each sold listing to a community-based non-profit group or organization of the SELLER's choice.

Some examples of groups and organizations that can benefit from this donation program include:

- Schools (for equipment, instruments, books, special programs or events)
- Sports teams/clubs
- Community associations (CCRA and West Rouge)
- Churches/Places of worship
- Port Union library
- Guides/Scouts
- Seniors groups
- Group homes and long term care facilities
- Local food bank

Considering a move?
Wondering what your home is worth in today's market?
Contact Jill's TEAM for a complimentary, confidential home evaluation.



Jill's TEAM
416-443-0300
INFO@JILLSTEAM.CA

ROYAL LEPAGE
Signature Realty, Brokerage
Independently owned and operated

FOR SALE
ROYAL LEPAGE
Signature Realty, Brokerage
Jill's TEAM
YOUR REAL ESTATE CONCIERGE
JILL FEWSTER-YAN
SALES REPRESENTATIVE
416-443-0300

JILL FEWSTER-YAN | MICHELLE SAI'TTA-TOON* | LARRY YAN* | JENNIFER FEWSTER-YAN*
BROKER, MBA BArchSc BASc BBA

*SALES REPRESENTATIVES, ROYAL LEPAGE SIGNATURE REALTY, BROKERAGE Not intended to solicit those already under contract with another Realtor.

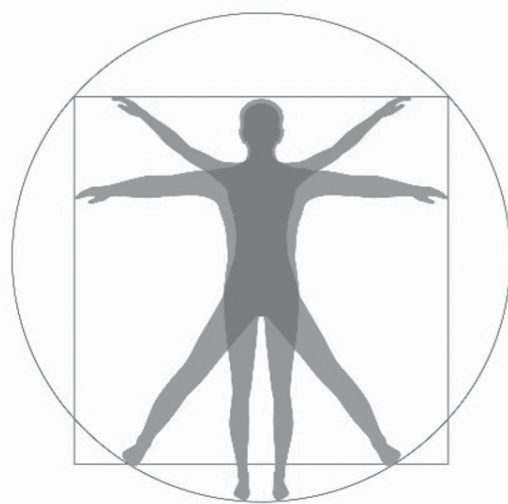
BY THE LAKE DENTAL

Our Services include:

- Braces (ADULTS and KIDS)
- Invisalign®
- Cosmetic Dentistry
- Kids Dentistry
- Bad Breath Clinic
- Laughing Gas
- Therapeutic BOTOX®
- Sports / Mouth Guards
- Implants
- Wisdom Teeth
- Oral Cancer Screening
- Root canals
- Sleep Apnea Appliance
- Dentures
- Crowns / Bridges
- ...and much more



At By The Lake Dental **overall health starts in the mouth.**



CALL TODAY to book your next dental appointment.

- Full Service Family Care
- Concierge Experience
- Direct Billing to Benefit Provider
- Modern Technology
- ACCEPTING NEW PATIENTS

HIGHLAND CREEK
416-284-8282
371 Old Kingston Rd., Unit 4 (CIBC Plaza)

www.bythelakedental.com

AJAX
905-428-2111
255 Salem Rd., Unit 7 (South of the 401)



Gregory and Associates

Helping you is what we do.



Erin Gregory

Catharine Gregory

Denise Alousis

Patricia Murray
Broker

and Kimberly Cain Sales Representatives

416-284-4751

Full Service

Top 10% Nationally

Community

Centennial celebrates Earth Day

By Jennifer McKelvie,
Conservation Chair

The warm weather arrived just in time for Earth Day!

On Saturday April 21, Centennial residents came out for our annual Earth Day Community Clean-up. This annual event was sponsored by the CCRA, West Rouge Sports & Recreation, Port Union Seniors, the 2nd Highland Creek Scouts and the City of Toronto.

It's an annual tradition for our family to clean up on Earth Day. This year the kids picked the greenspace behind Joseph Howe SPS. We saw volunteers cleaning up the Waterfront Trail, Charlottetown JPS, Wanita Park, Adams Park and elsewhere in our community. Thank you to all the Centennial community members who did their part to make our community cleaner and greener!

There was lots of activity at the Port Union Recreation Centre. The 2nd Highland Creek Scouts were accepting e-waste, scrap metal, batteries, clothing and pop cans for recycling. Children were also able to build pine cone feeders with Jodi Gear or build wooden birdhouses with Zane and Bob. The Lions Club was selling rain barrels and the Blue Dot group was providing information about recycling. All volunteers were provided with lunch thanks to Rudy on the grill.

Down in Colonel Danforth Park, Councillor Jim Hart also held a City of Toronto Environment Day. Residents were able to pick up free compost for their gardens and drop off hazardous waste. Councillor Hart said, "Earth Day is a fantastic opportunity to meet neighbours, recognize the start of spring, and clean up our community to make it even more beautiful than it already is." Mayor



Left, Jennifer McKelvie and her family clean up on Earth Day. Scouts held their second successful recycling fundraiser.

globally. Earth Day was first celebrated in Canada in 1990, twenty years after its official launch in the United States. Earth Day activities now occur in more than 190 countries

186,000 residents registered to take part in 457 community clean-ups, 491 school clean-ups and 242

worldwide. Add all those individual contributions up over the past 48 years and the world is definitely a cleaner, greener place.

John Tory stopped by the event. When I asked the mayor his thoughts on Earth Day, he said, "Kids give me hope." He described how children are teaching their parents the importance of recycling and the environment.

What I find most inspiring about Earth Day is how all our individual contributions quickly add up. Within the City of Toronto, more

corporate clean-ups between April 20 to 22 as part of "Clean Toronto Together 2018".

That seems huge. But it's just a sliver of what's happening

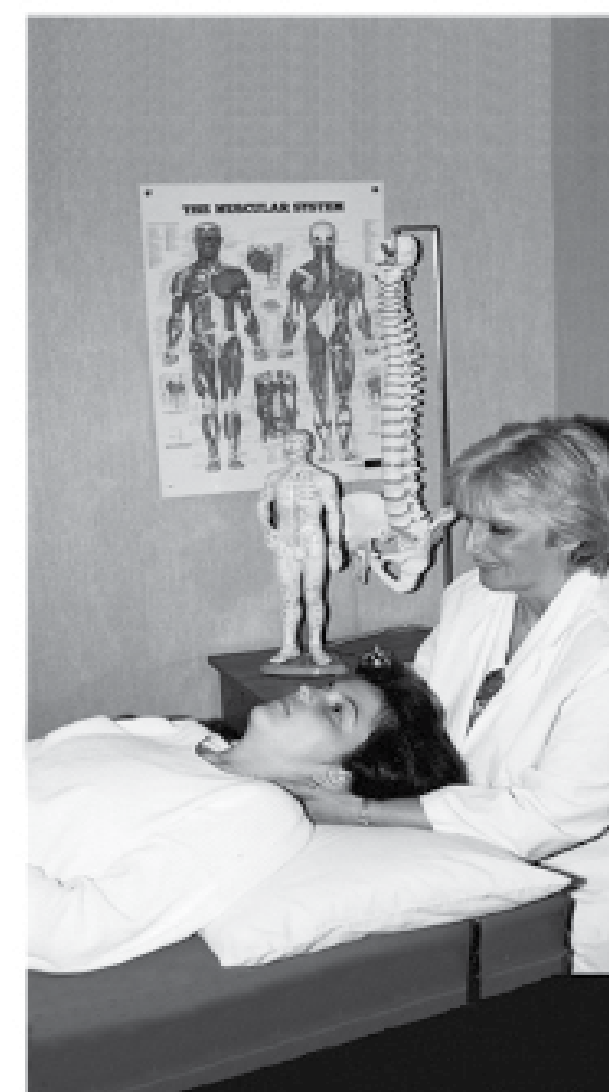


CAMERON'S PROPERTY MAINTENANCE
• GRASS CUTTING / YARD CLEAN-UP
• SODDING • TREE PRUNING
• SHRUB/HEDGE TRIMMING
• EAVESTROUGH CLEANING
• GARBAGE REMOVAL
• INTERLOCKING
• TOP SOIL/TRIPLE MIX
• SNOW REMOVAL • INSURED

416-402-8209
call Craig for free estimate



Guildwood Physiotherapy



Assessment
Treatment
Education
Prevention

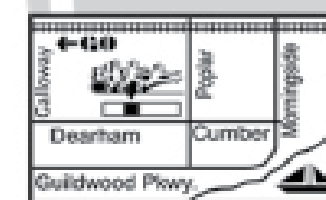
Days and Evenings, Ample Free Parking

No Doctor Referral Required

Extended Health Benefits, Car Accident Insurance, W.S.I.B., Veterans Affairs Insurance, or Personal Payment

(416) 283 6893

www.guildwood.net



84 Dearham Wood
in the Dearham-Poplar Plaza
beside Poplar Rd. School

Sports injuries
Car Accidents
Post-Surgical Rehabilitation
Back, Neck, and Headache Pain
Repetitive Stress & Hand Problems
Shoulder, Arm, Elbow & Wrist Pain
Hip, Knee, Ankle and Foot Pain
Positional Vertigo
Arthritis

Physiotherapy / Acupuncture / Massage Therapy / Orthotics

Photo quiz

Where in Centennial?
answer from page 7



Date plaque at the Lawson Road entrance to Adams Park

Tony Stacey Centre



Rita Collins, left, and Sophie Kypreos, right, thoroughly enjoy visits from Nancy Coull and her therapy dog, Molly.

Nancy Coull's dog is a popular visitor

Nancy Coull brings her adorable 4-year-old dog Molly into the Stacey Centre every Wednesday morning at 11 a.m. to greet the residents. Nancy is with Therapeutic Paws of Canada and Molly is a therapy dog.

Nancy started bringing Molly into the facility last year and she makes the rounds to visit the residents each week. Molly is popular with everyone but she is particularly loved by Sophie Kypreos and Rita Collins, so Nancy makes sure she goes looking for them if doesn't find them in their rooms.

"She really makes my day," said Sophie of the shaggy black and white pooch. "I had to give up my dog when I came here." She pulls out an iPad to show photos of the beautiful Collie she had to leave behind. It's easy to see why she can't wait for Molly's visits.

Another resident tells Nancy which colour bows she should put on the dog each week. This week they were yellow. Molly is a well-trained Schapendoes (Dutch Sheepdog) who had to pass a test to qualify as a therapy dog. She is now being tested to work with children in libraries in the Paws to Read program.

Aging facility soldiers on

In a perfect world, Andy Barros would have \$40 million to tear down the Tony Stacey Centre for Veterans Care and replace the 42-year-old building with a larger long-term-care home that has modern facilities and a bigger therapy pool.

As executive director, Andy has submitted an application to the Ontario government for capital funding but it's unclear when the money will be available. "We want to be one of the homes to be considered for that in future," he said.

Until then, the centre does what it can to fix areas in need of repair. A recent fundraising campaign raised nearly \$250,000 to install a new roof, but the centre needs an additional \$35,000 for new flooring in the common areas, \$32,000 to retiling its therapy pool and funding for a new pool motor, which recently broke down.

The facility does its best to fundraise, but Andy believes that in



Andy Barros is the executive director of the Tony Stacey Centre.

order to collect enough money to rebuild, it needs to establish a foundation to attract corporate donations.

Maintenance aside, the centre is fortunate to sit on a lovely 2.5-acre piece of property at 59 Lawson Road, adjacent to Royal Canadian Legion Branch 258. The centre houses 100 residents: 96 permanent residents and four short-term stay guests.

While the home was originally built as the brainchild of World War

II veteran and Legionnaire Tony Stacey to provide compassionate care for aging war vets, it currently has only 15 vets and 15 of their dependants, including spouses or children. The balance of residents reflects a cross-section of Scarborough's population.

While Second World War vets are on the decline, Andy says a new wave of younger servicemen and women is in need of care. He hopes to have day programs for them in the future for conditions like post-traumatic stress disorder, but Andy says, "Eventually they will age, and we want to reach out to them."



Warm-water pool therapy helps those suffering from arthritis stay active.

Pool therapy program open to the public

Sue Grout knows first-hand how important warm-water pool therapy is for arthritis sufferers. As co-ordinator of the Arthritis Program at Tony Stacey Centre, Sue said the buoyant warm water enables people to keep moving, allowing them to stay in their homes longer. "It can also help people avoid the need for surgery and that saves the health-care system money," she added. Since 2003, volunteers with a program called WaterART Fitness International have offered the therapy at the centre for a reasonable cost to local citizens suffering from the crippling disease. This is separate from the facility's in-house pool program.

A team of 18 qualified instructors oversees 24 classes a week, including some evening classes for participants who still work. That adds up to 150 local residents, most of them in their 70s, who benefit from the program weekly.

Sue said the seniors, some of whom have had joint replacement surgery, find out about the program through word of mouth. Classes are full and there is a waiting list to get in.

Prior to 2003, the program operated out of Centenary Hospital but it was shut down when the SARS epidemic hit. Sue said it took awhile to find another warm-water pool and by the time they were up and running again some participants returned stiff from inactivity and were using walkers or wheelchairs. "They also missed the social aspect of the program," she added.

For information about the classes, which cost \$7 each, contact the registrar at 416-283-0761. Enquiries will be answered within 24 hours.



Left, Carol Trimm-Combes is a volunteer at the Stacey Centre's tuck shop. Right, Heather Wiseman has been the hairdresser there for more than 20 years.



Babs Armstrong shows photos of herself and her husband in uniform during the war.

Babs Armstrong, 95, was a war bride

As a native of Hertfordshire, England, 95-year-old Babs Armstrong, has many memories of the war, including serving with Queen Elizabeth, who was a princess at the time.

Babs joined the British Army when she was 18 and served for almost five years waiting tables in the mess hall of a training camp for British officers. "That's how I met Princess Elizabeth — she was learning how to drive the lorries," Babs said. She met the Queen again in 1973 when the monarch was in town to open the Scarborough Town Centre.

Love blossomed for Babs during the war when she met a dashing young Canadian officer stationed at a nearby military base. "He showed up at our camp and was supposed to go out with someone else, but when she didn't show, up I went instead," Babs said.

She was a war bride who moved to Canada with her husband immediately after the war, settling in southwest Scarborough and

raising a family. The resiliency Babs developed during the war years served her well when her husband died of a heart attack at age 40, leaving her to fend alone with three children.

To stay busy after her husband's death, Babs joined the Royal Canadian Legion near Yonge and Eglinton, becoming involved in activities there.

Her daughter visits twice a week but her two sons predeceased her. Babs has two granddaughters and two great-granddaughters.

She first came to the Tony Stacey Centre last October with the intention of staying a week, but when a permanent room became available while she was there, she and her daughter decided to accept the placement.

"I like living here because I don't have to do dishes," Babs said with a twinkle in her eye. She said the food is good and plentiful and she enjoys trips to the nearby Legion for lunch and Swiss Chalet for dinner.

Hairdresser and tuck shop volunteer enjoy chatting with residents

Heather Wiseman is the Stacey Centre's hairdresser. She is a friendly, outgoing woman who has been cutting, shampooing and styling the residents' hair two or three days a week for more than 20 years. "It's my second home," she said. When the hair salon she worked at was sold, she decided she didn't want to go back to a salon. A mutual friend mentioned that the Tony Stacey Centre needed a hairdresser and she's been there ever since. When she's not busy doing hair, Heather spends time chatting with the residents.

Carol Trimm-Combes is a volunteer at the Centre's small tuck shop. She comes in for a few hours several days a week to sell items to the residents as well as unpack the boxes of donations. The shop is filled with pretty things like photo frames, purses and silk flowers. They also sell chocolate bars. The residents don't have to pay much and any money collected goes back to the Centre. Jewellery is especially popular with the residents, Carol said. There aren't many volunteers to work at the shop so it isn't open every day. The centre would like to have more volunteers for the tuck shop and to interact with residents. They would also appreciate donations of new or gently used items to sell.

Stories by Kathy McGrath and Kathryn Stocks Photos by Don Lawrence



CCRA president Kathy Rowe, middle, presented a cheque from the community association to the Tony Stacey Centre's Executive Director Andy Barros and Public Relations and Communications Director Diana LeBlanc on April 24. The cheque was for \$51,740, which will be used to purchase one new REXX hi-lo bed with a therapeutic foam mattress for a resident.

CCRA gives donation for a new bed



The Stacey Centre is looking to the community to help them with funding to buy more of these beds as well as new flooring, new tiling in the therapy pool, new call bells and for general

maintenance in the aging facility.

The Centre will be fundraising with a Walkathon on Saturday, May 26 (see flyer below) and partnering with Dave Devall for the 3rd Annual Golf Tournament on Thursday, June 7 at Kedron Dells Golf Club. Please join them in these fundraising events to support a worthy cause in the Centennial community.

Walk-A-thon Fundraiser

Raising money for Tony Stacey Centre one step at a time.

Saturday May 26th, 2018@10am

Tony Stacey Centre Staff, Families, Friends and community, get your walking shoes on and start walking for Tony Stacey Centre for Veterans Care.

Only 5km!!
Start and Finish at
59 Lawson Rd.

➤ Prize will be given to individual who raises the most money

➤ We hope staff, friends and family will participate and complete the walk-a-thon to the best of your ability.

Food will be available for sale!!

- ❖ Hot Dogs 2.00
- ❖ Hamburgers 3.00
- ❖ Drinks 1.00
- ❖ Chips 1.00

For more information or to register Please call Diana, 416-284-3333 or email dleblanc@tonystaceycentre.ca

Port Union Library

Discover the joy of growing your own food



It's Here! Port Union Library is hosting a **Pop-up Learning Lab** in May and a 3D printer is available for demonstrations. Staff are conducting a variety of free programs for children (8+ years), teens and adults. These programs include 3D printer certification, introduction to 3D design with Fusion 360, image editing with GIMP, MaKey MaKey for kids, snap circuits for kids, introduction to digital music with LMMS and more. For more information about these programs please consult www.tpl.ca/popuplearning. Online registration is done by using Eventbrite.

Baby Time will be offered on Wednesdays, from 10:30-11:00 a.m. The program will run from May 2 to June 6 and will include bouncing and tickling rhymes, songs and stories for babies from birth to 18 months, with their parent or caregiver. Register in person on May 2 at 10 a.m. There is a limit of 15 babies.

The Basics of Vegetable Gardening, Sat., May 12, 2:00-3:00 p.m. Discover the joy of growing your own food! A Master Gardener will talk about the importance of soil, how to make new garden beds and how to care for your plants. Learn when to start seeds indoors and when to direct seed in the garden. Hear how to maximize productivity and extend the growing season! No registration is needed to attend this free program. Limit of 35 participants.

Trash Empire - movie screening followed by a Q & A with filmmaker William Reid, Mon., May 28, 6:00 - 8:00 p.m.

Part of Toronto Public Library's Fragile Planet Series and supported by TD Friends of the Environment Foundation.

Over the past two years, filmmaker William Reid has only spent \$5.50 on food. He survived on food from the dumpster. Now he's on a mission to better understand what is going on. Throughout the film he leverages the absurdity of his diet to gain access to key people in government and industry while he explores the underbelly of American agriculture. The central question that Trash Empire seeks to answer is: "How can we provide more nutritious food to people in need while creating less waste?" There's no registration required, but a limit of 30 people.

The Sun Life Financial Museum and Arts Pass (MAP) is available year-round. Passes are available to adult library card holders beginning on Saturdays at 9 a.m.

BLIND SPOTS
A Scarborough dialogue on youth mental health

What is seen and not seen when looking at the mental wellness of our youth growing up here in the most diverse community on earth? Find out.

Thursday, May 10, 5-7pm
Miller Lash House
130 Old Kingston Road
Free parking and hors d'oeuvres
Cash bar

Panelists:
Dr. Deborah Goodman, The Child Welfare Institute
Nenookaasi Ochrym, Taibu CHC
Romeo Gordon, YouthLink participant

R.S.V.P. (required): Dianne, 416-967-1773, ext. 278, info@youthlink.ca



Formerly Big Sister Association of Metropolitan Toronto
Canadian Registered Charity #12607786
Accredited by the Canadian Centre for Accreditation



Councillor Ward 44 report

Prepare for construction but enjoy the festivals



Jim Hart, Councillor Ward 44

Road is scheduled for reconstruction this year. The project includes new asphalt surface and required repairs to curbs and sidewalks along this portion. Work may include the closure of individual lanes or detours. The project is expected to begin later in the summer construction season.

Kingston Road/Hwy 2A - Major Road resurfacing

Kingston Road from the Lawson Road bridge to Morningside Avenue is scheduled for reconstruction of

Scouts' second recycling event a resounding success

By Tracy Forsyth

The 2nd Highland Creek Scouting group held its second e-waste/recycling event on Saturday, April 21, and had tremendous support from the community once again. Many residents of the Centennial and West Rouge communities called and made advance appointments for their scrap metal and electronic waste to be picked up or they dropped off their items at the Port Union Community Centre on Saturday.

It was a very busy day and a very successful event. It was nice to see neighbours drop by. Some mentioned that they saved their items all year for this event and we are grateful for this type of continued support.

We surpassed the collection of clothing from the 2017 event and filled one-and-a-half five-ton trucks with clothing and textiles destined for the Kidney Clothes collection charity.

The money raised from this event will go to the Scouting program, outings and camps for the youth members of 2nd Highland Creek Scouting group, which consists of Beaver, Cubs, Scouts, Venturers and Rovers.

We will have a more complete report on the results in the next issue. At this time we would like to thank the residents of the community, parents, leaders and youth of 2nd Highland Creek Scouting group, Ontario Electronic Stewardship, K and K Recycling, Kidney Clothes, Port Union Community Centre and Rob McMullin, and Terry Fielder for supporting us.

Lawrence Avenue E – Major Road Resurfacing
Lawrence Avenue East from Port Union Road to Meadowvale

the roadway and required repairs to curbs and sidewalks along this portion. Improvements to pedestrian infrastructure, including the implementation of accessible pedestrian signals and tactile walking surfaces, are also planned. This project is scheduled to begin in the early part of the summer construction season.

Notices for the above projects will be delivered to residents and businesses within the construction zones. Further updates will also be posted on my website at jimhart.ca when details are finalized.

Port Union Road Project

The detailed design for Port Union Road has been progressing and the city is awaiting feedback from utility providers. The design process is going to extend for the remainder of this year. When the utility impacts are known and addressed, a con-

struction schedule will be formulated and a public information meeting scheduled. It is anticipated that construction will begin in the 2019 construction season. For updates, please visit: toronto.ca/portunionroad.

It's Almost Festival Season in Ward 44!

The month of June marks festival season here in our beautiful part of the city. I hope you can join us at one or more of these great community events.

Rouge Days takes place June 2 to 9. East Scarborough residents are very fortunate to have this great natural wonder on our doorstep. Enjoy the many events and get out to explore the Rouge National Urban Park. For more information visit rougedays.ca

This year's **Highland Creek Heritage Festival** takes place on June 16. Now in its 33rd year, this

community festival celebrates the beautiful, historic Village and offers a great opportunity to meet your neighbours and support our local businesses.

On Saturday, June 23, from 11 a.m. to 3 p.m., join us at the **Port Union Waterfront Festival**. The festival was started back in 2008 by the late councillor Ron Moeser as a way to enjoy and showcase our spectacular waterfront park system and trail. Over the years the event has grown tremendously attracting more than 5,000 visitors every June.

For other upcoming meetings and events, remember to visit my website at: jimhart.ca

Please keep in touch! Phone: 416-392-1373, E-mail: councillor_hart@toronto.ca. Or drop by the Constituency Office at 5504 Lawrence Ave E. in the Centennial Plaza.

Boot Camp/ Yoga Fundraiser

with our very own Heather Hawley and Shawna Fujiki.

Please Join us on Sunday, May 27th from 1-3pm at the Port Union Community Center for a Workout and Fun!



\$20 PER PERSON

ALL PROCEEDS GOING TO A LOCAL SAFE HOUSE FOR WOMAN AND CHILDREN.

Healthy Snacks will be Provided as



well as a treats from... **LOVEGELATO**



www.GearRealty.com

5524A Lawrence Ave E. Scarb, Ont M1C 3B2

Office: (416) 282-9292 Direct: (416) 880-8433

Email: admin@GearRealty.com

Political report

Member of Provincial Parliament



As many of you know, this will be my last MPP update as your Member for Pickering-Scarborough East. I would like to thank you for the support that you have shown me. Working with you to bring positive change to our communities is what made my job most rewarding.

When I reflect on all that we have accomplished, both locally and provincially, I am gratified to have been given the honour to have played a role in making Ontario a better place for everyone. Thank you for the opportunity to represent you.

I would like to take this opportunity to update you on our government's 2018 budget. Ontario's economy is getting stronger, with the unemployment rate at its lowest in almost two decades. The changing economy is widening the gap in our community and our government has made a conscious choice to invest in a plan for care and opportunity that helps those who have not participated in the growth and prosperity. If passed, the 2018 budget will help Ontarians by:

Investing in care

- Introducing the new Seniors' Healthy Home Program, which provides a benefit of up to \$750 annually for eligible households led by seniors 75 and over to help them live independently

and offset the costs of maintaining their homes.

- Introducing a new Ontario Drug and Dental Program, reimbursing 80 per cent, up to a maximum of \$400 per single person, \$600 per couple and \$700 for a family of four with two children, of eligible prescription drug and dental expenses each year, for those without workplace health benefits or not covered by OHIP+ or other government programs.
- Providing more affordable quality child care by making preschool child care free for children aged 2 1/2 until they are eligible for kindergarten, saving families an average of \$17,000/year.
- Providing better and faster access to mental health and additional services by bringing the total funding to more than \$17 billion over four years.
- Improving hospitals by investing an additional \$822 million annually to improve hospitals, a 4.6% increase.

Making Life More Affordable

- Making prescriptions completely free for everyone 65 and over through OHIP+
- Providing a public transit tax credit that saves seniors up to \$450 a year, as of July 1, 2017, and lowering the cost of commuting by about \$720 per year for the average commuter transferring between the GO/UP Express network and the TTC.
- Cutting residential electricity bills as of July 1, 2017, by 25 per cent on average and up to 40 or 50 per cent for eligible rural and low-income families.

Creating Opportunity for People

- Making college and university tuition free for more than 225,000 students of all ages. Free or low tuition is available for students from low- and middle-income families; tuition is free for those earning up to \$90,000 and students from families who earn up to \$175,000 are also eligible for financial aid.

Please do not hesitate to contact my Constituency Office in person at 300 Kingston Road, Pickering, Unit 7, by phone at 905-509-0336 or by email at tmaccharles.mpp.co@liberal.ola.org.

Political report

Member of Parliament

GARY ANANDASANGAREE
Member of Parliament
Scarborough-Rouge Park

Contact my team and I for help with any federal issues

Office Hours
Monday 10:00am – 4:00pm
Tuesday 10:00am – 4:00pm
Wednesday 1:00pm – 7:00pm
Thursday 10:00am – 4:00pm
Friday 10:00am – 4:00pm

Constituency Office
3600 Ellesmere Road, Unit 3
Scarborough, ON M1C 4Y8
416.283.1414 | Gary.Anand@parl.gc.ca

After our surprising mid-April ice storm, it's nice to finally see the lush greenery of Scarborough-Rouge Park returning to our community!

Earth Day Tree Planting

I would like to begin by thanking those of you who joined my team and me at my third Annual Earth Day Tree Planting event on Sunday, April 22 with the Friends of the Rouge Watershed. Following the direction of Friends of the Rouge staff, members of our community worked together planting trees and restoring natural habitat within the Rouge National Urban Park. Restoration projects are not only

important to the integrity and vitality of the unique ecosystems within our park, but will help ensure that our children and grandchildren have the same opportunities as we have to connect with our environment and enjoy our local wildlife.

Spring Walk in the Rouge Park

I would also like to thank those of you who joined us for our annual Spring Walk in the Rouge Park on Saturday, April 28. As is the case with all our seasonal walks in the Rouge, the team at Parks Canada did a spectacular job highlighting the hidden gems and often overlooked nuances of our local urban oasis. During the walk, a number of community members remarked how impressed they were with "The Rouge" app, which was recently launched. The Rouge app provides individuals with up-to-date information about park trails, allows users to track their progress through the park using a GPS-based tour guide and receive real-time notifications about local plant and wildlife sightings. If you plan on visiting the Rouge National Urban Park this year, I encourage you to download this free app, which will surely enhance your park experience.

Launch of Meadowway Park

Speaking of the Rouge National Urban Park, did you know that the Rouge is the easternmost end of Toronto's new Meadowway Park? The 16 km Meadowway Park stretches from the Don River Ravine all the way to the Rouge National Urban Park and will provide pedestrians and cyclists alike with a safe green path between Scarborough and downtown Toronto. I was delighted to join Toronto Mayor John Tory, my fellow Member of Parliament John McKay, representatives from Toronto City Council and Toronto Region Conservation Authority at the

launch of this exciting green initiative.

Bill C-71

Last month in the House of Commons, it was my honour to speak about Bill C-71, an Act to Amend Certain Acts and Regulations in Relation to Firearms. For far too long, families in Canada have been affected by senseless acts of gun violence. Sadly, instances of gun violence are on the rise in Canada, with increases in total firearms incidents, including firearms related murders and domestic violence incidents against women involving a firearm.

Here in Scarborough-Rouge Park, we are not immune from gun violence. In 2012, individuals opened fire into a civilian crowd at a local community celebration, killing two and injuring 23, marking the largest mass-shooting incident in Toronto's history. Last July, three young men in our community lost their lives to gun violence as a result of multiple gun incidents over the same weekend. Bill C-71 addresses gun violence in Canada by strengthening existing gun laws and helping to ensure the safety and protection of families across Canada.

Spring Open House

For those of you who were unable to join us at our April community events, I would like to invite you to join us on Saturday, May 26 from 10 a.m. to 12 p.m. for our annual Spring Open House. This will take place at my Constituency Office, 3600 Ellesmere Road, Unit 3, and is an opportunity for members of our community to connect with one another and ask my team and me questions related to federal policy and federal services. No appointments are necessary for the open house so please stop by and say hello!

TATHAM, PEARSON LLP
Barristers & Solicitors
5524 Lawrence Ave. E.
Toronto, Ontario M1C 3B2

William G. Tatham
416 284-4749 Ext 28
wgtatham@tathampearson.com

Tel: 416 284-4749
Fax 416 284-3086
Email: info@tathampearson.com
Website: www.tathampearson.com

What is Your Scarborough Home Worth Now?
March 2018 Average Selling Price Down 14.3%*
March 2018 Sales Down 39.5%*
vs March 2017

FREE Get Your Home's Current Value By Visiting
e10value.com
Or text 84908 to 888-264-1910
To receive your custom property valuation 24/7.

Richard Wontorra
Sales Representative
Richard@Wontorra.com Wontorra.com
Cell 416-287-3980 / Office 416-439-1660

Prudential Achievers Realty, Brokerage
555 Kingston Rd W. Ajax, ON L1S6M1

FREE ESTIMATES
(Lawn fertilizing 5 applications)
only **\$229**
Core lawn aeration only **\$40**

| | |
|---|--|
| Lawn cutting special Order our Lawn Cutting Special and receive FREE fall aeration. | We never miss a cut • Dethatching • Snow removal • Hedge trimming • Spring/Fall aeration • Spring/Fall clean-up • Fertilizing • Lawn cutting • Organic Grub control |
|---|--|

"Be the envy of your neighbourhood"

Proudly serving CCRA residents since 1998

416 712-8281
Greenenvylc@gmail.com

CPLC

Distraction thefts happen, so don't let people get too close

By Marilyn Hodge

On April 12, 43 Division held the Community Police Liaison Committee (CPLC) meeting off-site at the Scarborough Village Community Centre on Kingston Road. The CPLC meetings are usually held at the 43 Division station in the afternoon, but this time it was held in the evening.

This meeting was well advertised

within the CCRA community and beyond, and approximately 100 residents attended. Community members and students could ask questions of the officers who were there.

The guest speaker was Detective Scott Purches of Intelligence Services (Counter Terrorism) who talked about community safety and other topics related to housing and youth mental health. Another topic was

stopping the escalation of incidents before they start. Achieving this objective will ultimately protect the safety of the public by preventing acts of violence and extremism.

Good advice was offered by PC Paul Rowe and PC Julie Campbell of the Community Safety Team. Distraction thefts are happening so try not to let people get too close to you. Please pay attention and if you see something suspicious, report it

to police.

A break and enter usually happens when you are out, but if someone knocks on your door when you're home, don't ignore it. Answer it by shouting something like: "I am busy" or "I don't have time." If you require police advice/assistance or have questions, call the non-emergency number, 416-808-2222, if no person is in immediate danger.

Would your family be financially secure if you died today?



Qualify for affordable life insurance regardless of medical conditions
Insurance at work lasts as long as you have your job and can be expensive
Don't add funeral bills and debt to your family's grief
You wouldn't drive without car insurance, why leave your family unprotected
Call today for a free quote & protect the ones who really matter



Karl Marshall
Financial Services Broker
Marmac Financial Services Ltd
Insurance & Wealth Solutions

Tel: 416.554.0892 | 1.877.884.5275
www.marmacfinancial.com

What thieves look for

In its Personal Safety pamphlet, the Toronto Police Service lists some of the things thieves look for when choosing their victims:

Easy pickings: Items left unattended in grocery carts, dressing rooms or desks, and wallets protruding from pockets only take seconds to grab.

Crowds: The noise and confusion of crowds help conceal crime. Be especially vigilant anywhere that is busy or crowded.

Distraction: Thieves will sometimes cause a distraction (i.e. bumping into you) or target you because you appear preoccupied (i.e. talking on your cellphone).

You can read more about protecting yourself at torontopolice.on.ca/crimeprevention/

Health

Exercise of the Month

By Lucie Sciberras

When starting an exercise program, it is important to include stretching exercises. This will loosen the muscle and increase range of motion. This particular exercise will help with posture. We tend to hunch our shoulders forward, especially if we are sitting in front of computer screens for much of the day. Chest muscles can become tight, which then pulls our shoulders forward even more. This chest stretch will help loosen the chest muscles and allow for better posture.

Before starting an exercise program, always check with your physician or physiotherapist to ensure it's safe for you to start.

Doorway chest stretch:

- Step 1) Stand in doorway
Look straight ahead
Take one small step forward
(One foot in the hallway and one foot inside the room)
- Step 2) Raise your arms to shoulder height
Bend arms at 90 degree angle from elbow
Palms facing the doorway
- Step 3) Put hands & elbows & forearms flat on the frame of the doorway
Take a deep breath & lean forward slowly (exhale as you lean)
Keep your stomach tight and don't arch your back
Hold for 30 seconds and repeat

Exercises don't have to be complicated to achieve success. Our exercises need to be simple so that we can remember how to do them without causing pain.

If you have any questions before starting an exercise program, feel free to drop by the Port Union Fitness Centre.

Lucie Sciberras is a CSEP Personal Trainer and fitness consultant at the Port Union Fitness Centre.



He SINGS, He PAINTS.
Sometimes, he does BOTH!

A local West Rouge resident, the Singing Painter specializes in residential interior and exterior painting, plus drywall repair.

Hire his band for your weddings and parties too!



The Singing Painter prefers Sherwin Williams paint and can provide great trade discounts for you!

Call 416-282-1600
or Email BeesleyMusic@gmail.com
www.TheSingingPainter.Webs.com

HUSBAND FOR HIRE INC.

Licensed & Insured Home Improvements Metro Licence #B10024

Basement waterproofing

- Kitchens
- Bathrooms
- Basements
- Electrical
- Plumbing
- Windows
- Doors & Locks
- Fences & Decks
- Roofing
- Eavestroughing

DOWNSPOUT DISCONNECTIONS AVAILABLE

NO JOB TOO SMALL

For a no charge estimate call Alan Megahy at:

416-266-3434

info@husbandforhire.com
41 Holmcrest Trail, Scarborough, ON, M1C 1V6

Lakeside Tree Service

Since 1993

2016
• resident's choice
• WINNER

2016
• resident's choice
• DIAMOND

2016
• resident's choice
• DIAMOND

- Tree Removal
- Trimming, Pruning & Stump Removal
- Certified & Insured
- Free Estimates
- Seniors Discount
- Arborist Reports Available
- Certified Arborist
- Locally owned & operated
- WSIB Coverage
- \$5,000,000 Liability Coverage
- Mandatory Ministry of Labour of Ontario
- Working at Heights Certified
- Professional & up-to-date Tree Service Equipment

416-450-3062

wanthony@rogers.com

VISA MasterCard money e-transfer accepted Interac

Signature Realty
ROYAL LEPAGE
IND. OWNED & OPERATED BROKERAGE

As over 2,000 Happy clients would suggest, Call Aly to get solid and common sense advice on Buying and Selling. Phone Direct: 416.566.2592.

Are you confused about the present real estate market? Things are changing! There seems to be a lot of uncertainty and mixed opinions. It always makes solid sense to reach out to experience know-how!

Who can you listen to with confidence & confidentiality? Feel free to phone me for honest answers and sterling advice.

With 35 years Award-Winning Experience Contact Alyson for any & ALL your real estate needs.

Alyson (Aly) Buckingham
SALES REPRESENTATIVE
cell: 416•566•2592
office: 416•443•0300
a.buck.kiwi@gmail.com
www.abuckingham.com

Good. Quality. Landscaping
Hillhouse Property Maintenance

- Grass cutting & yard maintenance
- Spring & Fall yard cleanup
- Fertilizing & Aerating
- Custom gardens
- Fence/patio building & repair
- Sodding & more!

416.979.9035
tjhillhouse@gmail.com

THE CLAY EMPORIUM

Have your next party with us!

Creative Camps

Make the summer of 2018 the most fun for your children ages 5-12.

9 a.m. to 4 p.m., Monday to Friday.
Before and after extended care available for additional charge.

Lunch included.

647-922-7211 or
www.theclayemporium.com

*p.s. Mother's Day is May 13th.
Make a special gift made by you with love!*

COMMUNITY EVENTS CALENDAR

| Organizer | Event | Date & Location | Event Details | Contact |
|--|--|---|---|---|
| Charlottetown Public School | 50th Anniversary Open House | Saturday May 5 , 11:00 am – 2:00 pm Charlottetown Public School | Share memories of being a student or teacher and learn what's new at Charlottetown. Hope to see you there! | 416-396-6135 |
| St. Dunstan of Canterbury Church | Spring Fling | Saturday May 5 , 6:30 – 10:00 pm St. Dunstan of Canterbury Church | A night of Caribbean culture & cuisine! Cash Bar! Door Prizes! Tickets must be purchased in advance (none available at the door), Visa Accepted – \$25. | 416-283-1844 |
| Bel Canto Singers | Silver Anniversary Concerts | Saturday May 5 , 2:30 – 4:30 pm & 7:30 – 9:30 pm Scarborough Bluffs United Church | Bel Canto Singers presents Can't Stop Singing . Leanne Piller, Music Director Jacqueline Mokrzewski, Accompanist. Admission \$20.00 | Lynda: 905-837-7584 www.belcantosingers.ca |
| Youthlink | Blind Spots | Thursday May 10 , 5 – 7 pm Miller Lash House 130 Old Kingston Road | A Scarborough dialogue on youth mental health. Free parking and hors d'oeuvres. Cash bar. Lead panelist, Dr. Deborah Goodman | R.S.V.P required: Dianne, 416-967-1773 |
| Scarborough Garden & Horticultural Society | Annual Plant Sale | Saturday, May 12 , 9:30 am – 1:00 pm Campbell House Farm, 3600 Kingston Rd. | Annual and perennial plants, and garden related crafts are presented for sale. Located at the Historic Campbell House Farm. | Anette Hurlihay vicnet@rogers.com |
| CCRA | All candidates meeting | Monday, May 14, 7:00 pm St. Dunstan's Anglican church | The CCRA is organizing an all-candidates' meeting to give you a chance to meet the candidates running for MPP in the June 7 election. | Kathy, 416 283.9987 |
| Probus Club of Scarborough Tuesday | Speaker Series | Tuesday, May 15 , 10:00 am – 12:00 pm St. Dunstan of Canterbury Church | Rebellion was in the Air... Learn about the Rebellion of 1837 through one of its protagonists, Peter Matthews. Speakers from the Pickering Museum. | Ann Mathee, ann266@sympatico.ca |
| Port Union Seniors | Spring Flea Market & Plant Sale | Saturday, May 26 , 9:00 am – 1:00 pm Port Union Community Centre | Come on down for the Plants, Bake Table, White Elephant, Jewellery and much more! Bring your perennials over on June 25. Free admission. | Glenn.Gabriel@toronto.ca |
| Tony Stacey Centre for Veterans Care | 5K Walk-a-thon fundraiser | Saturday, May 26 , 10:00 am – 12:00 pm Tony Stacey Centre for Veterans Care | Prize will be given to individual who raises the most money. The route is only 5km. Start and finish at 59 Lawson Road. | Diana, 416-284-3333 dleblanc@tonystaceycentre.ca |
| Gear Realty | Boot Camp/Yoga Fundraiser | Sunday, May 27 , 1-3 pm Port Union Community Center | Led by Heather Hawley and Shawna Fujiki. All proceeds going to a local safe house for women and children. Healthy snacks provided. | Jodi Gear 416-282-9292 |
| West Rouge | 7th Annual Parking Lot Sale | Saturday June 9, 2018 , 8:00 am – 1:00 pm West Rouge Community Centre | 7th Annual Parking Lot Sale at the West Rouge Community Centre. \$20 for 2 parking lot spots. (one for parking, the other for selling). BBQ available. | 416-282-4853 |
| West Hill - Highland Creek Lions Club | Membership Meet & Greet | Last Tuesday of the month 7 pm, Heron Park CC., 292 Manse Rd. | Meeting and drop-in of the Lions Club | Membership Chair, 416-282-7202 website: www.lionsclub.ca |
| Port Union Seniors | Port Union Seniors Centre | Monday to Friday , 9 am – 4 pm, Port Union CRC, 5450 Lawrence Avenue East | Drop-in activities and classes for Seniors | 416-396-4034 |
| Cancer Support Group | Breast Cancer Support | Last Wednesday of the month | Support group for women with Breast Cancer | Marilyn 416-284-9984 |
| 2nd Highland Creek Scouts | 2nd Highland Creek Scouting Groups | Beavers and Cubs Tuesday. Beavers, Scouts, Venturers and Rovers on Thursday. - Charlottetown Jr. PS | Scouts weekly meetings focusing on outdoor activities, special guests, community outings & weekend camps. | Barbara Broadbent 416-724-0416 |

To submit your community event, email details to: webmaster@ccranews.com

HILLS*, SALAH LLP
Barristers & Solicitors

R Gordon Hills, B.A., J.D.

1168 Warden Avenue
Toronto, Ontario
Canada, M1R 2R1

Tel: 416-752-7078
Fax: 416-752-8769
rgh@hillslaw.ca
* R. Gordon Hills
Professional Corporation

FRUMAN PHILATELIC

Buy & Selling Canadian Stamps

email: alfruman@hotmail.com

Cell: 647-994-7667

The deadline for advertising submission is the 10th of the previous month

Email *Kelsey Dorval* at ccra-advertising@hotmail.com or visit: ccranews.com/advertising.html.

Distribution

It looks like spring is finally here!



Wanda Wierzbicki

As I write this, the day is warm and the sun is out. The city just had its first sunny spring weekend. We are all hoping this weather will continue. It was only one week ago that Toronto experienced a snow and ice storm that left many without power. My husband Rob and I returned from a vacation in Aruba that Sunday night. We were extremely lucky that our flight was only delayed 45 minutes. So many people were stranded in airports for hours. Still, it was a little surreal to take off from hot and sunny Oranjestad only to arrive in cold, wet, snowy and icy Toronto. Digging our car out of the snow and scraping off the ice took almost an hour.

Today is a new day – sunny and warm. This morning while walking along the waterfront trail I saw many people out enjoying this beautiful corner of the city. One of the activities associated with the first warm days of spring is the annual Spring Cleanup. Many people volunteered their time and energy to clean up our community as part of **Earth Day** celebrations on April 21. If you did not have a chance to take part, I encourage you to put on some plastic gloves and clean up a block or two of the neighbourhood. You'll be glad you did.

As I mentioned last month, May is **CCRA Membership Drive** month. I'm sure you have noticed the green and white **Join CCRA!** signs around the neighbourhood. I encourage all of you to join the CCRA. Whenever there is an issue before City Council, the question that is always asked is: "How many members do you have? What percentage of the community do you represent?" Make our community stronger by joining CCRA today.

This month is the first month since before Christmas that all CCRA volunteer distributors are home after spending time enjoying warmer climates. **Welcome back!** The substitute distributors who filled in for you are glad you are back, too.

I want to extend my thanks to the entire 120-person volunteer distribution team. On behalf of the Centennial community, thank you for sharing your time and energy to bring community news to almost 4,600 homes and businesses in our area.

Wanda Wierzbicki
distribution@ccranews.com
phone: 416-282-2951



Dr Joseph Tabri
Dentistry

- New Patients Welcome
- Comprehensive dentistry for the entire family
- In office implants, from surgery to prosthetics
- In office gum surgery
- Emergencies seen on short notice
- Claims submitted electronically

416-282-5213

Corner of Port Union and Lawson roads
www.drtabri.com

Creative garden solutions

- Master plans for your outdoor living spaces
- Creative make-overs for tired, overgrown gardens
- Scaled drawings for the construction of pools, patios and walkways
- Pruning & planting assistance
- Project supervision for the do-it-yourselfers
- Seasonal container planting

Together we can create your ideal garden!



www.greenartlandscapedesign.ca nancy.green@rogers.com

the Heather Lemieux Group
ADDING REAL VALUE TO *our* NEIGHBOURHOOD



Heather Lemieux
Sales Representative

FEATURED PROPERTIES

FOR SALE

Situated on One Of The Most Prestigious Street in the Cliffcrest Community and Lovingly Cared For By Original Owners

FOR SALE

Bright and Spacious Home in Our Great Neighbourhood! Double Car Garage & Four Seasons Sunroom Nothing To Do But Move In & Enjoy!

SOLD

IN OUR GREAT NEIGHBOURHOOD!
Sold In Days For Over Asking!

COMING SOON!

Too New For Photo
3 Bedroom Bungalow in the Guild.
Call us for details



THE HEATHER LEMIEUX GROUP
Helping you is what we do.



416.284.4751
www.HeatherLemieux.com

Port Union Seniors Spring Flea Market & Plant Sale

Sat., May 26th
9 a.m. to 1 p.m.

Port Union C.R.C.
5450 Lawrence E.
(416) 396-4034



Books, DVDs, Jewellery, Bake Table, Raffle, White Elephant & More

VINCENT Painting & Decorating

- INTERIOR & EXTERIOR
- COLOUR DESIGN
- ALL TYPES OF WALL COVERINGS

Vincent Manserra

Home: **905.477.8557**
Cell: **647.883.8557**



Your 2018 membership supports Centennial events

CCRA membership month

continued from page 1

cream during one of their canvasses!

We need more volunteers to canvass for memberships. Right now we don't have enough for every street. I would like to ask that you please contact me (*membership@ccranews.com* or 647-982-3561) if you can spare one or more evenings in May to help with achieving the big dream of getting all households to enjoy the privilege of being members of your community association.

If you are not yet a member and no one knocks on your door this month, please see the membership application form on this page or for online payment, go to our website www.ccranews.com and select JOIN CCRA. And thank you to the many neighbours who joined in April!



Denise Bacon
membership@ccranews.com
647-982-3561

Save June 23 for waterfront festival

The 11th annual Port Union Waterfront Festival is coming soon! Mark Saturday, June 23 on your calendar for this fun-filled day. Children will enjoy our big rides, rock wall and interactive light 'em up' game. An all-day ride bracelet will cost \$5.

Meet the people next door, neighbourhood businesses and community organizations. Enjoy the waterfront and have a great day!

Volunteers are needed. For more information, please visit www.waterfrontpark.ca

- Website: www.ccranews.ca
- [Facebook.com/ccranews](https://www.facebook.com/ccranews)
- [Twitter @ccranews](https://twitter.com/ccranews)
- Email: news4ccra@gmail.com

Centennial Community and Recreation Association

5450 Lawrence Avenue East,
Scarborough ON M1C3B2

CCRA 2018 Membership Form

It's easy to join or renew your membership. Complete this form, then mail with your annual household fee of \$15. To join online, go to www.ccranews.com to join with credit card or PayPal.

Name _____
 Address _____ Postal Code _____
 Phone _____ Email (for e-news only) _____

Check all applicable boxes:

I would like to join or renew my annual CCRA membership. I enclose payment for: \$15 (1 year) \$30 (2 years)

- I support the work of CCRA & have added my donation for \$ _____. Total amount enclosed is \$ _____
- I am interested in distributing newsletters in the Centennial community (10 issues per year). Please contact me.
- I am interested in volunteering at CCRA events. Please contact me.
- I would like my business listed in the Business Directory on ccranews.com. Please contact me with more information.

Mail with cheque payable to: CCRA **OR** Drop off at the main office in the Port Union Community Centre. **OR** Join right now online at www.ccranews.com
 Port Union Community Centre
 5450 Lawrence Ave. East
 Scarborough ON M1C 3B2



Port Union Dental Care

Dr. George Trigilidas

5550 Lawrence Ave. East, Unit 14,
at the corner of Lawrence Ave. E. and Port Union Rd.

- Family & cosmetic dentistry in a newly renovated dental office
- Digital X-rays
- All fields of dentistry practiced on patients of all ages
- Child friendly environment
- Convenient hours of operation
- Making your dental visit a relaxed and pleasant experience

- Family and Cosmetic Dentistry
- Preventative Therapy
- Cleanings and Checkups
- Mercury Free White Fillings
- Crowns and Bridges
- Porcelain Veneers
- Smile Makeovers
- Implants
- Root Canals
- Dentures
- Nitrous Oxide Sedation (Laughing Gas)

We Welcome New Patients!



Please call us to book your next appointment
416 284 0127