



Centennial News

A publication of the Centennial Community and Recreation Association

Bench dedication for Jeff Forsyth



Top left: Jeff Forsyth, Kathy Rowe and Jeff's wife, Carolyn, read the plaque on the bench dedicated to Jeff. Middle: Jeff joins current CCRA president Kathy Rowe and past presidents Jennifer McKelvie, Gay Cowburne, and Sue Mallinson. Bottom: Guests at the event. Above: Jeff enjoys the view. Photos: Mike McCabe

By Kathy Rowe

Something very special took place along our Port Union Waterfront Trail on Saturday, October 11. Jeff Forsyth, CCRA's formidable past president, was presented with a commemorative park bench in his honour.

This was on Thanksgiving weekend, and how fitting was that! Thirty invited guests gave thanks to Jeff for his 40 plus years of volunteerism and dedication to the Centennial community.

The bench, which is the first bench on the north side of the trail just west of the underpass, was installed at CCRA's request. It is the community association's way of honouring such an extraordinary volunteer. Here is the inscription on the plaque: *Jeff Forsyth. A dedicated leader who shaped the Centennial Community and brought this trail to life. Thank You, CCRA, 2025.*

More than 75 years ago, CCRA's founding president, Bill Dempsey, put forward his many plans for the community named Centennial. Bill's most ambitious vision was to create a way that would allow residents to have access to the waterfront. This vision was supported over the years by politicians, engaged residents and CCRA leaders.

Jeff Forsyth, who held the role of CCRA president for 14 years between 1982 and 2015, was a key player in the creation of the waterfront trail. Over several years Jeff gave countless hours of his time to the Waterfront

Trail Committee in order to bring an accessible trail to our community and beyond.

His efforts and the efforts of others involved with this enormous project cannot be overstated. Its beauty is witnessed and enjoyed daily by wildlife, walkers and bike riders from all over. Even out-of-area GO train riders have remarked on the picturesque beauty of the trail to their friends in Centennial.

The unveiling of Jeff's well-deserved bench was a beautiful event. Warm-hearted speeches were given by past presidents MP Jennifer McKelvie and Gay Cowburne as well as members of Jeff's family.

Certificates of recognition from Mark Carney and MP Gary Anandasangaree were presented to Jeff by MP Jennifer McKelvie and Daniel Baskar (Gary's representative). MPP Vijay Thanigasalam also spoke of Jeff's contributions.

It was a cool breezy morning, but the clouds parted just in time for the speeches and presentations. As the event came to a close, all attendees were given a single long-stemmed rose and a celebration cupcake.

Many thanks to CCRA event coordinator Karen Dias who took great care with all of the details for this memorable event.

I encourage residents to visit Jeff's new bench while walking along the trail. Please take the time to rest there and read the plaque. As you do this, I hope you will quietly thank Jeff for his efforts, which made the Waterfront Trail the jewel of Centennial's crown.

New councillor is guest speaker at our AGM on November 20



Scarborough-Rouge Park Councillor Neethan Shan

By Kathy Rowe

The CCRA will be hosting our Annual General Meeting at the Port Union Community Centre on **Thursday, November 20 at 7:30 p.m.** We encourage residents to attend and learn about what CCRA's board members have accomplished over the past year on behalf of Centennial.

Our guest speaker at this year's AGM will be Councillor Neethan Shan. Come and listen to his thoughts and ideas about our community.

This is an important opportunity for residents who may be interested in joining our board. Fresh ideas and leadership are important to our organization as we continue to be the voice of this community into 2026.

Please note that our AGM is not a town hall meeting. Should attendees have issues to raise with our councillor, please contact him outside of the AGM. He can be reached by email at Councillor_Shan@toronto.ca.

We look forward to seeing you on Thursday, November 20.



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Publishing Policy

CCRA Centennial News invites submissions of articles, signed letters, art and photography from Centennial community members and all elected representatives. We will consider all submissions for publication that are information-based and relevant to the community. Not-for-profit and community groups are also invited to submit event listings to be published free of charge, space permitting. CCRA Centennial News reserves the right to decline material considered to be unpaid advertising, politically partisan or likely to offend. CCRA reserves the right to edit all submitted material. The opinions expressed in CCRA Centennial News do not represent the views of the CCRA Executive. All submissions will be considered for both print and online publication unless otherwise instructed by the author. CCRA will notify all authors prior to publication.

To be published in CCRA Centennial News, articles must reach the Communications team by the 15th day of the preceding month. To submit an article or suggest a story, please contact any member of the Executive by phone, or by e-mail to editor@ccranews.com.

Mailing address:
Centennial Community & Recreation Association
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Advertising

Looking for new customers?

Nearly 5,000 copies of CCRA News are delivered, for free, to homes and businesses throughout the Centennial community and surrounding neighbourhoods. In addition, all ads appear in the online version of CCRA News, so you know your ad will reach customers.

Ad choices available include full page, half page, quarter page, banner and business card sizes. Ask about premium placement. To get your Ad in an upcoming issue, email Jill MacMillan at advertising@ccranews.com.

Notice to Advertisers

Advertising copy must reach the CCRA no later than the 10th day of the preceding month for publication. Files should be in high resolution PDF, TIF, EPS or JPG format for best results. Please e-mail your advertisement to Jill MacMillan at advertising@ccranews.com. Cheques in the correct amount are to be addressed to "CCRA" and deposited in the CCRA mailbox at 5450 Lawrence Ave. East, in the Port Union Recreation Centre. **It is the advertiser's responsibility to advise CCRA of any problems with an advertisement before the 20th of the month in which the ad appears.** For more about advertising, visit www.ccranews.com/advertising

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Toronto Blue Jays in World Series



Blue Jays are Canada's team

By Don Lawrence

It's been 32 years since the last time the Toronto Blue Jays played in the World Series. It's an experience most get to witness only once or twice in a lifetime.

The Rogers Centre has been boisterous during the playoff run, especially when George Springer stepped up to bat and hit one of the biggest home runs in Jays history, launching the team into the 2025 World Series. The roar was not only heard at the Rogers Centre, but across the country.

Seven months ago, not much was expected from the Blue Jays. But as the season progressed, they became one of the best squads in major league baseball. Meanwhile, American threats of making Canada the 51st state, unfair tariffs, and the fact we don't like being pushed around encouraged us to rally around Canada's team more than ever before, especially as their winning momentum took hold. Love grew for our boys of summer – now the boys of fall – and it all felt good.

As I write this on October 27, anticipation is high. Canada's team is tied at one win each with the Los Angeles Dodgers, the team with the highest payroll in the history of baseball and the 2024 World Series Champions. However this 2025 World Series ends, the memories will live on.



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Sunday November 23, 2025
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President’s Message

Lots of bazaars and craft fairs happening this month

By Kathy Rowe

Although it has come a bit late in the season, the cooler weather has arrived. November will be a busy month for the CCRA with our community Pumpkin Parade on November 1 and our Annual General Meeting on November 20.

There are many bazaars, craft sales and winter fairs happening in the area this month. Please take advantage of these wonderful events for shopping local as we head into the holiday season. See our calendar on page 16 for more details.

Repair Cafe Dates

The Repair Cafe will be at the Port Union Community Centre on Saturday, November 15 and Saturday, December 13 from 10 a.m. to 3 p.m. If you have any questions or concerns, email portunionrepaircafe@gmail.com.

Retail in Neighbourhoods

In early September, we sent out a survey via our electronic newsletter about the city’s proposal to expand retail along major streets and interior streets within neighbourhoods across Toronto. I want to thank Centennial residents for participating.

Centennial showed up for the survey and with the help of the newly

formed umbrella group COTRA (Coalition of Toronto Residents’ Associations) we are now taking a closer look at the results. I encourage you to sign up for our electronic newsletter so that you can learn about the survey results and CCRA’s actions, which will be revealed soon after the publication of this issue.

We all owe it to ourselves to stay informed and at CCRA we do our best to keep our residents abreast of city proposals that will have an impact on our community. To sign up for our electronic newsletter, please go to our website ccranews.com. Scroll down to the bottom of the home page where you will find “E-Mail Updates.” Fill out the form and submit your contact information.

You will receive an email once per month about community news and alerts from the CCRA. These newsletters contain important updates between our newspaper publications. There will be an email update soon regarding results from the survey.

West Hill Hockey Troubles

The front page article of our October issue highlighted the troubles that the West Hill Minor Hockey Association (WHMHA) has encountered this season. On behalf of area associations Guildwood, West Hill, West Rouge and Highland Creek, CCRA has drafted a letter stating our deep



Former CCRA president Jeff Forsyth and current CCRA president Kathy Rowe get ready to unveil the bench dedicated to Jeff on October 11 along the waterfront trail. The commemorative bench is located on the north side of the trail just west of the underpass.

disappointment with the way the City of Toronto has treated our local hockey club.

In due time our letter is intended to be directed to Mayor Olivia Chow, Ombudsman Paul Dubé, and Councillor Neethan Shan. As it stands, the turmoil involving WHMHA is complex and other Scarborough hockey clubs are also having issues with ice time. WHMHA president Sue Vine continues to do her best to rectify the situation. We have assured Sue that our letter of support is ready to go as soon as she requests it.

Annual General Meeting

On Thursday, November 20 at 7:30 p.m. at the Port Union Community Centre, we will gather to review the CCRA’s 2024 activities. I look forward to continuing my role as president of the CCRA through 2026. If you have the desire to support this wonderful organization, please attend our AGM and learn about the roles and responsibilities that our board members carry out each year.

Legion

Branch 258

305 Morrish Road, Scarborough

EVENTS

TUES. NOV. 11th

Remembrance Day ceremony at the Scarborough War Memorial

2190 Kingston Road.

Ceremonies begin 10:45am

Branch 258 Ceremony at 2pm

SUN. NOV. 16th

Breakfast & LA Bingo

\$5 breakfast from 10am to noon.

Bingo at 1pm

SAT. NOV. 22nd

The Celtic Effects Band.

An amazing Celtic experience.

Doors open at 6:30pm.

Band starts at 7pm.

\$10 members, \$15 non members.

SAT. NOV. 29th

A Night with the Divas.

A 5 star performance.

Doors open at 7pm, show at 8pm

\$10 members, \$15 non members

Tickets available at the Legion while supplies last. Must be 19+. All tickets are non refundable.

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Remembrance

On being a Canadian soldier during the Cold War

By Kathryn Stocks

David Morrison is a veteran of the Canadian Armed Forces who served from 1968 to 1981, which was during the Cold War. He joined the Canadian Army Reserve in Prince George, BC when he was 17 and went into the regular army at the age of 18. "I always wanted to be a soldier," David said. "My family served Canada since the Boer War."

He started his basic infantry training in Cornwallis, NS, and at Camp Borden here in Ontario. David's first posting came in June 1970 when he was sent to Victoria, B.C., to join the Princess Patricia's Canadian Light Infantry.

From October 1970 to April 1971, he was deployed to Cyprus on a UN peacekeeping mission. He said it was relatively quiet between the Turkish and Greek Cypriots at that point, "but there were some tense times. It wasn't all a piece of cake." The island was an awakening for him. "I never saw poverty like I saw there."

At the same time, the FLQ Crisis was happening back in Canada. David got the Vancouver Sun sent to him, but when he received it, all the FLQ news had been cut out so the local Turks and Cypriots couldn't use it for propaganda.

After that, David returned to Canada and was in Esquimalt until 1974.

During those years he trained in Canada's Arctic twice, first on Southampton Island in 1972 and then on Ellesmere Island in 1973, and both times he went in March. "I'll never forget it," he said.

David became a corporal and in 1974 was posted to an armoured defence platoon in Germany. Both Army bases in northern West Germany were closed at that time, and the Canadian Army moved south to Baden-Sollingen and Lahr (RCAF bases), where they worked with the British Army and came under the influence of the American Army.

David did an explosives course, a French commando course, and a 5B course in the Black Forest, which was really tough. They started out with 55 people and ended up with 24 graduates. "We went 4 1/2 days with no sleep and no food." David graduated fourth in the class. He came from a background of military that ate the pain and didn't show weakness. "If you showed weakness, it could harm your career and at that time I was looking at being a career soldier," David said. He then did the 5B Section Commanders Course and went straight into the 6A Senior NCO course.

"We did a lot of amazing things that surprised the Americans, the Germans, the Brits and the French," he said. "As a battalion we would be given difficult tasks and we would always outperform anybody else doing



Above: Veteran David Morrison at Legion Branch 258 in Highland Creek. Right: As a young soldier, David was posted to Cyprus on a peacekeeping mission in 1971.

it." He was in Germany for 5 1/2 years, then came back to Canada in 1979. This time he was in a rifle platoon in Calgary, where he was promoted to Master Corporal. Soon after that, he met the woman who would become his wife. "We just clicked," he said, and they married in 1980. David left the Armed Forces in 1981 and they moved to Scarborough where he joined the Toronto Scottish Regiment and retired as a Warrant Officer.

Today, David stays active by being the First Vice-President and Poppy Chairman of Legion Branch 258 in

Highland Creek where he has been a member for more than 28 years. He's part of a new executive that wants to go beyond "your grandfather's Legion." Their doors are open to everyone and they are encouraging the community to visit and enjoy all their social events. A membership is no longer necessary, so consider dropping in this fall. See their ad on page 3 for this month's events.



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CLOSED - JAN



125 Lakeridge Dr
LEASED - MAR



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Highland Creek Legion

Impressive Colour Guard has been in service since 1966

By Pamela Collins

If you have ever attended our local Legion Branch 258 on Morrish Road for Remembrance Day you will have seen their impressive Colour Guard that participates in so many parades and events. This Colour Guard has been in service since 1966, started by World War II veterans.

Here are the members currently active in the Guard by rank:

- Captain: **Al French**
- RSM (Regimental Sgt. Major): **John Bow**
- CSM (Command Sgt Major): **Shaun Raggobeer**
- SGT: **Walter Miller** – also Quartermaster
- CORPORAL: **Ian Van Dyke**
- GUARDSMAN: **Kevin Fisher**
- GDSM: **Doreen Crocker**
- GDSM: **Sid Levangie** – also Quartermaster in Training
- GDSM: **Hamilton Wiltshire**
- GDSM: **Lisa Lee**
- GDSM: **Brent Duguid**
- GDSM: **Wayne Proulx**

RSM **John Bow**. At the age of 99, John is an honorary member at this time as he no longer marches in the parades.

There are also two women in the Guard.



Centennial resident Sid Levangie is a Guardsman and Quartermaster in Training in the Legion Colour Guard.

I had the pleasure of speaking with Captain Al French who provided a bit of history and current activity of the Guard. He has been a member of this Guard for 33 years. The only member with a military background is Sid Levangie, who was in the RCMP. These members are the pride of this Legion branch.

What makes this Colour Guard special is that in addition to carrying the main flags (national, provincial, Union Jack, and the Legion Branch banner), they are the only ones in Ontario to carry arms, which is then called the Honour Guard. The rifles they bear are for ceremony only: they

are bolted, not loaded and stand for honouring the flags. Because of this distinction, they are often invited to march in parades and other events.

Each year they take part in the Warriors Day Parade at Exhibition Stadium that recognizes all factions of the military, police and RCMP. In August, they took third place in the parade competition, and their trophy and plaque are proudly displayed in the Legion Hall.

They later attended a parade at Legion Branch 10 honouring suicide victims within the First Responders. Al French said that was a very emotional experience for them as these people put their lives on the line each time they answer an alarm.

Centennial resident Sid Levangie received a Poppy Appreciation Award in 2024 for selling the most poppies for Remembrance Day in Ontario, bringing in \$8,462.10! Sid is also responsible for distributing Remembrance Day flags to residents on Cherry Hill, Paulander, Roderick and Holmcrest Trail.

The Legion Guard never asks for payment for any service they attend. The branch supports the members with uniforms and other necessities.

They are always looking for new members for the Colour Guard. It is not necessary to have a military or police background or any specific qualifications. All that's required is that they be a registered member of a

Legion branch for at least one month, take part in training/practice once a month, and be willing to participate in parades and other events.

If you are interested in joining the Colour Guard, simply go to the front desk of Branch 258 on Morrish Rd. and fill out an application. Make your community proud



Remembrance Day Ceremonies

Tuesday, November 11

Toronto Zoo

Location: Waterside Theatre
The theatre opens at 9:45 a.m. and closes at 10:45 a.m. The ceremony begins at 10:55 a.m. Complimentary admission and parking for Veterans and Uniformed Service Members. The general public can get a 50 percent discount on Zoo admission to access the ceremony. Visit torontozoo.com/events/remembrance

Scarborough War Memorial

2190 Kingston Rd. at 10:45 a.m.

Royal Canadian Legion, Branch 258

305 Morrish Rd. at 2 p.m.

Starting a New Chapter? Discover fabulous Retirement Communities Minutes from Scarborough

Advertisement by Sue Anfang, Realtor

If you're contemplating a downsize, there are some great options nearby. You may be pleasantly surprised that they come in many home styles, price points and ownership structures, much more than I can fit in this article!

Home Ownership in Ontario
Private property ownership is governed by the Ontario Human rights code. This means that only certain properties can restrict ownership or occupancy by age. Why is that important? It's why you don't see freehold or condos in Ontario advertised as 55+ or seniors only, like you may see in other countries. However if you're looking for a home that's geared to retirees, you can choose a NORC, life or land lease.

What's a NORC? NORC stands for "non organized retirement community". Ownership is not restricted, but over time these places have attracted mainly retirees. NORC's generally have a great community and social activities geared to the owners.

Over time the amenities may be converted to suit current tastes, (think squash becoming pickleball) Great examples of NORC's nearby are condos like: 10 & 20 Guildwood Parkway, 1880 & 1890 Valley Farm in Pickering, & Swan Lake Village in Markham. Swan Lake has a variety of homes including detached, semi-detached & bungalow townhomes as well as traditional low rise condos.

55+ Adult Active Lifestyle communities While that's a broad description, this generally encompasses communities built around activities, for instance golf. Since these are age restricted (generally at least one owner has to be 55+ and in most cases the homes need to be owner occupied) they are generally Life or Land leases. A popular nearby community is Wilmot Creek, in Newcastle. You own your home but lease the land. Monthly fees cover access to all the recreational amenities including a golf course & pools.

Retirement communities in Scarborough for under \$300,000
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Bungalow retirement communities
Is a cute bungalow with main floor laundry, an en-suite bath, walk in closet & a garage your idea of a perfect retirement home? You'll find some great options in Henderson Place Ajax, Swan Lake Village in Markham and in Lynde Creek Village, Whitby - with more options further east like Canterbury Commons in Port Perry & great freehold bungalow communities in Coburg or Brighton, on the shores of Lake Ontario.

I've spent many years compiling information on all the great nearby retirement communities so you don't have to.

The good news is you can unlock the equity of your big family home and still retain the security of home ownership, at pretty much any budget!

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If you have questions, feel free to give me a shout at 416-562-5002 & check out my website blog where I go into more detail about specific communities.

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Food

‘Cook once, eat twice’ meals can save you time and effort

By Kathryn MacLean

Are you trying to stay on top of preparing dinners, and maybe even lunches, too? You may have already heard the idea of “cook once, eat twice.”

That means if you’re already planning to make lasagna, make two lasagnas and freeze one. Or bake double the amount of chicken thighs you need for dinner, and pack the rest away in the fridge for later in the week.

The idea is that you put in a little extra effort on the first day (cook once), but prepare dishes for two meals (eat twice). This works well with dishes that can be frozen or that you don’t mind eating twice in a week. It’s a good way to plan your week if you’re cooking for one person or two rather than a hungry family.

I’m going to give a few cook-once dish suggestions. But a variation on this system is to prepare a base of grains (like quinoa, rice, barley) or carbs (potatoes, pasta) to use in different ways throughout the week.

Whether for one or one family, you can use the grains in different ways. Cooking them plain once and having them to draw from means you can take advantage of having something halfway ready.

Consider making a pot of quinoa one day. Start with bringing two cups of water to boiling, add one cup of rinsed quinoa, reduce the heat, cover

and simmer for 15 minutes. Serve some of that quinoa for your meal as a side as is or mixed with quickly steamed frozen peas.

Store the remaining plain cooked grains in the fridge. When you pack your lunch or plan your dinner over the next few days, you can draw from the quinoa. Maybe it will be the base for a grain bowl or topped with assorted veggies, protein, seeds and dressing.

If you have more days and more quinoa, try a quinoa salad. Or just add quinoa to a salad. Or simply add soy sauce or mixed herbs and use it as a different side dish.

When you make extra rice, you don’t have to eat the leftovers in the same way. Make fried rice with soy or fish sauce and chopped veggies. Or a rice salad with pickled veggies and fresh herbs.

Do you make pasta pretty regularly for dinner? Cook an extra couple of servings next time. Once you drain the pasta, take the extra servings aside, toss with olive oil, and store covered in the fridge.

After dinner (or within the next few days), add raw or cooked veggies, shredded cheese, olives, fresh herbs and dressing to make a pasta salad.

Now, a few ideas for bigger dishes like lasagna or other baked pasta dishes. There are variations to simply having double the same dish.

A whole chicken ... or two, if the



The idea is that you put in a little extra effort on the first day (cook once), but prepare dishes for two meals (eat twice).

size of your family warrants that. The first chicken can be served hot for dinner on day one. The second chicken can be divided into one or more additional dishes. Use some of the spare chicken to make chicken salad (with mayo and chopped celery) for sandwiches. Shred some for quesadillas or tacos. Add to soup or noodle dishes.

When you cook fish, add extra for later. Add the leftover fish to a dish with cooked and lightly mashed potatoes, plus any of onion, herbs and chopped veggies. Mix with an egg and an egg white. Shape into patties and bake on a parchment-lined sheet pan at 425 C for 15-20 minutes.

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"Jeannie was simply amazing! She prioritizes clients' needs and guided us expertly through both buying and selling. Her knowledge, coaching through fine details, and advocacy made her a dream to work with. From home searching to staging, purchase agreements and everything between, she was timely, thorough, and friendly. After such a wonderful experience managing these major life transactions, we couldn't imagine working with anyone else. Highly recommend!"

Jade Downey ★★★★★
"Jeannie and her REMAX team helped me sell over asking and find a perfect condo! After 25 years of accumulation, her full-service team (painting, plumbing, electrical, staging, contracting, deep cleaning) transformed my house beautifully. Don't know where to start downsizing? Call Jeannie - she makes the overwhelming process completely manageable!"

Alex Marks ★★★★★
"After our long, unsuccessful search, we found Jeannie and soon discovered our dream home in the perfect area. She guided us through every step—from searching and multiple offers to the home inspection and final purchase of our forever dream home. I highly recommend working with her; she's become not only our real estate agent but also a good friend."

Akhil Kejriwal ★★★★★
"Seeking a realtor in Port Union/GTA? Choose Jeannie for her deep area knowledge, exceptional listening skills (perfect for our remote search), and valuable contractor connections. Truly "A-Mazing!"

Sara Razmavar ★★★★★
Jeannie goes above and beyond - she's more like a friend than a real estate agent! Her meticulous, caring, and fun approach makes property hunting joyful. Even months after our commercial deal closed in May, she's still following up on construction and ensuring everything runs smoothly. Her exceptional client care truly sets her apart!

Dave Graham ★★★★★
"Jeannie's exceptional dedication and expertise made selling our home smooth and successful. Her professionalism and personal touch - from expert property showcasing to securing a fantastic deal - truly set her apart. Her invaluable guidance made this a positive, memorable experience. Highly recommend this outstanding realtor!"

Neil D'Souza ★★★★★
"Amazing experience with Jeannie and her team! She handled everything - from open houses and video shoots to social media marketing and staging - securing an over-asking price in a tough market. She even helped us find our dream home! Her knowledge, thoughtfulness, and incredible work ethic make her truly amazing for any real estate needs!"

Anne-Marie Avgerinos ★★★★★
"From our first meeting, we fell in love with Jeannie's amazing spirit and bubbly personality! Her caring yet professional approach made selling our home flawless. We couldn't be happier with the outcome and would choose her again in a heartbeat. She continues to maintain her exceptional service to this day - we're forever grateful!"

Penny Bell ★★★★★
"JEANNIE is the best rep out there! One of the kindest, most patient people I've met in years, her patience, expertise, and kindness made selling my family home stress-free. She also has the best sense of humor—we had some great laughs, and I've made a friend for life. I love Jeannie!"

Just Listed 34 Port Union Rd 4 bedroom steps to Lake Ontario/Rouge Go 	Just Listed 6400 Lawrence Ave E # 16 Carefree Condo Living-Updated Walk to Rouge Go/Lake Ontario  SCAN HERE FOR A HOUSE TOUR	Just Listed 80 Dunstall Cres Executive 4 Bedroom  SCAN HERE FOR A HOUSE TOUR
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 15 Emcarr Dr Sold Over Asking in 7 Days - Oct 25	 65 Tudor Glen Cres Sold in 9 days over asking Oct 2025	 6 Ivanhoe Court Sold over asking in 7 days Aug 2025	 149 Clappison Blvd SOLD over asking in 7 days July 2025
 304 East Avenue Sold over asking July 2025	 3 Ivorwood Cres Sold over asking in 7 days July 2025	 6 Langevin Cres Just Purchased July 2025	 14 Eastport Dr Sold over asking in 2 days June 2025
 2 Wichey Road Sold over asking in 7 days June 2025	 64 Invermarge Dr Sold in 7 days June 6 2025	 72 Charlottetown Blvd. Sold Over Asking in 7 Days May 2025	 565 Rouge Hills Dr Purchased May 2025
 West Rouge Beauty Purchased April 2025	 9 Delbeatrice Cres Sold Over Asking in 7 Days April 2025	 20 St Magnus Dr. Sold in 7 days April 2025	 51 Eastport Ave Purchased March 2025
 74 Bathgate Dr Sold in 4 days Over Asking Mar 2025	 224 Beechgrove Dr Sold Over Asking Feb 2025	 3 Langevin Cres Sold Jan 2025	

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Book Review

An old diary helps a modern family cope with their life

By Pamela Collins

Behind the Pickle Jar
By Wendy McQuaig
Horse and Carriage Publishing, 2023

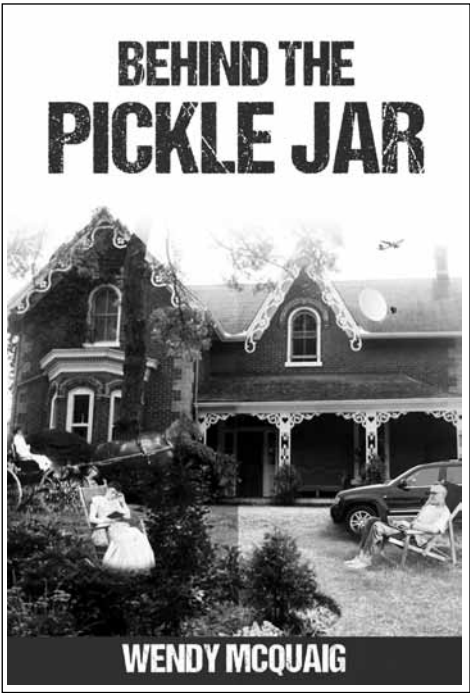
On one of my many day trips this summer I came across this book in Orillia. It was signed by the author, and the cover and the author’s history enticed me to pick it up.

Behind the Pickle Jar is a historical fiction novel set in Simcoe County, Ontario. It is about a modern-day family renting an old farmhouse for the summer as an escape from the hustle and bustle of the city.

Amy Hewston is assistant manager of Ultra Luscious Relaxation Spa in Toronto, but she is so stressed from this job and managing a home, as well as two teenagers constantly arguing, that she can hardly function. She and her husband, Matt, decide to rent a farmhouse north of the city where the family can relax and regroup.

The teens are not happy to leave their friends and connections in the city to stay in a dilapidated old house, but they too begin to absorb the country life. Thank goodness for wifi so their daughter, Megan, can still text her city friends, and son, Tyler, can continue on-line gaming with his friends.

As they explore the cellar of the old house, Amy and Matt come across a diary behind an old jar of pickles. The diary’s author was Isabel Huntly who lived in the farmhouse at the



If she were on Facebook, she would have 500 friends, except they would actually be present in her life.

turn of the 20th century. As Amy reads the pages, the history of the home and the family who lived there takes hold.

In contrast to her own stressful and seemingly isolated existence, Amy discovers there is something about the diary that helps her work through her own anxieties and decisions for the future.

What kept my interest was the chapters flipping narrators with Isabel in the 1900s, Amy in the current time, and small interjections from the old farmhouse itself. The chapters portray the experiences of both women, their hardships and daily life, and how they deal with them.

Although farming life in the 1900s was physically difficult, the author notes that at that time Isabel’s close family and community life were “unmatchable today. If she were on Facebook, she would have 500 friends, except they would actually be present in her life. How many women today are single parents or live in nuclear families disconnected from extended family, friends and community?”

I found myself making comparisons of the old and new: the physically difficult life in the past, running a farm and managing a large family but always with the support of family, friends and neighbours, versus today where Amy and Matt have no support system at all.

You will be taken on a journey from horse-drawn buggies and church socials to Instagram and iPhones. Many people today can relate to Amy’s hectic life.

The characters are well developed and engaging, and it feels like you are watching a Netflix series and can’t wait for the next episode. I challenge you, the reader, to ask yourself how much things have really changed over the last century. *Behind The Pickle Jar* could inspire some interesting discussions with your family and friends.

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Full Circle in Education

Meet Stephen Miles, Centennial Road’s new principal

By John Murphy

Centennial Road Junior Public School has welcomed a familiar face as its new principal – Mr. Stephen Miles. His journey to this role is one that truly comes full circle.

“I actually went to Centennial Road as a student,” Mr. Miles said with a smile. “My mom still lives nearby, and I attended Joseph Howe and Mowat after that.” His path took him far and wide, working in Asia, earning his teaching degree, and teaching in Australia and New Zealand before returning to Scarborough to begin his career with the TDSB.

In 2016, he stepped into administration and worked in all corners of the city. Then came a family adventure: “When COVID hit, our boys were at the right age, and my wife and I had always dreamed of teaching abroad.” That dream led them to Hong Kong, where they taught for three years at an international school.

When the TDSB asked him to return, he was ready. “They asked, ‘How do you feel about Centennial Road?’ I nearly fell over. If I could choose any school in the board, it would be this one.”

Mr. Miles’ passion for leadership grew naturally from his time in the classroom. “I loved coaching, organizing school-wide events like the Terry Fox Run, and helping colleagues with curriculum and behaviour strategies,” he said. “I realized that becoming a

principal was the best way to have an impact.”

“This school is deeply rooted in its community,” he said. “My predecessor, Dan, did a fantastic job creating events that brought people together – like the Festival of Lights for the primary grades. I’d love to expand that schoolwide, with music and tree lighting, just like my family used to do in Highland Creek.”

Three key ideas guide Mr. Miles’ approach:

1. **Diversity is our greatest strength.** “Our neighbourhood is rich with cultures, traditions and ideas. It helps us grow more empathetic and think critically.” He plans to integrate cultural celebrations into the curriculum to enrich learning.

2. **Happy children do well.** “When kids feel safe and supported, they thrive in every way.” To foster this, he’s bringing back the school’s four-house system, named after Centennial figures like Brumwell, Miller, Tredway and Adams. “I was in Brumwell myself – it was such a positive experience. Whether it’s dodgeball or art, we’ll find ways to build community and reward kindness.”

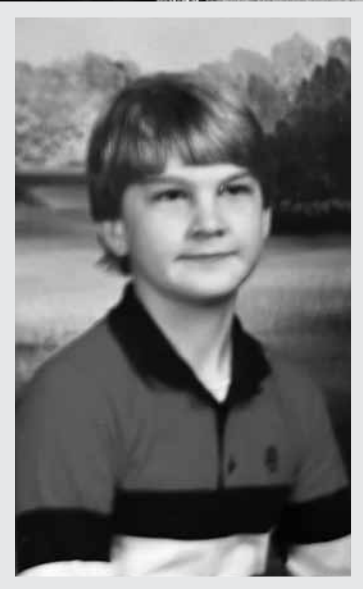
3. **Innovative teaching strategies.** With experience in global education systems, Mr. Miles brings fresh ideas. “I’m excited to share strategies that align with our curriculum and energize our teaching.”



One challenge Mr. Miles is already thinking about is technology, especially the rise of AI. “Kids get plenty of screen time outside school. Here, we need to focus on face-to-face problem-solving and social skills.”

As a former STEM coach, he’s no stranger to tech. “I taught robotics and integrated STEM into learning. But balance is key. As a parent, I see the impact of too much tech. Maybe no Wi-Fi during dinner makes them grumpy, but it helps when they’re learning math.”

After working around the world, Mr. Miles is thrilled to be back. “I’ve lived globally, but this neighbourhood, with the Rouge Valley, the



Top: Principal Stephen Miles today at Centennial Road Junior Public School. Bottom: Stephen as a student many years ago at the same school.

beach, and the national park, is one of the best spots in the city. Maybe even the best.”



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NEIGHBOURHOOD FRIGHT NIGHT

Home is where the haunt is

By Shelley Cooke

Each October, Conference Boulevard residents Liam and Allison Herbinson, and their next-door neighbour Barbara Adamek, transform their front lawns into one of Centennial’s most anticipated Halloween spectacles!

What began in 2020 as a modest display to lift community spirits during the pandemic, when walks were one of the few safe activities, has since grown into a full-blown tradition. Back then, they welcomed just two dozen trick-or-treaters. Now their haunted display draws close to 800 visitors on Halloween night alone, with hundreds more stopping by throughout the month.

The neighbours have their Halloween displays fully set up by mid-month, giving trick-or-treaters plenty of time to enjoy the eerie ambiance. Liam prefers a hands-on approach: “I build my props piece by piece and set them up as I go.” In contrast, Barbara opts for ready-made decorations, carefully staking them into her yard for maximum effect. “I move my monsters around daily,” she said with a grin. “The neighbourhood kids even put in special requests for which creatures they want to see next.”

The two households have earned enthusiastic praise from passersby admiring their Halloween displays. Their many visitors include schoolchildren and teachers from Charlottetown Junior

Public School, along with seniors from local retirement homes.

According to Liam, the decorations serve as a magnet for community connection. “This is the time of year when the community comes together to enjoy the Halloween spirit,” he said. He particularly delights in the startled shrieks and uneasy laughter that erupt when visitors encounter their eerie animatronics and well-timed jump scares.

Liam shares that one of his most popular and scariest props is “Bubba,” an animatronic bulldog with razor-sharp teeth that leaps out unexpectedly. Meanwhile, Barbara’s top crowd-pleaser is “Lil Skelly,” a skeleton designed to deliver a sudden jump scare.

One of the most common questions curious visitors ask is where do the homeowners store all of their Halloween props and large monsters during the rest of the year? For the Herbinsons, the answer lies in a combination of storage spaces like their crawl space, garage and backyard shed. While some of the larger props, especially those belonging to the Herbinsons, are difficult to disassemble and store, Barbara’s decorations are more manageable. Many of her pieces can be broken down and neatly packed away into large boxes and stored in the garage.

When asked what tips they’d offer to others considering elaborate front lawn decorations, Liam and Barbara both suggest starting modestly, adding a few new pieces each year to gradually build your display. Barbara recommends hunting for post-Halloween sales and keeping an eye on Marketplace throughout the year for good deals. They also encourage checking out YouTube channels like “Wicked Makers” for creative inspiration and do-it-yourself display ideas.

The neighbours’ enthusiasm for elaborate Halloween displays has sparked a spirited trend along their street. Throughout October, drivers have been slowing down on Conference to take in the increasing number of decorated homes. The neighbourhood’s growing scare factor is now a seasonal tradition in the making!





Top and Middle: 75 Conference Blvd.

Top left: Barbara's elaborate display includes a cast of monsters, clowns and skeletons.

Top right: Barbara Adamek is surrounded by her beloved monsters with their glowing eyes and enticing smiles. Photo: Denise Bacon

Middle left: "Lil Skelly Bones" suddenly springs into action scaring his visitors off his lawn.

Centre: This creepy clown lures the visitors to his lawn by offering them free ice cream.

Middle right: A lovely witch invites the neighbours to taste her magical concoction that she stirs with her ladle.



Top left and across the bottom: 73 Conference Blvd.

Top left: A wicked witch consults her brew book for the recipe of skull stew to make on Halloween night.

From far left to right: The Herbinson family, creators of the hauntingly impressive Halloween setup, welcome their visitors. Photo: Denise Bacon

Among the eerie details of Liam Herbinson's spooky front lawn, his custom-made tombstones draw particular attention.

A vintage baby carriage, complete with a sinister-looking doll, adds a chilling focal point to the Halloween display.

"Bubba" the bulldog gives unsuspecting visitors a screaming jump scare.

Photos by homeowners unless otherwise noted.

Just For Fun

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Words are hidden
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| Flanders | Canada |
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| Remember | Poppy |
| Soldier | Peace |
| Veteran | Medal |
| Patriot | Brave |
| Reflect | Free |
| Service | Hero |

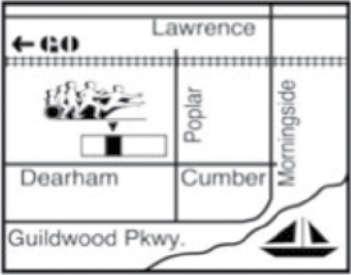
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The incomparable
Jane Goodall

By Kathryn Stocks

I was deeply saddened by the news of Jane Goodall’s death on October 1 at the age of 91 while on a speaking tour in California. I’ve always admired her incredible work with chimpanzees, her love for the planet, her kindness and her empathy. It was heartening to read the outpouring of tributes from people around the world who praised her lifelong quest to make the world a better place.

As a UN Messenger of Peace and the founder of the Jane Goodall Institute, she worked hard to promote conservation and a more sustainable relationship between people, animals and the natural world. She also loved children and started the Roots & Shoots program to get them involved in tackling biodiversity loss, environmental inequity and climate change.

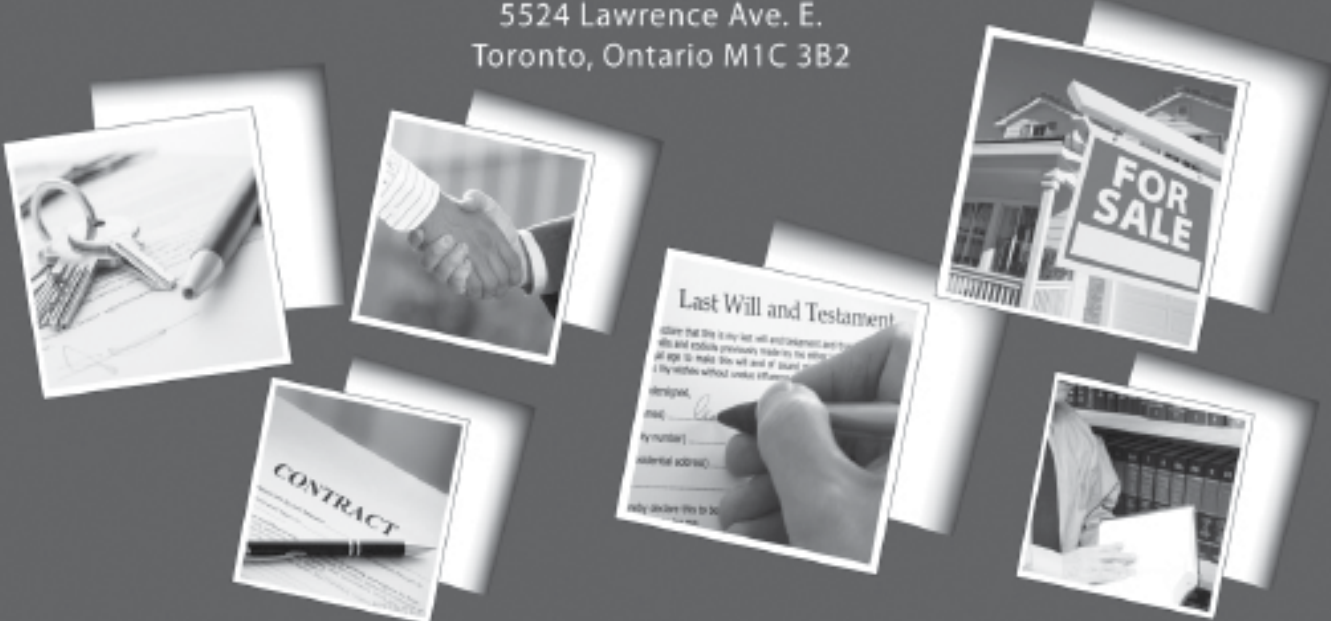
Dr. Goodall called herself a “messenger of hope.” One of her many famous quotes was this one: “Hope is what enables us to keep going in the face of adversity. It is what we desire to happen, but we must be prepared to work hard to make it so.”

I also like this quote of hers: “We are the most intellectual species to walk the planet, but we’re not intelligent. If you’re intelligent, you don’t destroy your only home.”

If you’re interested in knowing more about her or supporting her life’s work, check out the Jane Goodall Institute of Canada at janegoodall.ca. You can leave a message of condolence or sign up to attend or watch online the celebration of her life that will take place in downtown Toronto on November 22.

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Councillor Neethan Shan, Scarborough–Rouge Park

Updates from your new City Councillor

I am pleased to share a few updates with you as your new City Councillor. I am honoured to serve the Centennial community in this new role. Representing this vibrant and diverse community is both a privilege and a responsibility I take seriously. In the couple of weeks since being elected, I have begun addressing the many concerns residents raised at the doors during the past three months.

As a City Councillor, my focus is on delivering real results for Scarborough–Rouge Park. Our community has long been underserved when it comes to transit, infrastructure and city services. I'm committed to changing that. One of my top priorities is improving transit access and reliability. I'm also pushing for delayed projects like the Port Union Road expansion to be completed immediately.

Community safety is another area I'm deeply invested in. Residents deserve to feel safe in their neighbourhoods, and I'm working with city staff, law enforcement and local organizations to address rising concerns around crime and violence. I'm also advocating for more youth programs,



Councillor Neethan Shan believes in being accessible and accountable, so he has committed to responding to every constituent concern within 48 hours.

mental health supports, and resources for seniors because a safe community is one where everyone feels supported and included.

I believe in being accessible and accountable. That's why I've committed to responding to every constituent concern within 48 hours. Whether it's a pothole, a zoning issue or a broader policy question, I want

residents to know that their voices matter and that I'm here to help. My office is also located in the heart of the ward at 382 Old Kingston Rd. in Highland Creek where my staff will be able to support you in person!

At City Hall, I've already begun collaborating with colleagues and the Mayor's office to bring forward initiatives that benefit our community. One example is the "Legacy of Learning" program, which provides free field trips to the Toronto Zoo for students from underserved areas. It's a small step toward ensuring that every child in our city has access to enriching experiences.

Scarborough–Rouge Park is a place of incredible potential, and I'm committed to unlocking that potential through hard work, collaboration and a deep respect for the people I serve. With less than a year left in the term, I'm focused on making every day count. I'm here to listen, to act and to make sure Scarborough gets the attention and investment it deserves.

The councillor can be reached at 416-338-3771 or Councillor_Shan@toronto.ca.

Toronto Zoo

What's new at the Zoo?

By Wanda Wierzbicki

Veterans & Military Appreciation Week
The Toronto Zoo is offering members of the Royal Canadian Legion and veterans in uniform (or with medals, military insignia or with identification) and serving members of the Canadian Armed Forces in uniform (or with identification) complimentary Zoo admission and parking through the Week of Remembrance: Wednesday, November 5 to Tuesday, November 11.

40th Remembrance Day Ceremony
On November 11, Veterans and the general public are invited to join in honouring the many wartime sacrifices that Canadians have made for their country at the Toronto Zoo's 40th Remembrance Day Ceremony. The ceremony takes place at the Waterside Theatre, beginning at 10:55 a.m. A 50 percent discount on Zoo admission will be offered to the general public for the ceremony and to visit the Zoo on November 11.

Holiday Marketplace – November 15 and 16
This two-day indoor/outdoor market showcases talented artisans, processors and producers from local communities. The Holiday Marketplace is free with regular Zoo admission.

Vaccination Clinic – November 9
The Toronto Zoo is working together with its partners at the Scarborough Centre for Healthy Communities and Scarborough Ontario Health Team. Admission to the Zoo is free for individuals with a confirmed pre-booked vaccine appointment. The following vaccines are available: Flu shots, High Dose Flu Shots for 65+ and Covid-19 shots.

Please see the website for details: torontozoo.com



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MPP Vijay Thanigasalam

We’re adding six new rush hour trips on Lakeshore East

I hope you and your families are well during this beautiful fall season. I am excited to be back at Queen’s Park and to continue working on behalf of our community. I look forward to sharing updates with you and hearing your thoughts as we move forward together.

Honouring Our Veterans

Remembrance Day is a time to honour the brave Canadians who fought and gave their lives to protect the freedoms we enjoy today. Their courage and dedication continue to inspire our nation, and we are deeply grateful for their service and sacrifice.

I want to thank the Royal Canadian Legion, Branch 258, for their continued leadership in the Poppy campaign and for their unwavering support of veterans and their families. Their efforts ensure that we never forget the sacrifices made for all Canadians.



It was an honour to join CCRA as they dedicated a bench in honour of past president Jeff Forsyth.

CCRA Dedicates Bench to Jeff Forsyth

It was a great honour to join the

Centennial Community Recreation Association (CCRA) as they dedicated a bench in honour of past president Jeff Forsyth. Many in our community know Jeff for his tireless involvement and commitment to the Centennial neighbourhood. His leadership and advocacy from his role on the Waterfront Trail Committee to countless other initiatives have made a lasting impact. This bench will serve as a reminder of his contributions and inspire future generations to continue building and strengthening our community.

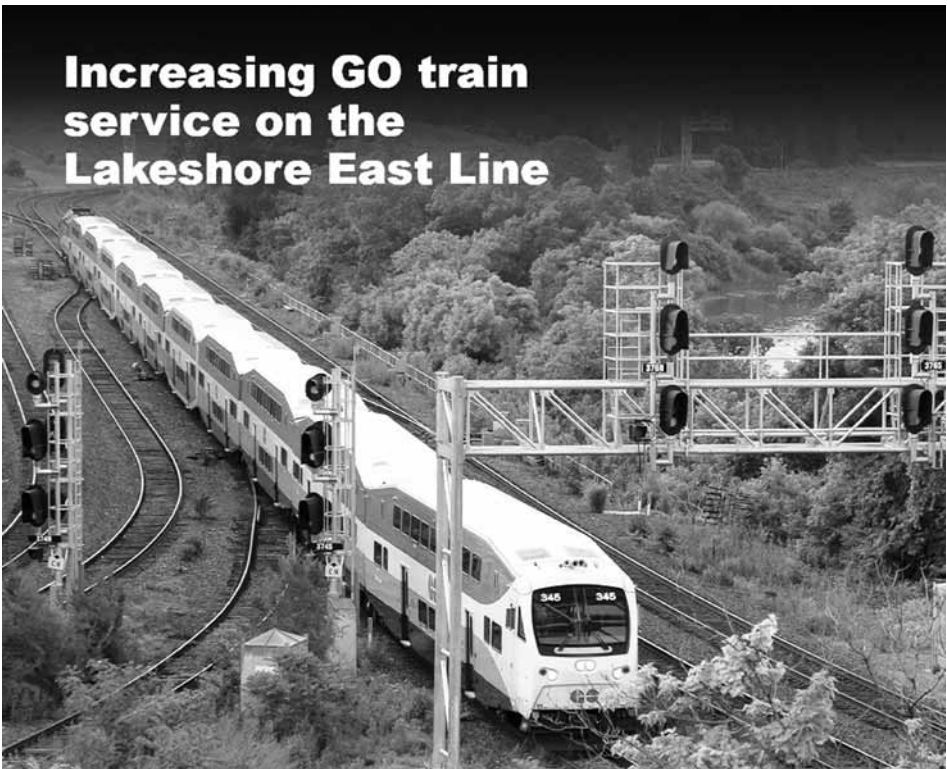
Increasing GO Train Service

Effective October 27, we’re adding six new rush hour trips on the Lakeshore East line, giving Scarborough residents faster and more reliable service every day. Trains will now run every 10 minutes during peak hours, compared to the previous 15-minute intervals, helping commuters get to work, school and home faster. Peak hours are 7:00 a.m. – 8:30 a.m. and 4:00 p.m. – 6:00 p.m., ensuring more convenient travel when it’s needed most.

These improvements are part of our ongoing commitment to enhance public transit in Scarborough, reduce travel times, and make daily commutes smoother. With more trips, better service and shorter waits, getting around the city has never been easier.

Investing in Long-Term Care

Our government is making a his-



Trains on the Lakeshore East line are now running every 10 minutes during rush hour for better service at Rouge Hill GO Station.

toric investment of \$1.92 billion to strengthen staffing in Ontario’s long-term care homes, a commitment that builds on the progress we’ve made over the past four years. By training, hiring and retaining thousands of nurses and personal support workers, we are ensuring residents receive the care they deserve. This comes after we surpassed our target of four hours of direct daily care per resident this spring.

This investment builds on our previous \$4.9 billion, four-year staffing plan, which focused on recruitment, training and retention, and added more than 16,000 nurses and personal support workers to the pro-

vincial workforce. Since 2021, long-term care residents are now receiving, on average, over an hour of additional daily direct care, a 36 percent increase, equivalent to 15 extra days of care per resident every year.

We will continue to prioritize long-term care so that every resident gets the quality care and dignity they deserve.

As always, if you have any questions or concerns, please reach out to our office at 8130 Sheppard Ave. East Unit 105, by email at vijay.thanigasalam@pc.ola.org, or give us a call at 416-283-8448.

VIJAY THANIGASALAM
MPP - Scarborough-Rouge Park

I am here to listen and serve you.
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MP Gary Anandasangaree

Introducing stricter bail and sentencing laws

Our federal government has introduced sweeping reforms to strengthen bail laws and toughen sentencing for repeat and violent offenders. This includes over 80 targeted changes to the Criminal Code, developed in consultation with law enforcement and provincial, territorial and municipal leaders. Key measures include:

Stricter bail laws: Detention becomes the starting point for certain offences, requiring the accused to demonstrate why they should be released.

Protecting victims and communities: Police and courts are directed not to release an accused when doing so would be against the public interest or could endanger victims, witnesses or children.

Tougher sentences: Longer sentences for repeat and violent crimes, including auto theft and extortion, and consecutive sentences for repeat violent offences, auto theft, break and enter, extortion and arson.

New aggravating factors: Harsher penalties for crimes against first responders, organized retail theft, and damage to critical infrastructure, such as copper theft.

Ending house arrest for sexual assault and child sexual offences.

While the federal government is closing gaps in the bail system, provinces must also ensure sufficient resources for Crown prosecutors, courts and the capacity of provincial jails, which hold individuals awaiting trial

or sentencing.
I look forward to getting Bill C-14 passed into law as we work to keep Canadians safe.

More Covered by Dental Care Plan

Over 5 million Canadians now have access to the Canadian Dental Care Plan, including more than 2 million in Ontario, with 1 million already receiving care. The program saves eligible Canadians an average of \$800 per year and has allowed many to visit a dentist for the first time in decades.

Please visit sunlife.ca/sl/cdcpl/en/member/provider-search to easily find participating dental practices in our community. For more information, visit Canada.ca/Dental or reach Service Canada at 1-833-537-4342

Lowering Costs for Canadians

In a time of economic uncertainty, Budget 2025 focuses on easing costs and supporting essential programs that benefit Canadians. Key measures include:

- Automatic federal benefits for up to 5.5 million low-income Canadians, making it easier to access programs like the GST/HST credit, Canada Child Benefit, and Canada Disability Benefit.
- Permanent National School Food Program, providing meals to up to 400,000 children and saving families with two children about \$800 per year.



Top: MP Gary Anandasangaree joins colleagues in Ottawa for the announcement of Bill C-14, introducing stricter bail and sentencing laws. Bottom: Prime Minister Mark Carney and Gary Anandasangaree announce the hiring of 1,000 new CBSA officers at the Rainbow International Bridge in Niagara Falls.

- Renewed Canada Strong Pass, allowing children and young families to explore national and provincial parks, museums and rail travel for free or at a reduced cost through the holidays and summer 2026.

Honouring our Soldiers, Past and Present

On Remembrance Day, we honour the brave Canadians who have answered the call of duty – those who gave their lives for peace and freedom, and those who continue to guard it

today. Their sacrifice is etched into our national consciousness, and the Canada we continue to build is their lasting monument.
I want to extend my heartfelt thanks to the Royal Canadian Legion Branch 258 for organizing its annual poppy campaign in support of our soldiers and veterans. On Remembrance Day, we come together to acknowledge a debt we can never fully repay. Lest we forget.

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- Revenue Canada
- Employment Insurance
- Canada Child Benefit
- Canada Student Loans
- Canadian Dental Care Plan
- Canada Pension Plan
- Old Age Security
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- And more...

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Gary.Anand@parl.gc.ca 416-283-1414 [@Gary_SRP](https://www.instagram.com/Gary_SRP) [/GaryforSRP](https://www.facebook.com/GaryforSRP)

November Calendar

Bazaars, a Winter Fair and Tree Lighting

Port Union Seniors Christmas Bazaar
Saturday, November 8
from 9 a.m. to 1 p.m.
Port Union Community Centre
5450 Lawrence Ave. East

Holiday Artisan Market
Sunday, November 9
from 10 a.m. to 4 p.m.
West Rouge Community Centre
270 Rouge Hills Dr.

Christmas Bazaar
Saturday, November 15
from 9:30 a.m. to 2 p.m.
St Joseph Church Hall
200 Morrish Rd.

Holly Berry Bazaar
Saturday, November 22
from 9 a.m. to 2 p.m.
St. Dunstan of Canterbury
56 Lawson Rd.

Christmas Craft & Gift Show
Saturday, November 22
from 9 a.m. to 4 p.m.
Legion Branch 258
305 Morrish Rd.

Melville Presbyterian Church Bazaar
Saturday, November 22
from 11 a.m. to 2 p.m.
70 Old Kingston Rd.

Charlottetown Winter Fair
Saturday, November 22
from 10 a.m. to 2 p.m.
Charlottetown JP School
85 Charlottetown Blvd.

Holiday Tree Lighting Party
Sunday, November 23
from 4:30 to 6 p.m.
Port Union Community Centre
5450 Lawrence Ave. E.

Lions Craft and Gift Sale
Saturday, November 29
from 10 a.m. to 3 p.m.
Heron Park Community Centre
292 Manse Rd.

Port Union Library

PA Day LEGO Challenge
Friday, November 14 from 2:00-3:00 p.m. Calling all Lego builders and creative minds! Join us at the Port Union Library for an exciting Lego challenge where you can build, design and compete for a fun-filled day! For children ages 6 -12 years old. Drop-in program.

Early ON Music & Movement: Mondays, November 3,10,17,24 from 10:30 a.m.-12:30 p.m. This is an interactive program for families with children from birth to age 6. Families will have the opportunity to hear and sing songs, rhymes, and musical activities. Drop in program. No registration required.

Movie Night: Mondays, November 3, 10, 17, 24 from 6:00-8:00 p.m. Adults and older adults are welcome Monday evenings for Port Union Movie Night. We will screen a variety of films.

Afternoon Book Club: Tuesday, November 4 from 2:00-3:00 p.m. Join us for an engaging book discussion. This month's book is *Maybe You Should Talk to Someone* by Lori Gottlieb. The library will provide 15 copies or you may order your own. Contact the branch for more details. Drop-in program. Space is limited.

Evening Book Club: Tuesday, November 11 from 6:30-7:30 p.m. Join us to discuss great books each month! This month's book is *Long-bourn* by Jo Baker. The library will provide 15 copies or you may order your own. Contact the branch for more details. Drop-in program. Space is limited.

Family Time: Wednesdays, November 5, 12, 19, 26 from 10:30-11:00 a.m. Enjoy stories, songs and rhymes at a staff-led story time for the entire family. For children 5 years and under with their parents or caregivers. Drop-in program.

Chess Club: Wednesdays, November 5, 12, 19, 26 from 4:30-5:30 p.m. Looking for a fun after-school activity? Drop by the Port Union Library and learn how to play, or improve your game with members of the University of Toronto Scarborough Campus Chess Club. No registration required. Drop-in program for ages 7-17 years old.

Baby Time: Fridays, November 7, 14, 21, 28 from 10:30-11:00 a.m. This program consists of bouncing and tickling rhymes, songs and stories for babies from birth to 18 months with their parents or caregivers. Drop-in program.

Toronto Public Health – Parenting Workshop: Friday, November 14 from 11:00-11:30 a.m. Join us for Parenting Workshops facilitated by Toronto Public Health nurses. Topic: Child Health and Wellness.

Knitting Circle: Saturdays, November 1, 8, 15, 22, 29 from 9:30-10:30 a.m. Join Port Union's Knitting Circle. Drop-in program but limited to a room capacity of 20 Arrive early to secure your spot!

Family Club: Saturdays, November 1, 8, 15, 22, 29 from 11:00-12:00 p.m. Come celebrate your Saturday mornings at Port Union Library! You can colour your favorite characters or create freestyle Legos with family and friends! Drop-in program. Space is limited. No registration needed.

Book-a-Librarian Sessions: Do you need help downloading eBooks, eMagazines, eAudiobooks? Are you unsure how to use the library's online resources? Contact library staff to reserve a one-on-one session.

Submitted by Seema Datta,
Senior Library Assistant



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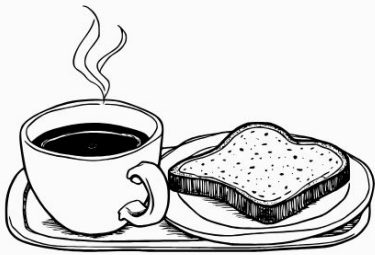


Please come to the

Melville Church Bazaar



Saturday, November 22nd, 2025
10am to 2pm
70 Old Kingston Road
Scarborough M1E3J5





Community

Community garden will provide fresh produce for food bank

By Graham McCaffrey
Rector, St. Dunstan of Canterbury
Anglican Church

At St. Dunstan of Canterbury, we've long known that our parish is full of gardeners. For years, conversations have quietly bloomed among us about how we might use the beautiful green space on the north side of our church building, that gentle slope kissed by the sun, to bless not only our own spirits but our wider community as well.

In 2024, those conversations took root in a new way when the Scarborough Centre for Healthy Communities (SCHC) approached us with an idea: what if we partnered together to create a community garden on our grounds, dedicated to growing fresh produce to support their local food bank? It was one of those invitations that seemed to arrive at just the right time, a seed ready for planting in soil that had long been prepared.

St. Dunstan's has a long and proud history of supporting community and outreach initiatives, both financially and through volunteer effort. From food drives and supporting local shelters to our ongoing partnership with SCHC, our parish family has always sought to embody our faith through tangible acts of love. This project offers something new and earthy, a



In October, volunteers got together at St. Dunstan's to assemble the raised garden beds that were purchased for next spring's planting. The produce grown will go to support families and individuals through the SCHC food bank. Below: Heather Greig, Garden Committee of St. Dunstan's, and Shivana Sankar of SCHC (Scarborough Centre for Healthy Communities).

chance for us to quite literally get our hands dirty for the sake of others.

In October, the raised garden beds, purchased through the generous support of the CCRA, were assembled and prepared for next spring's planting. The produce will go directly to support families and individuals through the SCHC food bank. Yet beyond the vegetables and herbs that will grow, we hope something deeper will take root: connection, belonging and shared purpose.

For us at St. Dunstan's, this garden is more than just a patch of cultivated ground. It is a living sign of our calling

as a church: to look beyond our own walls, to extend our hands in service, and to nurture life, both physical and spiritual, in the heart of our community.

We warmly invite our neighbours to join us in this growing work of love. Whether by volunteering in the garden, donating supplies or supporting SCHC's food bank, you can help us feed both body and spirit, and together care for those most vulnerable among us. Great things grow from small beginnings, and we can't wait to see what goodness will flourish here.



HOLLY BERRY BAZAAR

Saturday, November 22, 2025
9am to 2pm
St. Dunstan of Canterbury Anglican Church
56 Lawson Road, Scarborough, M1C 2J2
Phone: 416-283-1844

- Handicrafts & Jewelry
- Home-Baked Goods
- Gently Used China, Crystal & Tools
- Books & Puzzles
- Lucky Draws
- Community Craft Vendors
- SANTA CLAUS and his Helper!
- Join your friends for lunch at the Holly Berry Cafe

Come and find that 'perfect gift'.

DEBIT, MASTERCARD & VISA CARDS ARE ACCEPTED AT SOME TABLES

Repair Cafe dates for 2025

November 15th
December 13th

Hours:
Saturdays 10 am to 3 pm

Location: Port Union Community Centre

Questions or concerns, email: portunionrepaircafe@gmail.com

Education

Joining Mowat clubs and teams is a great way to get involved!

By Vishahgan Anandaraj

Exciting things are happening at Sir Oliver Mowat this month as multiple clubs and sports teams are kicking off the season with plenty of energy and enthusiasm.

First up, our DECA club is back in full swing! For those who may not be familiar, DECA is a business and entrepreneurship club that challenges students to think critically, solve real-world problems, and compete in various business-related competitions.

Whether students are interested in marketing, finance or management, DECA is a fantastic way to develop leadership skills, network with peers, and get a taste of what it's like to work in the business world. Stay tuned for upcoming competitions and opportunities to get involved!

Alongside DECA, the athletic teams

at Mowat are gearing up for another action-packed season. The boys volleyball team is ready to serve up some competition following a strong showing last year at OFSAA (Ontario Federation of School Athletic Associations).

The girls field hockey team is also hitting the field, bringing their passion and determination to every match. And as we head into the winter season, the boys basketball team is just getting started, with more information coming soon about their schedule and upcoming games.

These teams and clubs are great ways for students to get involved, show their school spirit, and build lasting memories with friends. Whether they're cheering from the stands, joining a team, or participating in clubs, there's no shortage of opportunities to stay active, engaged and have fun at Mowat.

More details on these and other events will be shared in this paper in the coming months.



The boys volleyball team is gearing up for another action-packed season.

Canada's Far North

Random thoughts on the Arctic

By Kathryn Stocks

In our October issue, I wrote about an Adventure Canada cruise my husband and I took in August from Greenland into the Northwest Passage. It was a fascinating trip as we followed the path of Franklin and I wanted to share a few more things I learned about Canada's Arctic on the journey:

- The days were really long! When we were north of Baffin Island in Lancaster Sound, I caught a spectacular sunrise at 3:45 a.m., and the sky that night was still royal blue at 11:30 p.m.
- Icebergs are truly magnificent, and they're even better when you get close to them on a zodiac. We first saw them when we were in Disko Bay, Greenland, which is where most of the icebergs in Newfoundland and Labrador originate. Some also make it to Lancaster Sound in Nunavut where they mix with the ice floes.

- We felt fortunate to get to Beechey Island because the fog was thick that day and the Adventure Canada team wasn't sure we'd be able to land. It's such an intense feeling to stand where the three dead sailors from the doomed Franklin expedition were buried by their shipmates in 1846. Their ships were stuck in ice for three winters and they died during the first one. No one else from the expedition has been found. Beechey Island has a desolate landscape and those who buried the three would have had to shovel through many layers of loose rock and permafrost to create the graves. When the bodies were exhumed in 1984, it was discovered that they were buried five feet down!
- The cruise took place above the Arctic Circle, which is above the tree line. Some species of trees do exist there, but they're tiny and they grow along the ground so you don't even notice them.

Continued from page 12

Correct solution for Remembrance Day Word Search on page 12.

Word search grid with letters arranged in a 15x15 grid. The words to be found are: H E S A L U T E R P A O L B P E O R P N E R E M P M A O V F A E P M I V T S U E L R C V M Y E S C E R E R N A E E B D T A T I R T N F E F A I N E O V H D L R R L C A R T I E E E E D A C R C E A N E S T H E R O S O L D I E R

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CCRA NEWS

ADVERTISING BOOKING

Advertising booking is on or before the 10th and artwork is due on the 15th of the month previous to the month the ad will be published.

Email Jill MacMillan at: advertising@ccranews.com or ccranews.com/advertising.html.

Membership

Final appeal to be a member



By Denise Bacon

This is my final appeal to you to purchase your 2025 CCRA membership for your household if you haven't already done so.

CCRA is the oldest and continuously active community association in the city. It is run entirely by volunteers who give of their time and effort to enrich, protect and maintain this beautiful community we call home.

Your \$15 membership fee supports CCRA and the work that is done for and on behalf of this community. CCRA represents the community at hearings, town halls and other decision-making forums. CCRA donates to local causes, like the recent donation towards garden beds behind St. Dunstan's church that will provide a sustainable source of fresh produce for a local food bank.

Please join CCRA for the 2025 year. Be part of this community through your membership and engagement with CCRA meetings and year-round events.

The membership form is on this page and includes various options on how to pay the \$15 membership fee for your entire household.

Distribution

Just two routes need distributors



By Wanda Wierzbicki

Hello CCRA Centennial community. I am still looking for a distributor for the following two streets. Distribution takes less than an hour once a month. It is a wonderful way to get a few extra "steps" and meet your neighbours. It is also a good way for high school students to get their volunteer hours. Students can earn 10 volunteer hours every year.

The available routes are:

- 121 Centennial (about 60 townhouses)
- Lawson (from Centennial to Port Union)

Looking forward to hearing from you soon.

distribution@ccranews.com

Please become a member this fall!

CCRA 2025 Membership Form

It's easy to join or renew your membership. Complete this form, then mail or drop off with your annual household fee of \$15. To join online, go to www.ccranews.com and select **Member signup** to pay with credit card or PayPal.

Name _____

Address _____ Postal Code _____

Phone _____ Email (for e-news only) _____

Check all applicable boxes:

I would like to join or renew my annual CCRA membership. I enclose payment for: ☐ \$15 (1 year) ☐ \$30 (2 years)

- ☐ I support the work of CCRA & have added my donation for \$ _____. Total amount enclosed is \$ _____
- ☐ I am interested in distributing newsletters in the Centennial community (10 issues per year). Please contact me.
- ☐ I am interested in volunteering at CCRA events. Please contact me.

Mail with cheque payable to: OR Drop off at the main office in the
CCRA Port Union Community Centre
5450 Lawrence Ave. East
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SOLD \$1,348,000
SOLD April 2025



137 Maberley Cres.
Lawrence/East Ave.
SOLD \$988,500 in 8 Days
SOLD April 2025



15 Island Rd. #41
Listed at \$598,800
SOLD \$653,500 in 4 Days
SOLD April 2025



3233 Eglinton Ave. #1606
Listed at \$578,800
SOLD \$578,800
SOLD February 2025



10 Guildwood Pkwy. #824
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SOLD \$1,200,000
SOLD November 2024



39 Satchell Blvd.
Lawson/Meadowvale
SOLD \$1,115,000 in 4 Days
SOLD October 2024



445 Friendship Ave.
Listed at \$1,199,800
SOLD \$1,400,000 in 2 Days
SOLD May 2024



26 Dunwatson Dr.
Listed at \$1,499,800
SOLD \$1,510,000 in 1 Day
SOLD May 2024



124 Acheson Blvd.
Listed at \$1,150,000
SOLD \$1,255,000 in 1 Day
SOLD April 2024



24 D'arcy Magee Cres.
Represented Buyer
SOLD \$1,140,000
SOLD November 2023



88 Oakmeadow Blvd.
7 Oaks Community
SOLD \$1,450,000
SOLD November 2023



1886 Parkside Dr.
Represented Buyer
SOLD \$1,235,000
SOLD November 2023

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