



Centennial News

A publication of the Centennial Community and Recreation Association

Website refresh opens windows on community



CCRA has been working hard over the summer to deliver new content to our website so that everyone can remain connected to this community.

By Don Lawrence

For most, summertime means holiday trips and relaxing time at the beach. But summer during a pandemic is a bit different. CCRA has been working hard to deliver new content so that we all remain connected with our community during the “new normal.”

Whether you're a long-time resident or newcomer to the neighbourhood, our website is your go-to source for community news. From unique profiles about your neighbours to announcements and recaps of local happenings, or even recommendations for a home repair expert, *ccranews.com* lets you digitally open the windows to our neighbourhood.

What's New

On the homepage, new, clearly labelled boxes take you to different parts of the site. As events return, they will also be included. We encourage you to discover and engage. The new boxes take you to:

Why join CCRA?

We advocate and support the community in many ways. Most recently on behalf of Centennial residents, the CCRA raised more than \$20,000, includ-

ing a direct donation of \$10,000, for the Tony Stacey Centre, our community's long-term care facility.

Where and how

What are the boundaries of Centennial and how did Centennial get its name? (Hint: it involves a local church.) The page also includes a list of community resources.

Centennial/Port Union history

Adams Park was named in honour of our earliest settler who constructed the first wood-frame schoolhouse. In 1847, Port Union entered a golden age of growth. Learn why William Dempsey founded the CCRA in 1949.

Support local business

Choose from health care, home and garden, professional services, real estate and many more. All listings are accredited CCRA advertisers. As a bonus, there is a PDF chart of 25 restaurants and take-outs in our neighbourhood.

We hope you find CCRA's new fresh content easy to access and full of information for residents, visitors, students and all those who visit our site.

For any questions, suggestions, feedback or comments, please email us at news4ccra@gmail.com or leave a comment using the contact form on our website.

Update on biogas waste facility



It is estimated that more than 100 trucks will be coming and going from the site daily.

By Kathy Rowe

The aggressive proposal for the biogas waste facility on Coronation Drive has made for a busy summer for the core group of area residents who have been working with me on this matter. Here is a recap on what you need to know should the province grant approval to this proposal:

- Coronation Organics will build two anaerobic digesters and a storage facility on a parcel of land at 633 Coronation Drive. This will be the largest plant of its kind in all of Ontario and possibly all of Canada.
- The plant could operate 24 hours a day, 7 days a week, 365 days a year.
- The plant operation proposes to process food waste from outside of Toronto (within Ontario) to produce fertilizer and gas. The gas will be sold back to Enbridge.
- It is estimated that more than 100 trucks will be coming and going from the site daily as they travel to and from Highway 401. A truck route has not been revealed, but you can be sure that Beechgrove, Manse, Coronation, Lawrence, Morningside and Port Union will be in the mix.
- The facility will emit at least six toxic and greenhouse gases and particulates.
- In July, Coronation Organics hired a company to conduct a traffic impact study. You can find this study on their website www.coronationorganics.com. (Please note that the city was NOT consulted for this traffic study.)
- In August, Coronation Organics hired a company to conduct a noise impact study. (This study is

» continued on page 2

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CCRA Centennial News

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Publishing Policy

CCRA Centennial News invites submissions of articles, signed letters, art and photography from Centennial community members and all elected representatives. We will consider all submissions for publication that are information-based and relevant to the community. Not-for-profit and community groups are also invited to submit event listings to be published free of charge, space permitting. CCRA Centennial News reserves the right to decline material considered to be unpaid advertising, politically partisan or likely to offend. CCRA reserves the right to edit all submitted material. The opinions expressed in CCRA Centennial News do not represent the views of the CCRA Executive. All submissions will be considered for both print and online publication unless otherwise instructed by the author. CCRA will notify all authors prior to publication.

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To be published in CCRA Centennial News, articles must reach the Communications team by the 15th day of the preceding month. To submit an article or suggest a story, please contact any member of the Executive by phone, or by e-mail to news4ccra@gmail.com.

Mailing address:
Centennial Community & Recreation Association
5450 Lawrence Ave. East, Scarborough ON M1C 3B2

Notice to Advertisers

Advertising copy must reach the CCRA no later than the 10th day of the preceding month for publication. Files should be in high resolution PDF, TIF, EPS or JPG format for best results. Please e-mail your advertisement to Kelsey Dorval at ccra-advertising@hotmail.com. Cheques in the correct amount are to be addressed to "CCRA" and deposited in the CCRA mailbox at 5450 Lawrence Ave. East, in the Port Union Recreation Centre. **It is the advertiser's responsibility to advise CCRA of any problems with an advertisement before the 20th of the month in which the ad appears.** For more about advertising, visit www.ccranews.com/advertising.html

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Biogas waste facility

continued from page 1

slated to be complete by August 31.)

- Once the noise impact study is complete, public commentary to the Environmental Registry of Ontario (ERO) will reopen.

- What can you do?**
1. contact the ERO (when submissions reopen) and submit written concerns *
 2. read and sign the petition (which has more than 8,000 signatures!)*
 3. write to elected officials* at both the provincial and municipal levels.

* See our website (ccranews.com) for links and details regarding submissions.

I want to thank the members of the group who continue to work tirelessly on this issue. You know who you are. In addition, I want to mention those who have helped us along the way. Thank you to the Canadian Environmental Law Association (CELA) for the much-needed advice, CCRA, West Rouge Community Association, and the Highland Creek Community Association for supporting this cause and helping with the cost of the lawn signs.

I will continue to update Centennial residents via our E-blasts and this publication as information becomes available.



President's Message

Great weather allowed for lots of outdoor time

By Kathy Rowe

Welcome back, readers! Our COVID summer was a strange one for sure, but no one can protest our wonderful summer weather. At a time when being outdoors was the preferred environment for staying safe and healthy, we had plenty of days of warm temperatures and sun for a variety of outdoor summer activities. Our times of "bubble" family members and good friends certainly helped keep many of us thinking positively despite the stressful times. COVID-19 is still with us, so I am hoping that we have favourable fall weather for continued safe outdoor gatherings.

Fall events?

Understandably, there are no planned community events in Centennial for the next several weeks. However, the good news is that we are working on plans to hold our annual Pumpkin Parade on November 1. There most likely won't be an indoor option for the parade should the weather fail, but we are certain that we can host the parade again on the grounds of the Port Union Community Centre safely. There will be more details on this in the coming weeks.

Proposed biogas facility

This proposal is still before the Environmental Registry Office of Ontario and my team continues to monitor any updates. You may have noticed the red and white signs opposing the biogas plant. The 50 signs have all been placed on lawns with permission. We hope this will increase awareness and drive people to our website for more information. If anyone is interested in placing a sign on their property, they can contact me at news4ccra@gmail.com. I urge you to read my article on page 1 for further details.

Closure of level crossing

Metrolinx has confirmed that the Chesterton Shores level crossing west of the Rouge Hills GO Station will be closing sometime after Labour Day. Metrolinx has strong concerns about the safety risks posed by this crossing, which many people use year-round to access the waterfront trail. Metrolinx has already posted signage that

directs pedestrians through the GO station as an alternative.

West Rouge president Kathi Loughran has written a letter to Metrolinx that strongly opposes the closure until a safer pedestrian crossing (tunnel) can be built east of the level crossing. The TRCA, Councillor Jennifer McKelvie and the CCRA all support Kathi's opinion. We simply don't believe that people with accessibility needs, pedestrians who are walking, biking, rollerblading or pushing strollers will be safe using the busy GO Station parking lot to access the trail. Next steps will be to work with MPP Vijay Thanigasalam for support.



President Kathy Rowe hopes these lawn signs will increase awareness of the proposed biogas facility and drive people to CCRA's website for more information.



For now, lets daydream...

Dont curb your wanderlust, now is the time to daydream. Our love of the world unites us, now more than ever. We are all travelers. We are all dreamers. We are all in this together.

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Local Restaurants

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Restaurant	Current Hours	Website	Door Dash	Uber Eats	Skip the Dishes	Notes
Amigos 6091 Kingston Road-Highland Creek 416-283-7557	Daily 9am - 12am	amigohighlandcreek.com				Dine in and Patio
Azumi Sushi Centennial Plaza at Lawrence and Port Union 416-284-3033	TU-W 4pm-9pm TH-SA 11am-9pm SU 4pm-9pm	azumisushi.ca				Take out and Delivery
Fratelli Village Pizzeria 383 Old Kingston Road-Highland Creek 416-283-2112	W-SU 5pm-10pm	fratellis.ca				Dine in and Take out
Highland Fish and Chips Ellesmere Road at Conlins Rd.-Highland Creek 416-282-2889	TU-SA 12pm-7:30pm	ubereats.com/highland		✓		Take out and Delivery
Lamanna's Bakery 6758 Kingston Road near Port Union 416-287-2020	TU-SA 11am-5pm SU - Open for preorders only	Lamanna's Bakery on Facebook				Take out
Malt N Salt Fish and Chips 285 Lawson Road at Centennial Road 416-282-0054	M-F 11:30am-8pm SA 12pm-8pm					Take out
Marks Pizza 371 Old Kingston Road-Highland Creek	TH-SA 4pm-8pm	Mark's Pizza				Order by texting 416-990-8034. Weekly menu is on Instagram and Facebook
Mr. Beans 5550 Lawrence Ave. East-Centennial Plaza 416-284-9222	M-SA 6:30am-6:30pm SU 7am-3pm			✓		Patio, Dine in, Take out and Delivery
Northern Smokes 371 Old Kingston Road, Unit 12-Highland Creek 416-284-8448	SU-TH 12pm-9pm F-SA 12pm-1am Closed Tuesdays	northernsmokes.com		✓	✓	Take out, Delivery and Patio
Pasta Tutti Giorni 98 Island Road at East Ave. 416-283-2225	SU-TH 4pm-9pm FR-SA 12pm-9pm	ptg.ca		✓	✓	Take out, Delivery, Dine in and Patio
Patty Stop Centennial Plaza at Lawrence and Port Union	TH-SA 11am-6pm	ubereats.com/pattystop		✓		Delivery and Take out. Planning to change hours to M-SA 11-6 in September.
Pizza Pizza Centennial Plaza at Lawrence and Port Union 416-967-1111	SU-W 11am-2am TH-SA 11am-3am	pizzapizza.ca				Delivery, Take out and Dine in
Port Union Bakery 287 Port Union Rd.-Ravine Park Plaza 416-281-5614	M-SA 7am-6:30pm SU 9am-3pm	portunionbakery.ca				Take out
Rosa's Pasta Express 271 Old Kingston Road-Highland Creek 647-351-1777	W-M 1pm-8pm	skipthedishes.com/rosas		✓	✓	
Rouge Juicery 297 Port Union Rd.-Ravine Park Plaza 647-812-3466	SU-M Closed TU-W 12pm-7pm TH-F 11am-7pm SA 12pm-6pm	rougekitchen.com				Take out
Shamrock Burgers 6109 Kingston Road-Highland Creek 416-282-0121	F-SA 11am-9pm SU-TH 11am-8pm	shamrockburgers.com		✓	✓	Patio, Delivery and Take out
Shawarma Queenz 305 Port Union Road at Fanfare 647-748-3393	M-SA 12pm-9pm SU 2pm-8pm	www.shawarmaqueen.com				Take out
Six Social Lounge 360 Old Kingston Road-Highland Creek 416-599-5666	W-TH 4pm-9pm F-SU 4pm-10pm Closed Mondays, Tuesdays	thesixsocial.com	✓	✓		Dine in, Patio and Delivery
Subway Centennial Plaza at Lawrence and Port Union 647-345-6757	M-F 8am-10pm SA 9am-10pm SU 9am-9pm	www.subway.com	✓	✓	✓	Take out and Delivery
Ted's Restaurant 404 Old Kingston Road-Highland Creek 416-282-2204	M-SA 7am-3pm SU 8am-3pm					Dine in with limited menu
Thai Square 277 Port Union Rd.-Ravine Park Plaza 416-281-8988	M-TH 11am-10pm F-SA 11am-11pm	thaisquare.ca	✓	✓		Take out and limited dine in seating
The Black Dog 87 Island Road at East Avenue 416-286-4544	M-TU 4pm-Whenever W-SU 12pm-Whenever	blackdogpub.ca				Dine in and Patio
The Golden Chopstick 271 Old Kingston Road-Highland Creek 416-282-1688	TU-SU 12pm-9:30pm Closed Monday			✓		Take out and Delivery
The Kilt Pub 371 Old Kingston Road-Highland Creek 416-281-2442	Daily 11am-11pm					Dine in
Town Wings 285 Port Union Rd.-Ravine Park Plaza 416-284-4444	M-TH 11am-10pm F 11am-11pm SA 4pm-11pm SU 4pm-10pm	townwingsscarborough.com	✓	✓	✓	Take out and delivery



New Business

Barbershop sees growth after financial haircut

By Kathy McGrath

When Justin Cheddie opened a new barbershop in Centennial last October, he expected there might be a few bumps along the way. However, he did not anticipate having to shut down his business for more than three months in his first year of operation.

When COVID-19 forced the closure of all Ontario barbershops and salons in March, Cheddie hoped it would only be for a few weeks. Of course, the weeks soon turned into months.

“It was tough for me, business-wise, because five months after opening I was supposed to be promoting the shop, growing the business, being social,” he said. “It was a real financial strain to just stop.”

In order to ride out the crisis, the 30-year-old Scarborough native drastically tightened his purse strings. “I still had to pay my rent no matter what, so I didn’t make any personal purchases during that time and I helped my dad out at his business.”



Justin Cheddie opened a new barbershop in Centennial last October. When COVID-19 hit in March he drastically tightened his purse strings and was able to open again on July 1.

unit. Of course, masks are also worn as required.

“Public health came in and checked on us and said we’re doing great – even doing a little extra,” he said.

While his customers were a little nervous initially, Cheddie says business has picked up steadily; in fact, he has gained more local customers since reopening and is busier than ever.

“Many people in the neighbour-

hood didn’t know we were here,” said Cheddie, “but with so many people out walking recently, they discovered us.”

He said that since COVID hit, Centennial residents are patronizing local businesses because they trust them and feel safe in their own neighbourhood.

Cheddie, who began cutting hair in his parents’ garage at the age of 12, sees customers of all ages in his shop – from skateboarders to elderly gentlemen.

The cultural mix in Centennial also requires a wide variety of haircuts. “I might do a comb-over one minute, and then I’m doing a high-top fade right after,” he laughed. He said that hair trends often depend on the dominant sport in the area, adding, “I do a lot of hockey hair here.”

While the past six months have been stressful and depressing for many, Cheddie is determined to generate positive vibes in his shop.

Justin Cheddie said that hair trends often depend on the dominant sport in the area, adding, “I do a lot of hockey hair here.”

Cheddie’s budgeting and perseverance paid off in the end when he was able to reopen his doors on July 1.

“I didn’t open up the first day we were allowed back,” he said. “I waited a couple of days to feel things out and make sure I was ready.”

To prepare for reopening, the young barber took online courses and put guidelines in place to ensure his business, called The Shop, was safe for customers and staff. Among safety measures, customers must make appointments to ensure sufficient cleaning time between haircuts. The scheduled appointments also ensure a maximum of two customers at a time.

The Shop, located in the plaza at Port Union Rd. and Lawrence Ave., also has two separate washrooms – one for clients and one for Cheddie and his fellow barbers, Zaheer and Daryl.

Additionally, because he reopened in the summer, Cheddie has been able to keep his front door ajar to promote fresh airflow through the

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Some examples of groups and organizations that can benefit from this donation program include:

Schools, sports teams/clubs, community associations, churches/places of worship, Port Union library, Guides/Scouts, seniors groups, group homes and long term care facilities, local food bank

To support our community in the COVID-19 Pandemic, donations by Jill's Team have been made to:

1. Community group providing support to Altamont Care Community
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Uncertainty

Moving forward when the future is a grey haze

By Amy Stephenson

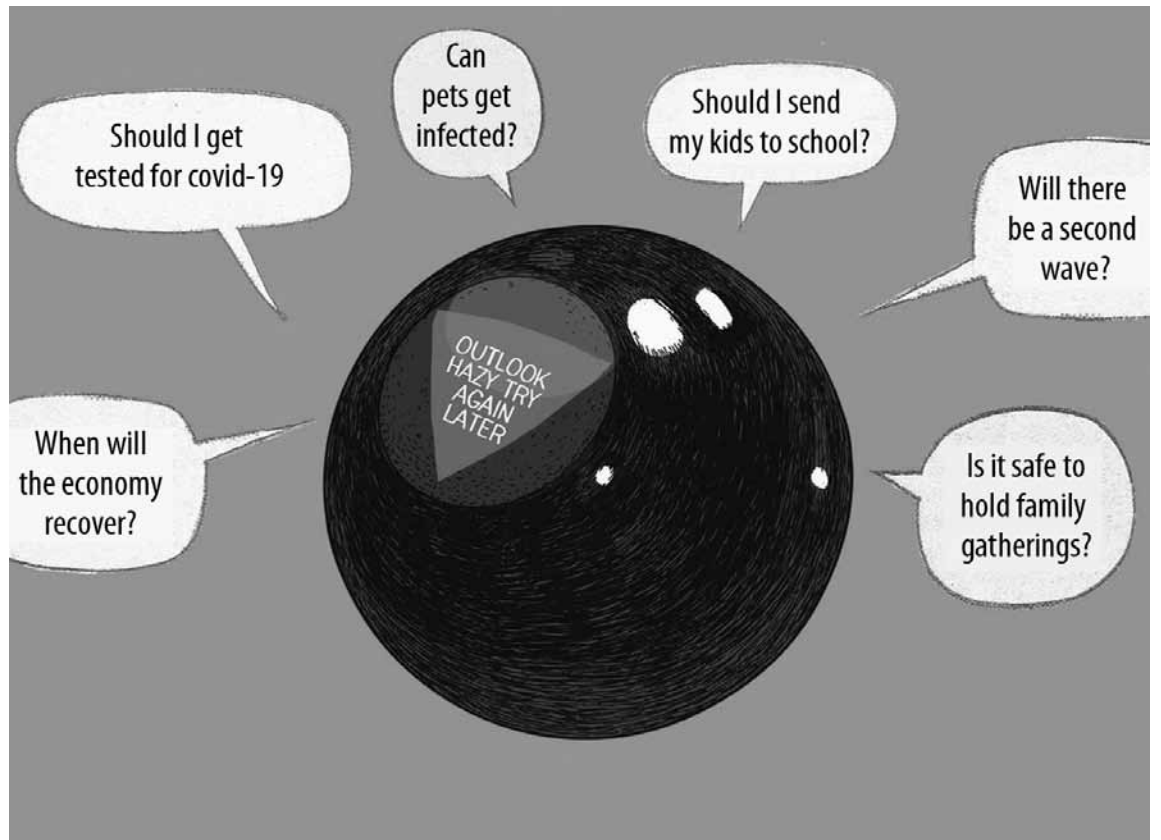
Is it just me or has the news been sounding like a Magic 8 ball for the past five months? “Concentrate and ask again,” “Ask again later,” “Better not tell you now,” and even “Outlook not so good.” It all seems pretty accurate to the level of uncertainty we have all felt.

How do we move forward in a time when the future looks like a grey haze? While challenging, there are steps we can take to improve our outlook and cope with the challenges uncertainty presents.

Control your information flow: Decide which sources you listen to and when to get your updates. Getting breaking news as it happens sounds like a positive, but being inundated with information can feel overwhelming. If

you curate which sources you use for information, you can better take in meaningful content. Try to avoid first thing in the morning. It’s better to allow yourself some time to reflect on your own feelings rather than jumping into the headlines.

Set realistic timelines: Taking things day by day can be frustrating. When we open up our minds to fill in the blank, we use worst-case scenarios. This negative thinking can spiral and create anxiety. So if explain-



ing what next year will look like feels like describing the dark side of the moon, don’t feel pressured into trying. Rather than dwelling on what might be, focus on what you can coordinate.

Set goals: Even with a lot of moving targets, there are elements we can control. Find internal goals like reading X number of books, trying new recipes, or increasing the number of times you walk around the block. Personal goals can help give you clear action steps and motivation. Positive accomplishments can boost morale and give you a sense of control.

Filter the situation: Breaking down big issues into something we can look in the eye helps us determine which action steps we can take. While there are a number of concerns as of late, getting caught up in every point can leave you diminished. Not to underscore the issues, but have you noticed a lack of pro sports or the cancellation of certain international conferences? Devote your emotional energy to what is most meaningful to you.

Be kind to yourself: These times are strange and have pushed us all to face challenges. Feeling frustrated, sad or concerned is OK and important. Suppressing or ignoring our emotions leads to bottling them up, rumination and negative self-thinking. Being kind will look different for everyone – a cup of tea, doing your nails, going for a run. But whatever it is, let yourself have those moments.

This year has been a ride. It is not clear how the remainder of 2020 will play out but we do know tomorrow is coming and just like yesterday, we will face it. There are bound to be more lessons to learn but we should all take a moment to celebrate that we have come a long way.



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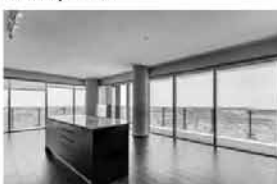
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Tony Stacey Centre

Celebrating health, diversity and strength with Caribana fest

By Melissa Elliott

This year has been challenging for us all but we have reason to celebrate. In mid-August, the Tony Stacey Centre was still without a single case of COVID-19, despite the overwhelming and devastating impact of the virus on other long-term care homes in the spring and early summer.

We continue to be diligent with our infection control protocols as we get used to our “new normal” here (masks, gowns, screening, physical distancing). We have slowly been adding recreational programs, encouraging visits from family and loved ones in a variety of ways, resumed dining in the dining room, and are focusing on quality of life for our residents. We have started to plan and prepare in the event that there is a second wave of COVID-19 in To-



With all the festivals being cancelled in the city due to the pandemic, Stacey Centre staff and residents decided to have their own outdoor, physically distanced Caribana party.

ronto, working even harder to keep the virus outside of our doors.

With all this hard work, it was only natural that staff and residents

felt like celebrating. Here, in the most diverse city in the world in one of the most diverse long-term care homes, we brought our own little

Caribana Festival to the Tony Stacey Centre! Many of our staff and residents would celebrate Caribana annually, and due to all the festivals being cancelled in the city due to the pandemic, we decided to have our own outdoor, physically distanced party on our beautiful front property.

It was sunny and hot on Thursday, August 13 as we enjoyed a live steel pan band, an ice cream truck visit, and delicious catering from our local Sunrise Restaurant. Staff and residents alike participated in creating signs recognizing their heritage. We celebrated our health, our diversity and our strength while having some well-deserved fun.

Melissa Elliott is the executive director at the Tony Stacey Centre for Veterans Care.

Stacey Centre seeking new board members

The Tony Stacey Centre is seeking new board members: a fundraising expert, someone with a financial background and someone with a legal background. The first two could be the same person.

The board is responsible for oversight and governance for the centre. Operations are managed by an executive team, including Executive Director, Operations Manager, Director of Care and the Board of Directors. Board members attend one two-hour meeting per month and help with committee work for fundraising, finance or events.

Background: the Stacey Centre was built in 1976 for Veterans and spouses. In 1995, it became a long-term care open to all with priority for Veterans, spouses and dependants. It has 100 beds but currently only 91 are occupied due to the pandemic. There are no cases of COVID at the centre but admissions are on hold. The plan for the future is to redevelop the centre to 192 beds and include retail and seniors rental units.

If you're interested in being a board member or have questions, please call Chair Vito Greto at 416-904-8191.

“We’re still standing” and as soon as it’s permitted to fully open safely, there will be celebrations. Namaste.



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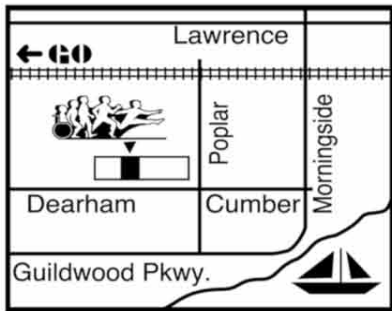
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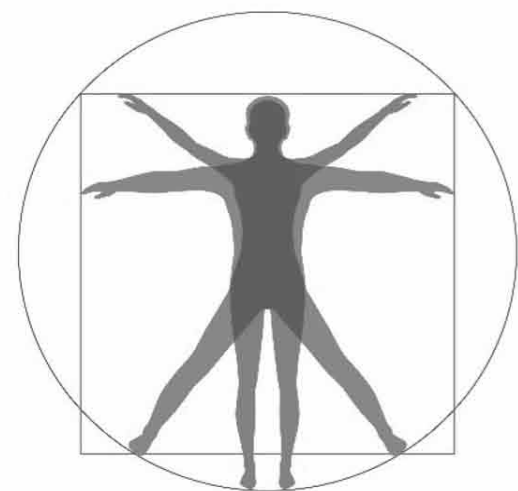
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Community

Centennial couple celebrates 70th anniversary this month

By Kathryn Stocks

Long-time Centennial residents June and Gayle Gibson will be celebrating 70 years of marriage this month. They married in 1950 when June was 22 and Gayle was 21.

The two had met when both were in Grade 9. “We go back a long way,” Gayle said. They attended different high schools: June went to Eastern Commerce and Gayle was at Danforth Tech. A friend introduced them and they said they were just friends at first.

But their friendship grew over the next seven years and they married on September 9, 1950. June said it rained earlier in the day but it stopped just before she went into Kingston Road United Church with her father. “It was beautiful for the rest of the day,” she remembered. The couple had their reception out on the patio at the Guild Inn and they said it was lovely.

They raised four children, one boy and three girls, and now they have 14 grandchildren and 13 great-grandchildren.

June was part of a large close-knit family – her mother had five sisters. Gayle built their house here in Centennial on the street where June’s parents lived, and they moved into it in December 1951. They raised four children there, one boy and three girls, and now they have 14 grandchildren and 13 great-grandchildren.

They’ve been happy living in this community and enjoyed raising their kids here. “We were never world travellers,” June said, although on their 40th anniversary they enjoyed a trip to Nashville. They also used to go camping in Florida for March break and later had a mobile home there for a few years.

Their 70th anniversary will not be a big event. They’ve always had large celebrations with their family in previous years, June said, but in 2020 “I think it’ll be just another day because of the COVID.” They will probably see their children, who have been very careful about protecting June and Gayle’s health during this pandemic.

Looking back on their time together, June said, “On the whole we’ve had a really blessed life and we have no complaints.” They have seen a lot of changes to this community over the years and June was happy to say that “it’s still a lovely area to live in.” But it’s busier now, Gayle added.

CCRA wishes June and Gayle all the best on their 70th anniversary. Even though it will “be just another day,” it’s still a significant milestone for a delightful couple.



June and Gayle Gibson were married on September 9, 1950, and had their reception at the Guild Inn. Gayle built their house in Centennial in 1951 and they’ve been here ever since.



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Port Union Library might have new role

The latest news is that the Toronto Public Library Board has approved that the Port Union branch be made available for the two school boards to use for additional classroom space. If the school boards accept this offer, the Port Union branch might not reopen until next June. The Highland Creek and Morningside branches are now open in this area. For more library information, go to tpl.ca.

Stage 3 Reopening

Return to playgrounds brings joy

By Denise Bacon

The reopening of the parks has been a boon for people of all ages. The sudden shutdown of playgrounds and all public recreation spaces in March due to COVID-19 caught everyone off guard. Suddenly, people were finding themselves cooped up at home and basically quarantined without really being mentally or emotionally prepared.

After almost five months, the parks were finally reopened on July 31 as Toronto entered Stage 3 of the province's reopening plan. They quickly became a place to gather with friends in open and safe environments. It was a welcome change from being home. Playgrounds became that forbidden fruit that was suddenly safe to eat and children of all ages came to enjoy.



Esme, Kelsey, Aimee, Ashhad and Daniel enjoy being able to hang out in Wanita Park again. Kelsey and Aimee aren't social distancing because they share a social bubble.

Daniel said he didn't do too much during the earlier part of the shutdown. The teenager spent time at home listening to music and doing online school work. Now that parks are open, "it's chill," said Daniel, who was having a great time with his friends at the park.

Kelsey said, "Being at the park gives me a sense of freedom and a change of scenery, especially after being home for so long during the pan-

dem. We get a lot of physical activity from playing spikeball! It's a 10 out of 10 for being with my friends!"

"Being quarantined for a long time affected mental health in a bad way," said Esme. "Coming out to the park with my good friends in a way has been therapeutic," she said as she enthusiastically played spikeball.



Katerina, 10 months

Mary is a proud grandma to Katerina and she brings her to the park whenever Mom and Dad visit. She is thrilled that the parks are now open for all the little ones. There is so much joy in seeing and hearing the laughter of children at Wanita Park again!



Madison, 6 (above), and **Ritson, 3** (right) just couldn't get enough of the playground! This was their first time out since the park barriers were removed as part of the Stage 3 reopening in Toronto. "I love the swings best," said Madison. She proudly explained, "I pushed my legs back and forth, back and forth all by myself! It was so much fun."



Their mom, Kimberley, had been keeping the kids busy at home with water fun in the backyard and online school for Madison until June. Regular visits to grandparents also kept the children busy in recent weeks. Now, playing in the park around the corner will be a regular outing.



Return to school brings concern

Whether or not to send children back to school is a difficult choice right now. We asked a few parents which way they're leaning.



Greg, Cameron, Tanya and Jasmine



Belize, Nicole and Ethan



Quintin, Darius, Trevor and Dawn

Still so much uncertainty

Jasmine Haughey, 15, is looking forward to going back to Wexford Collegiate School for the Arts and she hopes that her Grade 10 year will go well. When asked about wearing a mask all day, Jasmine said, "It will be hard for the first week, but we have to wear them. We'll get accustomed to it like everything else." Both mother, Tanya, and daughter are fairly comfortable with Jasmine's return to school.

On the flip side, brother Cameron's situation is quite different. Cameron, 11, would like to go back to St. Brendan (Grade 6) to see his friends, but Tanya and her husband Greg are still unsure. "We are leaning towards sending Cameron back, but we change our minds every day!" Tanya said. "Cameron's class will have 28 students and I'm highly concerned. I've already told their grandparents to visit with the kids now because once school starts I don't think they'll be seeing them again for awhile."

Tanya knows of a few parents who will be keeping their elementary children home, but the majority will be sending them back. "There is still so much uncertainty and so much that is unknown right now," she said.

When we got on the topic of school supplies Jasmine chimed in, "I will have my usual school supplies but also an extra face mask, tons of hand sanitizer and wipes."

Going back to school and daycare

Nicole is looking forward to her big boy Ethan, 4, going to school in September. "Ethan is a social kid and his personality is to be with other kids," Nicole said. "He has a good track record with good health." She is a little more concerned about little Belize, 2, going back to daycare in September since Belize has a greater tendency to pick up any bug going around. Both children will love being back with other kids and having a regular routine. Mom and Dad will benefit from this, too, after so much time around home keeping the children occupied.

Nicole feels that the greater health risk from the kids going to school and daycare is for her and her husband, more so than for the kids. She plans to continue with weekly family visits, including with Grandma. "Of course, we will be even more careful about hand washing and sanitizing habits to keep Grandma safe, especially."

Nicole's sentiment was that the COVID-19 virus is out there but the incidence of it remains small in Ontario. Overall, sending the kids back to school and daycare is a calculated risk and there needs to be trust in public health guidance, the school board and daycare doing their part to keep kids safe.

Hoping for a better plan soon

Like many parents with school-aged children, Dawn D'Sa and Trevor Crawford have had to figure out how to continue to manage their full-time businesses while staying healthy, supporting extended family and trying to keep their two boys engaged with online learning. They said they would love for the kids to return to school but they still need to feel comfortable with a safe in-school plan, which is not available yet. They're keeping an open mind and hope to receive a better plan soon.

They said their decision to let Quintin go into Grade 7 at Joseph Howe and Darius to go back to Centennial Rd. in Grade 4 really depends on the final pandemic plan from the school board. If the schools are unable to apply WHO recommendations such as reduced class size and other protocols, they said they would be forced to figure it out again.

Trevor and Dawn believe that the teaching and admin staff will do their best, but it's imperative that families prepare their kids to follow public health guidance. They don't think we should underestimate the ability of kids to understand the steps to follow for safety. They also hope to see creative solutions such as increased outdoor instruction. For Dawn and Trevor, the most critical thing is the ability to quickly react to outbreaks that do happen.

Trustees

TDSB Trustee Anu Sriskandarajah



to cover the full cost of more teachers, but the TDSB has stepped up with substantial new funding. We would have liked to provide even more funding to hire more teachers and bring class sizes down further but the Board is already spending millions in reserves.

Toronto Public Health has identified some communities as being at a higher risk for contracting COVID-19. Schools in these communities will have JK/SK classes capped at 15 students, while Grade 1 to 8 classes would be capped at 20. In all other schools, JK/SK classes would be capped at 26, Grade 1 to 3 classes would be capped at 20, while Grade 4 to 8 classes would be capped at 27.

For virtual school (or remote learning), students will be taking part in live online learning throughout the day and see class size caps of 29 in JK/SK, 20 in Grades 1 to 3 and 35 in Grades 4 to 8. To achieve these class sizes, the TDSB has used money from TDSB reserves (\$29.5M), the Ministry (\$6.3M), and the regular TDSB budget (\$2.9M). This approach balances the urgent need to spend additional funds to lower class sizes, but doesn't get the board into financial trouble in the years ahead by using too much of those reserves, much of which are set aside for employee benefits.

Update on reopening plans

Please note that plans are continuing to evolve and these updates are accurate as of August 20.

Given the amount of time we'll need to prepare for the return to school, the decision was made to move the first day of school (for elementary, secondary and virtual school) to Tuesday, September 15 at which point we will stagger the entry of grades over a few days.

We heard from parents that they want smaller class sizes and trustees approved more than \$30 million in funding to enable staff to develop a plan that will see the hiring of an additional 366 teachers and the redeployment of 400 central teachers to lower class sizes to help improve safety in our schools.

We're disappointed that the Ministry of Education did not provide funds to the TDSB

TCDSB Trustee Garry Tanuan



Welcome back parents and students from a well deserved summer break! Although the return to school may

look and feel a little different this year, be assured that our goals and commitment to providing the best possible education in a safe and meaningful learning environment, is our number one priority. Administrative staff and teachers will be trained on best practices and protocols to ensure the safety of everyone in a school setting. At TCDSB we transform the world through witness, faith, innovation and action, and now more than ever these words must resonate through our every action.

As you know, the return to school for September is an evolving situation and together with the Ministry of Education, Ontario Premier and our fellow school boards, we are doing our utmost best to keep our stakeholders up to date.

For recent updates on the reopening of school as well as frequently asked questions, refer to: <https://www.tcdsb.org/FORPARENTS/Pages/default.aspx> or at: www.tcdsb.org/covid19.

2020 TCDSB Top Scholar for Ward 8



Samantha Wong

Congratulations to Samantha Wong on this major accomplishment! A graduate of Francis

Libermann Catholic High School with an overall average of 98.67 percent. We wish her all the best in her studies at the University of Toronto Scarborough, and look forward to watching her continue to succeed in years to come.

Director of Education



Dr. Brendan Browne

We are pleased to announce the appointment of Dr. Brendan Browne as the new Director of Education, effective September 1, 2020. He joins us from the Toronto District School Board (TDSB), where he most recently served as an Executive Superintendent.

At this time, we want to acknowledge Rory McGuckin's lifelong contributions to the success of our Board as Director of Education in recent years, and throughout his 36-year career with the TCDSB, and wish him all the best in his retirement.

As always, stay in touch with new and ongoing events at: www.tcdsb.org





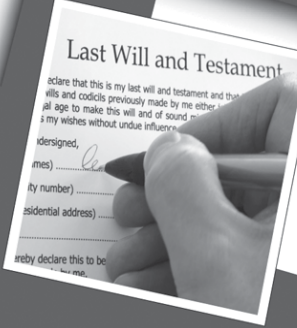


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Pick up a paper on World News Day

By Kathryn Stocks

World News Day will take place on Monday, September 28 this year. This is an annual global event to remind people that real news matters and it's an essential part of a healthy democracy. While we here at Centennial News don't claim to be "news" per se, we do realize the value of providing reliable information to the community.

We'd like to encourage everyone to pick up a paper or start a subscription on September 28. This is a tough time for newspapers as most have lost a large chunk of their advertising revenue at the same time as news about the pandemic has made their product more vital than ever. Toronto has four daily papers. Find one you can support and pick it up on World News Day – or any day, really – to help keep the Fourth Estate in Canada vibrant and strong.

Councillor Jennifer McKelvie

Working hard to build safe communities



Some of the safety elements for the city's Vision Zero action plan include municipal speed cameras, "WHO! SLOW DOWN" signs, more "watch your speed" driver feedback signs and lower speed limits. In school zones, this also includes flashing beacons on school zone signs and stencils on the pavement.

I hope you were able to find ways to stay connected this summer with family and friends while physically distancing. Like you, I was sad that the Port Union Waterfront festival had to be cancelled due to COVID-19 this year, but I have been so impressed with how our community has come together to support each other during this difficult time. I would like to thank all the residents in Centennial for participating in car parades, volunteering and donating to our local agencies.

Back to School – Vision Zero

The city is working to ensure the safety of all pedestrians under Vision Zero, especially children and youth as they travel to and from school.

Vision Zero is a comprehensive five-year (2017-2021) action plan focused on reducing traffic-related fatalities and serious injuries on Toronto's streets. Some of the safety elements include lowering speed limits, installing more "watch your speed" driver feedback signs and automated speed enforcement. In school zones, this also includes flashing beacons on school zone signs and school zone stencils on pavement.

In Centennial, an automated speed enforcement camera has been installed on Charlottetown Blvd. This system uses a camera and a speed measurement device to detect and capture images of vehicles travelling in excess of the posted speed limit.

Each image is reviewed by a provincial offence officer prior to issuing an offence to the owner of the vehicle. Upon conviction, the only penalty is a fine – no demerit points will be issued and there will be no impact to the registered owner's driving record. The intention is to slow drivers down.

Our office is also distributing "WHO! SLOW DOWN" signs. If you would like one, please call or email our office to request a delivery.

Port Union Road Update

I am pleased to update you on the continued progress related to the Port Union Rd. expansion project. To date, the pre-engineering, subsurface utility investigation, arborist report and exploratory digging to confirm the location of Enbridge infrastructure have been completed. In August, the province began the required work on the Port Union Rd. bridge over

the 401. This includes bridge rehabilitation and steps necessary to accommodate the city's road widening.

Related stakeholders have also started their work. Rogers is planning to commence utility relocation by the end of August, expected to take approximately three months. Enbridge will use the findings of their exploratory digging to determine where the gas main needs to be relocated to satisfy the road widening alignments. Toronto Hydro is working with the city on a plan to relocate their infrastructure.

My office continues to follow this project closely. City staff are completing the detailed design and are finalizing the alignment of the road to the west, which eliminates the need for property acquisition, and implementing wider sidewalks and bike lanes along the entirety of the corridor, consistent with new design guidelines.

We will continue to keep you informed about this project, and will host a virtual information session once a detailed design is completed later this year.

Keeping in Touch

We continue to work for you during COVID-19. We can be reached at 416-338-3771 or councillor_mckelvie@toronto.ca. We can also meet with residents at our constituency office by appointment. To keep up to date with local news, please sign up for our e-newsletter at www.jennifer-mckelvie.ca and follow me on Facebook, Instagram & Twitter at [@McKelvieWard25](https://www.facebook.com/McKelvieWard25).



Scarborough's New View photography contest

On #WorldPhotographyDay on August 19, Mayor John Tory announced the launch of the Scarborough's New View photography contest in partnership with Scarborough Arts. The City of Toronto and Scarborough Arts are calling upon new and experienced photographers to take their best photos of people, places and things in Scarborough.

Until September 30, contestants are encouraged to post their photos to Instagram or Facebook with the hashtag #scarboroughphoto to enter. Contestants can enter more than once for their chance to win. Contest details are available at www.scarborougharts.com/aneview.

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MPP Vijay Thanigasalam

Scarborough-Rouge Park community is more resilient than ever

Everywhere I go, I always tell people that Scarborough-Rouge Park is one of the strongest communities in all of Ontario. Throughout this pandemic, I have witnessed the kind hearts of residents helping each other out and making sure we get through this together. The Scarborough-Rouge Park community has embodied and truly represents the Ontario spirit we talk so much about. It is that resiliency and generosity that has enabled us to get to the point where cases of COVID-19 have been steadily decreasing and we can start getting back to 'normal' life, while ensuring we follow health and safety measures set out

by the province. I know that many parents and kids are anxious about what the back-to-school plan will look like, so I have outlined some details below. Furthermore, many of you have also reached out to my office regarding the proposed organics plant on Coronation Rd. and I have provided an update below.

Proposed plant on Coronation

First and foremost, the health and safety of my residents is my number one priority. The Ministry of Environment, Conservation & Parks' role in the review of this application

is to ensure the proposed Coronation Organics Processing Centre and Anaerobic Digester Facility does not impact the health and safety of the public and the environment, including on-site truck traffic and any potential emissions from the site (air, noise, dust, sewage discharges). The ministry expects that the City of Toronto will also review the traffic study, as decisions on whether this is an appropriate activity for this area is the responsibility of the city. The municipal official plan and zoning by-laws allow for this type of operation at this site and the ministry does not have a role in those decisions. Questions about the city's receipt of the study and timelines for reviewing it should be directed to City Manager Chris Murray (chris.murray@toronto.ca).

I have received numerous emails from constituents and I want to assure you that I have expressed these health and safety concerns with the ministry. The ministry has collected all the comments received through the posting on the ERO as well as emails and letters that were sent. All comments received will be considered, along with the additional reports submitted by the company, when the ministry undertakes their review of the application.

Masks for seniors

If you are a senior in urgent need of masks, please reach out to my office by email at vijay.thanigasalam@pc.ola.org or call 416-283-8448. We will try our best to get you some.

Safe reopening of schools

Let me assure you that the safety


of your children is our government's number one priority. Our government's plan for the safe reopening of school for students, staff and school communities this September prioritizes student health and safety, provides school boards with unprecedented resources and flexibility to implement this plan.

To support the reopening of schools in September, the government is investing over \$300 million in immediate investments to maximize the safety and well-being of Ontario's 2 million students. Here are some of the details: \$50 million to hire 500 nurses in schools; \$50 million in Personal Protective Equipment for students and staff, \$75 million to hire over 1,200 custodians, procure cleaning supplies and promote hand hygiene.

As always, our government respects parents' choice and therefore parents will have the choice of whether or not their child will attend school in-person. Meanwhile, school boards will ensure remote learning is available for all students.

If you have any questions or concerns regarding your child's education, please reach out to my office at 416-283-8448 or email us at the address below.

Subscribe to our mailing list by emailing your contact information to vijay.thanigasalam@pc.ola.org. You can also stay updated by visiting: www.covidsupports.ca/rougepark/ to learn how the provincial and federal governments are supporting Ontarians during these challenging times. Please continue to stay safe.



VIJAY THANIGASALAM
MPP, Scarborough-Rouge Park

CONSTITUENCY OFFICE | 8130 Sheppard Ave. East, Unit 105, Scarborough, Ontario M1B 3W3
(416) 283-8448 vijay.thanigasalamco@pc.ola.org

HOW WE CAN HELP YOU

Please contact my office at (416) 283-8448 or vijay.thanigasalamco@pc.ola.org

if you need help with any provincial matters such as:

- Marriage, Birth, or Death Certificates
- Family Responsibility Office
- Ontario Student Assistance Program (OSAP)
- Ontario Disability Support Program (ODSP)
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- Health Care Issues
- Education Issues
- Senior Services

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Service Ontario	416-326-1234	Toronto Hydro	416-542-8000
ODSP/Ontario Works	416-397-1000	WSIB	416-344-1000

CCRA treats Tony Stacey staff



CCRA had a pizza day on June 23 for staff at the Tony Stacey Centre. Fifteen pizzas were delivered "contactless" to the doors of the centre and it was enjoyed by all!

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MP Gary Anandasangaree

Ensuring Canadians remain safe and healthy

As the Canadian economy begins to gradually restart, the Government of Canada remains committed to working closely with our provincial, territorial and municipal counterparts to ensure Canadians remain safe and healthy, and have access to the support they need during these challenging times.

Safe Restart Agreement

On July 16, Prime Minister Justin Trudeau announced a federal investment of more than \$19 billion to help provinces and territories begin to safely restart their local economies over the next six to eight months, and make our country more resilient to potential future waves of the virus.

This Safe Restart Agreement includes investments in seven priority areas:

- Helping municipalities deliver key services (\$2 billion + \$1.8 billion for Public Transit);
- Increasing testing and contact tracing (\$4.3 billion);
- Additional support for provincial and territorial health-care systems, including challenges related to mental health, substance abuse and homelessness (\$1.2 billion);
- Securing personal protective equipment for frontline health-care workers and businesses (\$7.5 billion);
- Supporting the most vulnerable, including seniors in long-term care facilities and nursing homes (\$740 million);
- Ensuring safe childcare is available so parents can return to work (\$625 million);
- Supporting people who do not have paid sick leave (\$1.1 billion).

Disability Tax Credit, One-Time Payment

Although this pandemic has impacted all Canadians in one way or another, it has disproportionately affected some groups, notably Canadians with disabilities. From the beginning of the crisis, our government has taken a disability-inclusive approach to our emergency response.

Although we faced interference from opposition members, our government was finally able to put forward legislation that will provide a one-time, tax-free payment of \$600 for Canadians with disabilities.

The deadline to apply for this payment is September 25. For more information and for assistance applying, please do not hesitate to contact

my office (details below).

Office Reopening

As Scarborough-Rouge Park begins to reopen, so too has our office. Earlier in July, our office began resuming services in order to further serve the residents of Scarborough-Rouge Park. A number of new measures have been implemented to ensure the health and safety of all constituents and staff, including the wearing of a mask by all parties inside our office.

Our updated hours are Monday to Friday from 10 a.m. to 4 p.m.

For more information, and to schedule an in-person appointment,

you can contact our office via email or phone. Email: Gary.Anand@parl.gc.ca Phone: 416-283-1414

On a final note, I would like to thank the Centennial community for your continued efforts to slow the spread of COVID-19 and enhance the spread of joy and positivity throughout our community. From graduation car parades to countless volunteers stepping up to support those in need, the very best of Canada continues to shine brightly in Centennial.

As always, I encourage you to reach out to my office if we can be of any assistance.



Whether it's over the phone, via email, videoconference or now by appointment, the office of MP Gary Anandasangaree continues to support the residents of Scarborough-Rouge Park.

For the latest information on prevention, being prepared, and travel health advice, visit

canada.ca/coronavirus

or call

1-833-784-4397

My team and I are here to support you with any federal issues through the Coronavirus (COVID-19) outbreak

Please contact
416 283 1414
Gary.Anand@parl.gc.ca



Gary Anandasangaree
Member of Parliament
Scarborough-Rouge Park



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Community

Gradual reopening for Port Union Community Centre

By Kathy Rowe

The Port Union CC reopened its front doors in mid-July and on August 17 the fitness centre opened up as well. Unfortunately, the library remains closed until further notice.

If you wish to learn details regarding the rules and use of the fitness centre, please call 416-396-4033. Building hours are currently reduced to five days a week, 9:30 a.m. to 5 p.m., but those times will likely change after Labour Day. Rob McMulkin, Community Recreation Programmer at the centre, is hopeful that limited drop-in programs for seniors will begin following Labour Day. Although card playing will not be permitted, activities

that can be done with physical distancing may return.

The fall Fun Guide is being revised (available online beginning August 31) to accommodate COVID-19 restrictions as per the public health guidelines. Classes will be modified to comply with the guidelines and provincial restrictions. Registration for fall programs will begin on Saturday, September 12. Go to www.toronto.ca for further information about what to expect at recreation centres across the city.

Please drop by and ask your questions (don't forget to wear your mask!) or give the main office a call at 416-396-4031.

New normal means outdoor Scout meetings

By Tracy Forsyth

Traditionally, this is the time when we share 2nd Highland Creek Scouting Group's exciting events of the summer. The Scouts had their traditional camping trip planned at Haliburton Scout Reserve and the Cubs were planning to attend the Canadian Cub Jamboree in the Grand River area in Ontario. However, those plans changed and both events were cancelled this summer due to COVID-19. Both groups are eagerly looking forward to these camps in 2021.

Scouting this fall will look very different. With new normal policies from Scouts Canada and also the TDSB, we will be having all our meetings outdoors and not in the school gym as we have traditionally. We accept these challenges of the Scouting New Normal and look forward to the new adventures ahead. Follow our adventures on our Facebook page 2nd Highland Creek Scouting Group.

2020 is the 65th Anniversary of 2nd Highland Creek Scouting Group. Over the coming months we will share a look back at moments from our group's history.



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Highland Creek

Residents react to eight-storey condo development plan



The proposed condo development at Military Trail and Kingston Rd. has stirred up discussion in Highland Creek.

By Annoj Thavalingam

On June 13, the Highland Creek Community Association launched an online survey to gauge how local residents feel about upcoming property developments in the neighbourhood. In particular, the survey centred around the proposed development of twin eight-storey condominiums by Atree Developments along the Highland Creek ravine at Military Trail and Old Kingston Rd. Environmental and traffic concerns, among others, stood out to the HCCA, and we were keen to hear how residents felt as well.

Over a span of seven weeks, 431 respondents offered their opinions and feedback on our survey. The results revealed the majority of respon-

“We need growth in Highland Creek but not at the expense of our unique and beautiful community.”

dents to be unsupportive of developments that detract from the heritage nature of the community.

Ninety-one percent of respondents felt that eight-storey buildings are too high for the community. Eighty-eight percent worry about the increased traffic congestion that will accompany property developments. Current residents, many of whom

are long-standing members of the community, would like to see public consultations held. They would serve as a means of being informed on development plans, but also provide a forum for constructive feedback. Indeed, there is a very real concern that the COVID-19 lockdown is being exploited to fast-track important decisions that may irreversibly impact residents without their say.

The following is a broad sampling of survey respondents’ comments:

“I’m concerned about traffic access from the west into the development, and increased traffic and speeding along Military Trail, which continues to be a problem.”

“Senior rental apartments are

needed desperately in the area and definitely not units under 1,000 square feet. [There] needs to be one- or two-bedroom units for older adults who love the area and wish to stay.”

“As a young single person who loves this community, it is exhausting to be constantly excluded and pushed. This type of housing is exactly what Highland Creek needs to support ALL people to be a part of our community.”

“The community doesn’t have the infrastructure to support a higher density.”

“Too many empty stores and would like to see revitalization in the village... We need to bring in population density so stores in the village can survive.”

“We need growth in Highland Creek but not at the expense of our unique and beautiful community.”

Community surveys are effective and highly accessible tools that capture the diverse opinions of our community members. The full results of our survey on property development will be published in the August issue of The Villager, so I encourage you to find yourself a copy, or read it online at <https://www.myhighlandcreek.org/the-villager.html>

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Toronto Zoo

You'll find lots to see and do at the zoo these days



This little Bactrian camel was one of the many offspring born at the zoo this spring.

By Wanda Wierzbicki

It is hard to believe that summer is almost over and fall is just around the corner. A few months ago, I was sure that life would soon be back to normal, but it appears that it will be a “new normal” for quite some time. This “new normal” includes travel restrictions, meaning many families are looking for something interesting, educational and exciting to do. The Toronto Zoo is a great option. You can see the animals from the walking paths or from the comfort of your own car. You can visit during the day or check out Terra Lumina at night. The options are endless.

The Scenic Safari is still available. This is a great option for those looking for some adventure but prefer to drive through the zoo in their own car. The Scenic Safari comes complete with a zoo-keeper podcast commentary.

Terra Lumina is back. Introduced this past winter, Terra Lumina was a great success until COVID-19 shut down the zoo. It is a multimedia sound and light experience along a 1.5 km walking path.

When my husband and I visited in mid-August, we chose the “path less traveled by” (apologies to Robert Frost), and took the opportunity to go down to the Canadian Domain. We were lucky to see two active grizzly bears as well as

two moose being fed.

This is also a great time to see a number of baby animals that were born this year. Amani, the Masai Giraffe, is the most well-known. There is also a female Bactrian camel, born to mom Suria and dad Zip. Bactrian camels have a 13 to 14 month gestation so it's not surprising that this baby weighed 45 kg! Suria and her calf are currently in the Bactrian Camel Habitat in the Eurasia Wilds area.

Winnie, the Przewalski's horse, gave birth to a male foal. The foal is the 25th Asian wild horse to be born at the zoo. Przewalski's horses are the only truly wild horses left in the world and they are currently viewable from the Scenic Safari.

Ila, the 2-year-old red panda, gave birth to two cubs earlier this summer. Sadly, one of the cubs died but the remaining cub continues to do well. The red panda is native to the eastern Himalayas and southwestern China.

Of course, you can't miss the eight Arctic wolf pups born earlier this year. There are six male and two female pups. The wolves can be seen from the Tundra Trek.

There is a lot more to see and do at the Toronto Zoo, but be sure to check the zoo's website before visiting to ensure you have the most up-to-date information.

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CCRA Reports

Memberships make CCRA stronger



By Denise Bacon

While we all must remain vigilant to keep ourselves safe from COVID-19, CCRA continues to be actively engaged with the Centennial community to ensure that we retain, maintain and enhance our little piece of paradise in the GTA. This issue of Centennial News includes some of CCRA's activities and advocacy on behalf of Centennial residents.

CCRA works because of membership. The greater the number of members within CCRA the stronger is our advocacy. Politicians at all levels, planners, police and developers listen to CCRA's concerns more intently when we have strong membership.

Thank you to the many residents who purchased memberships so far in 2020! The pandemic prevented a door-to-door campaign, so CCRA is completely dependent on the goodwill of residents to take the initiative to join.

Please join CCRA now for 2020 if you haven't done so yet. The membership fee is \$15 per year for the entire household. You can join CCRA online at www.ccranews.com or by sending in the membership application form on this page.

Distribution is often a family affair



By Wanda Wierzbicki

Welcome back! It's hard to believe the summer is almost over and fall is around the corner. At this time I want to thank the following individuals: **Lois and Hal Stuart**, long-time residents and volunteers who are moving out of the area; **Karen Gravitis** who is retiring after many years of service; as well as **Megan Cheung** and **Jacob Schnell** who are moving on to university. Your help and dedication are much appreciated. We wish you all the very best.

Welcome to **Jonathan Cheung**, Megan Cheung's brother, who is attending Sir Oliver Mowat and who has volunteered to continue to distribute the routes. CCRA distribution is often a family affair.

There are a few routes available:

- Bonacres / Brigadier – 56 homes
- Col Danforth #30 to 80 – 32 homes
- Tilley #58-82 – 25 homes

Please send an email to distribution@ccranews.com if you are interested in distributing one of these routes.

Mary Johnson

Cam Johnson let me know that his wife Mary, a long-time CCRA distributor, passed away on August 23 after a brief and courageous battle with cancer. On behalf of the CCRA Executive and the distribution team, I extend our deepest condolences to Cam and family. Mary will be greatly missed.

Your 2020 membership supports Centennial events

CCRA 2020 Membership Form

It's easy to join or renew your membership. Complete this form, then mail or drop off with your annual household fee of \$15. To join online, go to www.ccranews.com and select **Join CCRA** to pay with credit card or PayPal.

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- I support the work of CCRA & have added my donation for \$ _____. Total amount enclosed is \$ _____
- I am interested in distributing newsletters in the Centennial community (10 issues per year). Please contact me.
- I am interested in volunteering at CCRA events. Please contact me.
- I would like my business listed in the Business Directory on ccranews.com. Please contact me with more information.

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It's been a very busy summer for us! If you are interested in any of our listings, you can visit the virtual tours at www.HeatherLemieux.com.

As always if you have any questions, please feel free to contact us ~ We are here to help!

Heather, Gabby and Ross


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CCRA News accidentally put Heather Lemieux's April ad into the June issue instead of her June ad. We regret the error.

Eating Well

Summer fruits and veggies are at their best in September

By Kathryn McLean

As we enter September, our minds turn to back-to-school and apple picking. We decorate with fall mums and ready ourselves for the sporadic autumn weather, not unlike the unpredictable days and weeks of spring. The days are noticeably shorter. Sweaters and light jackets replace the sunhats and flip-flops by the door.

Some of us are looking ahead to Thanksgiving and the traditional fall bounty: roasted squash, mashed turnip and apple crumble. Pumpkin pie! Decorating with gourds and hay bales and pumpkins.

But many Ontario-grown fruits and vegetables that we think of as summer foods are not only still available, but are really at their best.

We have a short summer for growing outdoors: there are not too many hot, sunny days for farms, fields and backyard gardens. That means most vegetables aren't planted outdoors until the ground is warm enough in late May, and many plants need



a minimum of two months soaking up the sun and rain before they start producing. This includes juicy, ripened tomatoes, large, dark eggplants, and peppers of all shapes and colours, hot or sweet.

Have you heard the expression, "what grows together, goes together"?

September is a great time to take advantage of what grows together.

Try making a salad of tomatoes, peaches and corn cut from the cob. Add peppers and cucumbers if you have them. Then serve it outside on one of the beautiful warm September days ahead, enjoying the last of the sun and the last of the "summer" produce.

Herbs and lettuces continue to grow into the fall, as well as many sturdier vegetables such as cauliflower-

er, broccoli, carrots, bok choy and cabbage. Why not mix and match those, too? Cabbage or bok choy, carrots and broccoli go well together in a stir-fry or a fresh slaw.

And apples are coming into season. Add a crisp Ontario-grown apple to the slaw. If you're going apple picking you're bound to pick more than you know what to do with, and any variety will work, especially ones that are a little tart like Mutsu or Macoun.

Apples and pears are a delicious part of autumn. Squash soup and pumpkin pie have their place, too. But where root vegetables and imported produce can withstand storage, summer items such as tomatoes, melons, peaches and beans won't taste any better than they will right now.

I'll be serving (and eating!) as much of the late summer tomatoes and beans as I can get. You should, too.

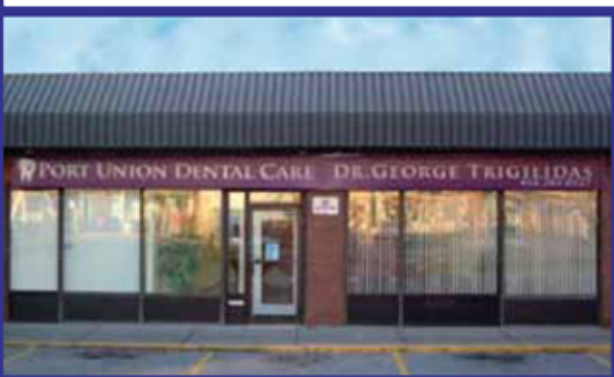
Kathryn McLean is a local food writer and recipe developer. Visit her website at allfoodthoughts.com



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